

THE CATHEDRAL CROSS

December 31, 2006

SCRIPTURE READINGS

DECEMBER 31, 2006
CHRISTMAS I

Isaiah 61:10-62:3
Psalm 147
Galatians 3:23-25; 4:4-7
John 1:1-18

JANUARY 7, 2007
EPHIPANY I

Isaiah 43:1-7
Psalm 29
Acts 8:14-17
Luke 3:15-17,21-22

SCHEDULE OF SERVICES

SUNDAY HOLY EUCHARIST
7:30AM, 9:00AM, 11:15AM,
12:45PM

Next 9am Family Service will
be January 21

WEEKDAYS

Monday 5:45PM
Eucharist with Healing
Tuesday 12:10PM
Eucharist

Wednesday 9:00AM
Eucharist with Healing
Thursday 5:45PM
Eucharist

2nd Thursday Evensong
Friday 9:00AM
Eucharist with Healing

ADULT EDUCATION

SUNDAY AT 10:15AM:

Cathedral Forums: Great Hall
Newcomer's Class: Assembly Area
30/40s Fellowship: Conference Rm.
20/30s Fellowship: Room I (except
Brunch at Bernardo's every first
Sunday)

CHRYSALID: 2nd Saturday, 7pm
Contemporary communion service of
prayer, meditation, dance, & music.

Next Chrysalid:
January 13

LABYRINTH: 3rd Friday, 6-9pm
Great Hall. Next Labyrinth:
January 19

Trinity Cathedral is a growing community making disciples who love and serve Christ and His world.

After Christmas... we put the presents away, recycle the wrappings, and store the boxes in the attic or garage.

After Christmas... the child Jesus grows up.

After Christmas... we try to get our minds around the mystery. Who is this child?

After Christmas... we wonder what will change. What will we do differently? What will we see differently?

After Christmas...

Good King Wenceslas looked out,

On the feast of Stephen...

When a poor man came in sight,

Gath'ring winter fuel...

"Bring me flesh and bring me wine,

Bring me pine logs hither,

Thou and I will see him dine,

When we bear him thither."

The saint in the traditional carol sees a way to serve Christ through the poor – and acts on it. He and his page go out into the snow to invite the man to dine.

In "The Rebel Jesus" (The Bells of Dublin, with The Chieftains) Jackson Browne sings of the irony of warm feasting indoors while the poor starve in the cold:

...And once a year when Christmas comes,

We give to our relations, and perhaps we give a little to the poor, if the generosity should seize us, but if any one of us should interfere, in the business of why they are poor, they get the same as the rebel Jesus.

After Christmas... will we see differently? Will we act differently? Will we walk out into the cold in the footsteps of Wenceslas to seek out the poor? Will we speak out on the causes of poverty? Will we be working to transform the world into the image of Christ's kingdom – a kingdom of peace and not of poverty?

Page and monarch forth they went, forth they went together, through the rude wind's wild lament, and the bitter weather...

"Mark my footsteps, my good page, tread thou in them boldly, thou shalt find the winter's rage, Freeze thy blood less coldly."

A Franciscan Benediction:

May God bless us with discomfort at easy answers, half-truths and superficial relationships, so that we may live deep within our hearts.

May God bless us with anger at injustice, oppression and exploitation of all people, so that we may work for justice, freedom and peace.

May God bless us with tears to shed for those who suffer from pain, rejection, starvation and war, so that we may reach out our hands to comfort them and turn their pain to joy.

May God bless us with enough foolishness to believe that we can make a difference in this world, so that we can do what others claim cannot be done."

The Rev. John Leech

Children's Ministry Highlights

JANUARY 7, 2007 – The Children's Chapel Ministers will present a skit of the Visit of the Magi from Matthew 2:1-12 in Children's Chapel at 9:00 and 11:15 Children's Chapel.

JANUARY 14, 2007 – The Children's Chapel Ministers will present a skit of The Wedding at Cana from John 2:1-11 at the 9:00 and 11:15 Children's Chapel.

