

CATHEDRAL ANNOUNCEMENTS

To Our Visitors — Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY MARCH 1

8:30am Morning Prayer
12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry - ALL

TUESDAY 2

9:00am Morning Prayer
12Noon NA Meeting
12:10pm Holy Eucharist
1:30pm Stephen Ministry PSG
6:00pm Centering Prayer
6:15pm Ministry Teams Dinner
7:00pm Ministry Team Meetings
7:00pm Handbell Choir rehearsal

WEDNESDAY 3

8:30am Morning Prayer
9:00am Holy Eucharist
10:00am Mom's, Pop's & Tot's
12Noon NA Meeting
7:00pm Cathedral Choir rehearsal

THURSDAY 4

9:00am Morning Prayer
12Noon NA Meeting
12Noon Lunch Bunch
4:30pm Creative Writing
5:45pm Holy Eucharist
6:15pm Community Dinner
7:00pm Local Organizing Committee
7:00pm TNAC Classes
7:00pm Journey With Jesus
7:00pm Celebration Choir rehearsal

FRIDAY 5

8:30am Morning Prayer
9:00am Holy Eucharist
12Noon NA Meeting
3:00pm Jobless Support Group
7:00pm Stations of the Cross

SATURDAY 6

8:45am Trinity Hiking Guild
5:10pm Casual Eucharist

SUNDAY 7

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Newcomers'
10:15am Living the Question
10:15am 30/40's
11:15am Holy Eucharist
11:15am Choristers rehearsal
12:45pm Holy Eucharist

Lessons for March 7, 2010 *Third Sunday in Lent*

Exodus 3:1-15
Psalm 63:1-8
1 Corinthians 10:1-13
Luke 13:1-9

Pastoral Emergencies: call the office:
446-2513. On evenings and weekends:
call 214-0382

TODAY @ TRINITY—FEBRUARY 28, 2010

Religious Orders Sunday

Information on a variety of Religious Orders
will be available in the Great Hall.

Today @ 10:15am

Children's Sunday School: See posted signs for classrooms.

Newcomers' Group - Room C

Today we will have a tour of the Church. Newcomers' is a 7-week orientation to the Cathedral, for anyone who is new to the Cathedral. Get connected with others and learn about ways to meet your needs here at the Cathedral.

Adult Sunday - Conference Room

Living the Questions (LtQ) is a 21-week DVD small group study exploring beyond the traditions and rote theologies in which so many people and local churches seem to be stuck. **LtQ** will help seekers and "church alumni/ae" alike in discovering the significance of Christianity in the 21st Century and what a meaningful faith can look like in today's world. Each class is a unit to itself and drop-ins are always welcome.

30/40's - Assembly Area

For Lent, we will be using the book Lent and Easter: Wisdom from Henri Nouwen. Come join us for a discussion on the week's Lenten meditations.

This Week - March 1 - 6

Prayer Fair - Monday, March 1 at 7:00pm

The Stephen Ministry program will offer an evening of seminars on different types of prayer -- Come learn of prayer resources for your Lenten journey: The Book of Common Prayer, meditation, Centering Prayer, walking the Labyrinth, Healing Prayer and more. The evening begins in the Cathedral.

Donation/Volunteer Opportunities

Jed Smith

Jed Smith Needs help with canned fruit or fruit cups to put in the Back Snacks. If you can help please bring them to church and put in the **Jed Smith** barrels under the stairs. Thank you.

Socks for the Homeless

Many of our homeless brothers and sisters don't have a change of socks when their feet get wet and dirty. The School for Deacons is sponsoring a project during Lent to provide white athletic socks for both men and women to agencies that work with the homeless. If you would like to contribute to this effort, you can drop socks off at the Welcome Center on Sunday through Palm Sunday. If you would like more information about this project, or would like to get your scout troop or youth organization to help, contact Virginia McNeely at 916-444-0720 for flyers and more information.

Knitting for the homeless

Marcella Green is again spearheading a project to knit scarves and hats for the homeless. Last December, almost 600 hand-knit scarves were donated to Loaves and Fishes, many of which were knit by Trinity members. If you would like to get more information or donate scarves, Marcella attends the 9 a.m. service or can be reached at 916-925-6800.

