

CATHEDRAL ANNOUNCEMENTS

To Our Visitors — Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY JANUARY 18 - MLK, JR. DAY OFFICE CLOSED

8:30am Morning Prayer
12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 19

9:00am Morning Prayer
12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
7:00pm Handbell Choir rehearsal
7:00pm Vestry

WEDNESDAY 20

8:30am Morning Prayer
9:00am Holy Eucharist
10:00am Mom's, Pop's & Tot's
12Noon NA Meeting
6:00pm Service of Installation
7:00pm Cathedral Choir rehearsal

THURSDAY 21

9:00am Morning Prayer
12Noon NA Meeting
12Noon Lunch Bunch
4:30pm Creative Writing
5:45pm Holy Eucharist
6:15pm Community Dinner
7:00pm TNAC Classes
7:00pm Journey With Jesus
7:00pm Celebration Choir rehearsal

FRIDAY 22

8:30am Morning Prayer
9:00am Holy Eucharist
12Noon NA Meeting
3:00pm Jobless Support Group

SATURDAY 23

11:00am Memorial Service-Dale Welty
5:10pm Casual Eucharist

SUNDAY 24

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Newcomers'
10:15am Living the Question
10:15am 30/40's
11:15am Holy Eucharist
11:15am Choristers rehearsal
12:45pm Holy Eucharist

Lessons for January 24, 2010
Epiphany 3

Nehemiah 8:1-3, 5-6, 8-10
Psalm 19
1 Corinthians 12:12-31a
Luke 4:14-21

Parking for people with disabilities is provided on Sundays. Enter on Trinity Cathedral Lane & park behind the Great Hall.

Pastoral Emergencies: call the office: 446-2513. On evenings and weekends: call 214-0382

TODAY @ TRINITY—JANUARY 17, 2010

Family Service: 9:00 in the Great Hall

Today @ 10:15am

Children's Sunday School: See posted signs for classrooms.

The Forum: Leadership from Safe Ground.

Epiphany Outreach Campaign - Welcome Sister Libby

Prior to becoming a Sister of Mercy, Sister Libby spent time in the Air Force and was accepted to the Air Force Academy, as part of the fourth class of the first flock of women accepted into the Academy. It was during this time that she experienced a shift in her direction and felt a stronger calling towards religious life. She left the Academy before graduation and served at Travis Air Force Base as Sergeant Fernandez. During her time at Travis Sister Libby began volunteering in the dining room at Loaves & Fishes while pursuing a Masters Degree in Social Work. After graduating from Sac State she entered the Sisters of Mercy. In 1997, she returned to Loaves & Fishes as a case manager and creator/director of their first mental health program for the homeless before becoming Executive Director in 2006.

Adult Sunday - Conference Room

Living the Questions (LtQ) is a 21-week DVD small group study exploring beyond the traditions and rote theologies in which so many people and local churches seem to be stuck. LtQ will help seekers and "church alumni/ae" alike in discovering the significance of Christianity in the 21st Century and what a meaningful faith can look like in today's world. Each class is a unit to itself and drop-ins are always welcome.

30/40's - Assembly Area

Today we'll discuss pp. 3-26 in Radical Welcome by Stephanie Speller: "Reflect and engage in a spirit of hope" and "Please be utterly honest about your fear, your story and your privilege". Get your copy at the Cathedral Bookshop.

Newcomers' Group - Room A

A new group begins TODAY with Introductions. Newcomers' is a 7-week orientation to the Cathedral, for anyone who is new to the Cathedral. Get connected with others and learn about ways to meet your needs here at the Cathedral.

This Week January 18 - 23

Martin Luther King, Jr. March: January 18

Meet at the corner of 11th Ave. and Freeport Blvd (near "Espresso Metro") at 8:45am to join the annual solidarity march to the convention center (2.5 miles one-way). There is plenty of free parking at the Sacramento City College garage. Mark Harbison (916-475-9461) will have a van for a 1-way drive back to SCC. See mlk365.com for details on related events Jan. 18.

New Canon and Archdeacon!

At a special service here at Trinity, **Wednesday January 20th at 6:00 PM**, Cookie Clark will formally become Archdeacon of the Diocese, and Trinity member Bobbi Yeo will become Canon for Administration & Finance. Bobbi has been serving as Chief Financial Officer of the Diocese, and this appointment recognizes her broad responsibility for significant church affairs. Please come celebrate with them, and bring something for the reception if you are able to do so.

A Memorial Service will be held for Dale Welty, son of Bob & Nadine Welty on **Saturday, January 23rd at 11:00 AM**. You are invited to bring goodies for the reception following, if you so desire.