CONGRATULATIONS TO FOUR IN A ROW STUDENTS

Godly Play: Adrian Broskie, Kathryn Echandia-Monroe and William Park Herbert

NO SUNDAY SCHOOL 31ST

JOIN US JANUARY 7TH, 2007 AT 10:15 A.M. FOR SUNDAY SCHOOL

NOTES FROM NANCY

Jed Smith Holiday Gift Bags Thank you

A giant thank you to all who helped put the Christmas bags together for Jed Smith; Brownie and Girl Scout troops, school classes and Sunday School classes who decorated bags. Those who donated money or items for the bags we thank you very much. Those who stuffed and or delivered bags to the school as well as Santa. I'm guessing 50 or more people helped in one way or another. Those who made cookies, set up and brought the luncheon for the staff I thank you very much. Thank you all for your Christmas spirit. Special thanks to Mary Lynne Vellinga for chairing the Christmas Bag Project for this year. We delivered 348 bags to the children at the school this year to make their lives a little brighter.

Thank you to all of you who helped the four single mom families this year too. These families were extremely appreciative of your generous gifts.

Special Note: the Jed Smith Staff sent us a donation for our Christmas flowers. They wanted to give back to us. What a blessings it is to work with such a wonderful staff. Thank you Jed Smith staff. We are truly a family.

OOPS - St. Nicholas Thank You's

Our St. Nicholas night was our bet one ever but I forgot to thank those who made special St. Nicholas cookies for that night. Special thank you to Beth Banks, Sue Clark, Kathy and Adam Ketchum, Yvonne Winn, Shannon Huddy, Carole Forest, Catherine Suttle, Michelle Owang and June Owang. They used our special new St. Nicholas cookie cutters. The

cookies were a great hit at the craft time. Thank you all for your time and energy.

Epiphany Pageant January 6 at 6 pm

You can still be in the Epiphany Pageant, call Nancy Tennyson 446-2513 or home 481-3546. **Everyone is invited to the pageant and the potluck following it. Be sure to be a part of our beautiful service, pageant and potluck this Epiphany.**

Rehearsal for the pageant will be January 3 at 5:30 pm. Costumes are provided. We need angels, shepherds. Young people 3-18 are welcome.

Merry Christmas,

Nancy Tennyson

Dates to Remember:

Moms, Pops and Tots every Wednesday Morning 10-12p.m.

January 3rd ñ Epiphany Pageant Rehearsal ñ 5:30 p.m.

January 6th - Epiphany Pageant and Potluck 6:00 pm

LIBRARY NEWS

See the exciting, new titles we are making ready for the congregation, ones like *The care of the earth* by Joseph Sittler, *The Bible and African Americans* by Vincent L. Wimbush, *The Gospel according to Harry Potter* by Connie Neal, *Islam: what non-Muslims should know* by John Kaltner, *Simply Christian: why Christianity makes sense* by N.T. Wright, and *An introduction to the complete Dead Sea scrolls* by Geza Vermes, Jewish scholar and rabbi. There is also a new series called "A People's History of Christianity," including such titles as *Byzantine Christianity* and *Christian origins*.

Help the library. Please give a phone call to Phyllis Ehlert at (916) 456-8692 or email pehlert00@yahoo.com.

OUR CONGREGATION

Parish News

OUR CONDOLENCES TO:

Rosanne Testerman and her family on the death of her brother & sister-in-law, Richard and Terri Kim.

Tina Campbell and her family on the death of her sister Rebecca Rodriguez;

Eddie Lee and his family on the death of his cousin Deacon Jesse Bell;

Lisa Gardiner-Montiel and her family on the death of her grandmother Mary Woods;

CONGRATULATIONS TO:

Tom & Linda West on the birth of their granddaughter Julia Carolyn Alta West (9lbs. 14oz.) born on 12-08-2006.