Thursday Night at the Cathedral

Thursday Night at the Cathedral – Lenten Series February 18 – March 25

5:45pm Eucharist – 6:15 Community Supper (donation)
– 7:00 Classes

The Gospel According to Luke and The Acts of the Risen Lord

Morey Lloyd, Facilitator

This Lenten Season we will take the opportunity to peek into someone's mail: someone named **Theophilus** (which means "Lover of God" or "Someone Loved by God") One way or another, his mail may just be addressed to you and me! Watch, hear and read Luke and Acts on Thursdays through March 18th.

The Future of Faith by Harvey Cox **Book Study and Discussion Group**

Susan VanDyke and Canon Walker, Facilitators

This book, recommended by Diana Butler Bass and Dean Baker, outlines what Cox sees to be the three eras of Christianity: The Age of Faith; The Age of Belief; and The Age of the Spirit. He sees the current worldwide Christian church returning to the early church ways – that is, returning to following Jesus' teaching more than following creeds and doctrines. Cox believes that this current age is breaking down barriers based on hierarchy in favor of activism and personal experiential spirituality.

Join TNAC for an exploration of this book during Lent. Be prepared to have some fun along with a serious look at the church in our times. The book will be available in the Cathedral Bookstore (and can be downloaded to a Kindle).

Living the Questions – Video Series

Steve Skiffington, Facilitator

Living the Questions is one of the best explorations of the Christian Faith ever produced for Adult Spiritual Formation. Each episode brings together both contemporary scholars and laypeople of great faith to explore the primary tenets of Christianity. *Living the Questions* challenges us. It causes us to examine our suppositions about scripture and theology in a way that evokes great discourse! It is faith building. Each class is a unit to itself and drop-ins are always welcome. If you are new to Trinity and new to Christianity this is a great place to start a new faith journey. If you are established in your faith and love being pulled to a deeper place of commitment, enjoy exploring what lies behind your faith tradition and are simply curious you will find it a journey of delight and surprise!

Journey with Jesus: Are you interested in preparing for **Baptism, Confirmation or Reception into the Episcopal Church?** Join "Journey with Jesus" on Thursday evenings at 7:00pm (after the 6:15 community meal). This is a perfect group for using Lent to better connect faith and life. Those already baptized and confirmed can prepare to Reaffirm their faith at the Easter Vigil. All are welcome. Contact Jerry Pare' (jpare@trinitycathedral.org or 446-2513) for more information.

Prayer Box in the Narthex

Daughters of the King will hold your request in prayer daily for at least one month.

Today's Sermon will be available on the Cathedral website, www.trinitycathedral.org.

Parking for people with disabilities is provided on Sundays. Enter on Trinity Cathedral Lane & park behind the Great Hall.

Visit the Cathedral Bookshop

OPEN: Tues / Wed / Thur: 10am—5:30pm

Fri: 10am—4pm and Sun: 8:30am—2pm

Become a Friend of the Bookshop!

Coming Up

Lenten Retreat

Set aside some time to allow God to touch you with his transformative healing LOVE.

Leader: The Rev. Canon Lynell Walker

Saturday, March 13, 10:00 AM to 2:00 PM
Trinity Cathedral Church

Contact: winniegaines@gmail.com

You are cordially invited to an 80th Birthday Tea Honoring Gladys Hustler
Saturday, March 13th at 2:00 pm
In The Great Hall at Trinity Cathedral.
Please RSVP to the Church Office (916-446-2513).
If you can help with food please contact Nancy Tennyson, 916-446-2513 or Tennyson@trinitycathedral.org

Ongoing

Centering Prayer

Meets each **Tuesday at 6:00pm** in the East Transept of the Cathedral. Newcomers and beginners are welcome.

Thursday Lunch Bunch:

New Lenten Series – Bible Study on the Prophet Amos
12:00 – 1:00 pm – Bring Sack Lunch

The Thursday Lunch Bunch will spend the season of Lent looking at the book of the prophet Amos. We will explore the context of his work and examine how his call for economic justice, words of warning and message of hope speaks to us some 2250 years later. The book of Amos is only nine chapters long but full of wisdom for our current times. Each session is independent and drop-ins are always welcome. Canon Walker, Facilitator

Support Group for Jobless

Friday's at 3:00pm in the Conference Room. Subjects include: Developing Coping Strategies, Networking within/outside Group; Creating and/or Developing untapped inner resources. More information? Lynn Altizer, 359-1512 or Libby Kovacs, 452-0483.

Altar Greens Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution to Trinity Altar Guild, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow at least 2 weeks for processing and program printing time).

In Thanksgiving for _____

In Memory of: _____

From: _____ Phone# _____