Thursday Night at the Cathedral

Epiphany Series – Through February 11th
5:45 Holy Eucharist – Taize Music
6:15 Community Meal – A Simple Supper (donation)
7:00 Classes

The Interpretation of Tongues: *The Gloss of Glossolalia* *Morey Lloyd, Facilitator - Classroom A*

An investigation of the experience and the history of Speaking in Tongues. In Sense and Non-Sense the Heart Cries Out to the Eternal and the Everlasting One Calls Back and Forth In Harmony: Speaking – Praying – Singing – Laughing – Crying – Groaning - and Thinking in Tongues.

January 21: Tongues in the First Epistle to the Corinthians
January 28: Tongues in the Development of the Pentecostals
February 4: Tongues in the Evolution of the Episcopal Church
February 11: Tongues in the Spiritual life of You, Me and The Other.

Learning to Pray

Canon Lynell Walker, Facilitator - Classroom C.

This class is designed as an experiential workshop to explore different ways to pray.

January 21: Breath Prayer

January 28: Franciscan Prayer

February 4: Thomistic Prayer

February 11: Augustinian Prayer

Each participant is invited to bring a journal to class. Each session is a unit in itself and drop-ins are welcome.

Journey with Jesus has begun its Epiphany Series.

Join us on **Thursday, January 21, at 7:00pm when Bishop Barry Beisner will lead a discussion on the Holy Spirit.** If you are interested in being Baptized, Confirmed, Received into the Episcopal Church, or Reaffirming your faith, this series is for you. All are welcome! Come for dinner at 6:15pm and stay for the class. Contact Jerry Pare' (jpare@trinitycathedral.org) for more information.

Coming Up

Outreach Campaign

Epiphany celebrates the Light of Christ, made manifest for all the world to see. For the 6 weeks of Epiphany, we are featuring ministries which address the needs of the world with the Light of Christ. **On February 14th**, you will learn of opportunities to volunteer with such ministries. We will also receive offerings for a Trinity Outreach Fund. This Fund will allow us to communally respond on a timely basis to compelling needs. Grants from the fund will manifest the love of God at work through Trinity and draw others to us who seek such a community.

Annual Parish Dinner and Meeting:

FEBRUARY 21

DINNER at 5:00pm in the Great Hall

ANNUAL MEETING at 7:00pm in the Church.

Details to follow.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution to Trinity Altar Guild, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow at least 2 weeks for processing and program printing time).

In Thanksgiving for _____

In Memory of: _____

From: _____ Phone# _____

Visit the Cathedral Bookshop

OPEN: Tues / Wed / Thur: 10am—5:30pm
Fri: 10am—4pm and Sun: 8:30am—2pm

Become a Friend of the Bookshop!

Take advantage of the Bookshop's
Hot January sale items
50% OFF

Donation/Volunteer Opportunities

Jed Smith Back Snack

School has started and we need FOOD! Peanut butter, tuna, mac & cheese, granola bars, and oatmeal. Put your donations in the Jed Smith barrels under the stairs.

Thursday Night Community Dinners

We are forming teams to cook and serve dinner on **Thursday nights**. These dinners will be open to all: Our neighbors, those who call the Cathedral home, and those who may not have a home. We will open our doors to the neighborhood. Everyone is welcome; all who are hungry may eat.

If you would like to help please contact Kirstin Paisley at kirstinpaisley@gmail.com or 510-421-4705 (cell). Thank you!



Phase III Columbarium Niche Sale

The Vestry voted to sell the new Columbarium niches at \$2,000 each. The older niches, available along the south and east walls of the East Transept are priced at \$1,250 each, if paid in full at time of purchase. There are only 28 of the older niches left for sale! Between now and Pentecost, May 23, 2010, these older niches will continue to sell for \$1,250. After that they will sell for the same price as the newest niches. This is a once in a lifetime opportunity (so to speak)! See Jerry Pare' (jpare@trinitycathedral.org or 916-446-2513) for more information.

Ongoing

Centering Prayer

Meets each **Tuesday at 6:00pm** in the East Transept of the Cathedral. Newcomers and beginners are welcome.

Thursday Lunch Bunch: Meets upstairs each **Thursday at noon**. Join us as we watch and discuss the video, *Eclipsing Empire: Paul, Rome, and the Kingdom of God*.

Support Group for Jobless

Friday's at 3:00pm in the Conference Room. Subjects include: Developing Coping Strategies, Networking within/outside Group; Creating and/or Developing untapped inner resources. More information? Lynn Altizer, 359-1512 or Libby Kovacs, 452-0483.

Kin Groups are Meeting

Looking for community? Kin Groups are a great and flexible option. To learn more or check on the status of any Kin Group issue, contact co-ordinator Corrine Bogié: corinnebogie@att.net

Sign Up for Our Trinity e-Newsletter!

Checkout our **web site home page . . .**

<http://www.trinitycathedral.org/> for a place to subscribe to the electronic newsletter.

Prayer Box in the Narthex

Daughters of the King will hold your request in prayer daily for at least one month.