CATHEDRAL MUSIC SERIES 2007

SATURDAY, JANUARY 27TH AT 3:00 PM

The **Twenty-first Annual Diocesan Choir Festival**, welcomes guest conductor, Mr. Nigel Groome, from London, England. One of our most popular guest conductors, Mr. Groome will lead a choir of over one-hundred voices in music by Charles V. Stanford and Charles Wood, in a service of Choral Evensong.

SUNDAY, FEBRUARY 18TH AT 4:00 PM

KITKA is certainly one of our favorite visiting artists, and we are pleased that they are returning once again. This fabulous women's vocal ensemble, specializes in music from the Eastern European musical tradition. Their superb artistry guarantees a full-house!

FRIDAY, MAY 11TH AT 7:30 PM

is a concert featuring Trinity Cathedral's own choirs. **The Cathedral Choir, Celebration Choir, Resurrexit and Handbell Ringers** join to make glorious music, as we celebrate the diversity of our musical heritage! Proceeds support the Cathedral's Music program. Tickets: \$10 general, \$7 students & seniors.

Upcoming Events for the 20/30s group:

Dec 31, 10:15 am Trinity Young Adults Reunion, Room F

Jan 7, 12:30 pm First Sunday Brunch @ Bernardo's following the 11:15 am service

Jan 14, 28 iHot Topics Discussion, Room I

Jan 19-21 Retreat at Camp Noel Porter, winter fun and spiritual renewal at Lake Tahoe

Feb 4 First Sunday Brunch @ Bernardo's following the 11:15 am service

Feb 11, 18, 25 iHot Topics Discussion, Room I

Feb ? Social Gathering (looking for ideas!)

For more info, contact Andrea Baker
abaker84@comcast.net.

CURSILLO NEWS

Trinity Cathedral has over 100 Cursillistas (those who have attended a Cursillo) who gather for potlucks throughout the year. Our list is not complete because it does not include those who made their Cursillo at a site other than those we use in Northern California. If you are in this group we would like to include you on our mailing list, so please give this information to Doey Peeler at 530-753-5116. She coordinates Cursillo activities for the Trinity Cathedral group. Your cooperation would be appreciated. Doey Peeler

ATTENTION PARISHIONERS

ADD \$\$\$\$ to revenue for RCCS!

Our River City Community Services is participating in the Albertson's Community Partners program. Regularly at quarterly intervals RCCS receives a check from Albertsons which is a percentage (small but helpful, I hear) of my grocery expenditures. I have participated in this program for many years and recently Eileen Thomas applied and got RCCS on the program. I switched my beneficiary (or Preferred Partner) for this program to RCCS by a telephone call to Albertson's at 1-877-932-7948. If you are a regular shopper with Albertsons and would like to add cents and dollars to RCCS' income, please call Albertson's and have your Preferred Partner card/number applied to River City Community Services, P O Box 160204, Sacramento, CA 95816. Every little bit helps! Annette Braddon-Walker

CATHEDRAL BOOKSHOP NEEDS NEW VOLUNTEERS

Volunteers are the back-bone of the Bookshop. They answer customer's questions, take special orders, arrange merchandise, and ring up sales on our computerized cash register. Please see Claire in the Bookshop (Wednesday through Sunday) if you are interested or if you have questions.

The Cathedral Bookshop

RESOURCES TO SUPPORT DISCIPLESHIP & MINISTRY

Mon-Sat 10AM to 4PM & Sun 9AM to 1PM

2620 Capitol Avenue Sacramento

916/442-9194—Fax 916/446-2589

bookshop@trinitycathedral.org

Manager, Claire Kinsley



WHAT IS CURSILLO?

Many have been curious about Cursillo, thinking it is some kind of secret group. The full title of the Cursillo (pronounced “Kur see yo”) is “Cursillo de Christiandad, which means, short or little course of Christianity”. A Cursillo weekend is, among other things, the experience of living for three days in a community of persons who are consciously trying to live as Christians. It is quite a contrast to everyday life in the secular world.

There is nothing new, different or unusual about any aspect of the Cursillo weekend. What makes it a special time is that we experience Christianity in a concentrated time period and we actually live it. So why is a Cursillista (a person who has been to a Cursillo) so enthusiastic about the weekend? Simply because that person has experienced the fullness of Christian living in a way not usually possible in our fragmentary everyday life.

For more information you may call Doey Peeler at (530) 753-5116



TREE Tips for a Healthier Environment.

Vehicles generate more than one-quarter of our global warming pollution. Can we condition ourselves to drive less? I think so. Why not incorporate some exercise into the errands we run every day? Could you walk to your friend’s house for coffee instead of driving the four blocks? Will your bike take you to the market instead of the car? I have sturdy metal panniers on my bike and they carry exactly two grocery bags worth of shopping. This keeps me within a limit—good for my budget, and the exercise is good for my body. I love to cycle past the rows of cars waiting in line for the parking lot—no parking worries for me. Planning your errands so you make one circuit instead of several is valuable too.

According to Acterra (www.acterra.org), walking, cycling, carpooling, or taking public transport saves one pound of CO2 for every mile we don’t drive. www.511.org offers a personalized public transit map and schedule to your destination.

Stump the Canon



Dear Canon Carey;

Where in the Bible will I find, “*God helps those who help themselves?*” Someone suggested that it was written in “the *Book of Hezekiah,*” ... but I don’t find that writing in the Bible. Can you help solve this mystery?

First of all, there is no *Book of Hezekiah* in the Bible. Hezekiah was one of the ancient kings of Israel.

Secondly, there is no such quotation in the Bible. The Greek poet Aeschylus (525-456 BC) wrote: “*God loves to help him who strives to help himself,*” and Sophocles, (496-406 BC), observed: “*Heaven n’er helps who will not act.*”

Now, “fast-forward” to the 17th century. George Herbert, English priest, poet, and classical scholar, wrote: “*Help thyself, heaven will help thee.*” But it is our own Ben Franklin who made the quotation popular in his “*Poor Richard’s Almanac*” - - “*God helps those who help themselves.* (Section XXIII). Franklin’s *Almanac* was so popular that what he wrote was generally accepted as “*Gospel Truth.*”

Jesus, however, made it clear that God helps the helpless - - the poor, the disenfranchised, the hopeless, and calls the rest of us to do likewise!

Canon Carey

If you have to go to San Francisco, have you checked out the Amtrak schedule lately? They are offering 16 trains a day now to the Bay Area with a connecting bus at Emeryville to take you to various drop off points in the City. The last evening return from the Ferry Building leaves at 8.50 pm to deliver you back to Sacramento at 11.18 pm. I can guarantee you will arrive rested and refreshed from the train ride instead of tense and tired from the driving and traffic. You can read, drink coffee, do puzzles, walk around—it is not a sacrifice, it is a pleasure. Go to www.amtrak.com and go to Schedules and look for Capitol Corridor. We can even get Light Rail to the Amtrak station now.

Ann Rothschild.

LUTHERANS HOSTING!

Lutherans will feature beautiful music as they invite all Christians to experience the Lutheran worship tradition. Our congregation is encouraged to participate and bring friends to the ecumenical worship opportunity on Friday, **January 19, 2007**, during Sacramento area's **National Week of Prayer for Christian Unity** to be held at **Lutheran Church of the Master (LCM)**, 1900 Potrero Way, South Sacramento, at 7:30 PM. The community is invited to experience the Lutheran tradition in a beautiful prayer service followed by refreshments.

Bishop David Mullen is invited to officiate on Friday, January 19. LCM's outstanding professional musicians will offer Lutheran musical selections on its magnificent pipe organ in addition to spirit-filled contemporary music at the special January 19 prayer service. Hospitality with refreshments will offer networking opportunity with fellow Christians following the prayer service.

Each evening during the January 18-25 National Week of Prayer for Christian Unity (NWPCU) in Sacramento a service will be hosted by a different Christian tradition. A service of Evening Prayer will take place at the Cathedral on January 22nd. Catholic Cathedral of the Blessed Sacramento with Bishop William Wiegand officiating will host on January 25. Christians of every background are encouraged to participate in any or all services throughout the NWPCU.

Lutheran Church of the Master is located at 1900 Potrero Way just one block off Freeport Blvd (between Sutterville and Fruitridge Roads). Potrero Way is between Raley's Market and Hollywood Video on Freeport Blvd. which is south of Broadway. For information call: Pastor Pat Higgins 452-4436.

Monday Afternoon Book Break will resume Monday, January 8th, 2007 at 4:00 pm.

We will kick off discussions about Living Cosmologies with a reading of Brian Swimme's wonderful book; *The Universe is a Green Dragon*. Swimme is a physicist, and he has written a cosmological myth for modern understanding, beautifully. We will compare his cosmology with biblical and other cosmologies for the purpose of learning to discuss our own developing ideas of the universe and how God is in it. Although the group continues after reading the *Coming of the Cosmic Christ* by Matthew Fox, prior reading is unnecessary. The group is open each week to all who can attend. Discussion begins at 4:00 with tea and ends at 5:30 with cleanup in time for Monday Eucharist at 5:45. This class will meet about six times. If you have questions, please call Alice Petrie at (916) 208-4868.

Upcoming Training

First: Couple's Training in "Mastering the Magic of Love" also entitled, "Relationship Tune-Up". This training comes on two consecutive Saturdays, January 6 and 13. This is the first rung on the leadership ladder, foundational to the relationship "Mentoring Program". You will learn the essential skills for creating health and stability in committed relationships. You and your partner will practice with one another skills of listening for understanding, skills of expression for empathy and compassion, and the steps in problem resolution. And guess what? It's FREE of charge for you and members of the Leadership Team. If you have friends, children, or grandchildren in committed relationship who you believe would benefit from learning these skills with their partner, bring them along.

DATE: Saturday, January 6 and 13, 2007 9:00 AM - 5:00 PM

Second: Leadership Training for the "10 Great Dates" programs. Dave and Claudia Arp, creators of the AWARD WINNING "10 Great Dates" programs will be in Sacramento to lead a special 4-hour training for couples. There are "10 Great Dates To Energize Your Marriage", "10 Great Dates For Empty Nesters", and "10 Great Dates Before You Say I Do". You will learn how to facilitate these programs as a Host Couple in Trinity Cathedral's "10 Great Dates" program. This opportunity is also free to Trinity's Relationship Leadership Team. DATE: Saturday, January 27, 2007 9:00 AM - 1:00 PM LOCATION for Both Trainings: Healthy Marriage Project Center 918 J Street, Sacramento, CA 95814 (916) 972-9227

BONUS FEATURE: David and Claudia Arp on the evening of Saturday, January 27th will host "A Good Night for a Great Date". Dave and Claudia, renowned for their fun and delightful workshops, will share how to create a healthy, lifelong relationship. This is followed by a "Great Date" for you and your partner.

This event is a fund-raiser for the Healthy Marriage Center: \$30 per couple (\$25 per couple for members and friends of Trinity Cathedral. Sign-up at Welcome Center.) Please plan to attend and invite your friends and family to a great evening supporting healthy, happy relationship and families. Make this a "Great Date" for you!

TIME: 7:00 PM - 8:30 PM LOCATION: Fremont Presbyterian Church 5770 Carlson Drive Sacramento, CA 95819 5

CATHEDRAL CALENDAR

DECEMBER 31-SUNDAY SERVICES: 7:30, 9:00, 11:15am, 12:45

5:45PM NEW YEARS EVE SERVICE

6:00pm Labyrinth

Mon Jan 1 OFFICE CLOSED
5:45pm Holy Eucharist with Healing

Tue Jan 2
12:10pm Holy Eucharist
6:15pm Ministry Team Dinner
7:00pm Ministry Team meetings

Wed Jan 3 9:00am Holy Eucharist with Healing
10:00am Moms, Tots & Pops
7:00pm Cathedral Choir Rehearsal

Thur Jan 4 12:00N Thursday Lunch Bunch
2:00pm Creative Writing Group
5:45pm Holy Eucharist

Fri Jan 5 9:00am Holy Eucharist with Healing
7:00pm Aquarian Rosary Group

Sat Jan 6 8:45am Trinity's Hiking Guild
6:00pm Epiphany Youth Paeant & Potluck

SUNDAY JAN. 7-SUNDAY SERVICES: 7:30, 9:00, 11:15am, 12:45

Mon Jan 8 5:45pm Stephen Ministers Leader meeting
5:45pm Holy Eucharist with Healing
7:00pm Stephen Ministry

Tue Jan 9 12:10pm Holy Eucharist
7:00pm Chrysalid meeting
7:00pm Acolyte training
7:00pm Handbell Ringers meeting

Wed Jan 10 9:00am Holy Eucharist with Healing
10:00am Moms, Tots & Pops
7:00pm Cathedral Choir Rehearsal

Thu Jan 11 12:00N Thursday Lunch Bunch
2:00pm Creative Writing Group
5:45pm Holy Eucharist
6:15pm Thursday Night Dinner
7:00pm Thursday Night Classes
(Visitors & Drop Ins Welcome)
7:00pm Shawl Ministry
7:00pm Celebration Choir rehearsal

Fri Jan 12 9:00am Holy Eucharist with Healing

Sat Jan 13 10:00am Sisters of the Transfiguration
10:00am NA Meeting
7:00pm Chrysalid

Pastoral emergencies:, call 446-2513.
Evenings and weekends, please call 214-0382

SO THE CATHEDRAL IS SENDING YOU AN EUCHARISTIC VISITOR!

The Cathedral congregation currently has over thirty members who are unable to get to Sunday services because of sickness or disability. Many more will, at some time, be in the same position. Some questions that might come to your mind are:

1. Why an Eucharistic Visitor rather than a Priest? Our Priests and Deacon often take the Sacrament of the Altar to members of our congregation who are sick or disabled. There are many lay people who have also been called to this ministry because it is such a vital way for all the baptized to stay connected. (By so doing, disabled persons will have Communion brought to them much more often.) Whether ordained or lay, the Eucharistic Visitor who comes to your house will be especially trained for this ministry.
2. But my house is a mess; I am too sick to dust and vacuum. Do not worry about it. Our Eucharistic Visitors are not visiting you to judge the quality of your housekeeping. Rather, they are there to bring YOU the Sacrament of the Altar and to assure you that you have not been forgotten by your church. (They too, at some time in their lives, have been too sick to dust and vacuum.)
3. Should I provide some refreshments, tea and cookies? No! The Eucharistic Visitor brings the refreshments, the consecrated bread, the body of Christ.
4. Why do the Eucharistic Visitors bring only the consecrated bread and not the wine? This is a widespread custom of the church. The teachings of the church from the earliest days are that Christ is present in both elements. You have probably noticed that many recovering alcoholics will receive only the Body of Christ.
5. My caregiver (or roommate) is Methodist. May others join me in receiving the Sacrament? Absolutely yes. We want everybody who desires it to join in the Heavenly Banquet. This is especially so if any family members are present.
6. I might be contagious! When the Eucharistic Visitor contacts you the week before, let them know your condition. They might check with the Parish Nurse to see whether they need take any special precautions.

WINTER TERM—THURSDAY NIGHT AT THE CATHEDRAL



BEGINS JANUARY 11 THROUGH FEBRUARY 15

5:45 P.M. EUCHARIST, 6:15 DINNER (\$7.00), 7:00-8:15 CLASSES

Free Child Care is provided for all classes during this

6 week term.

THE ROAD LESS TRAVELED: A New Psychology of Love, Traditional Values, and Spiritual Growth by M. Scott Peck
Libby Kovacs, PhD., Facilitator.

In this course we will journey the “road less traveled” together and discover how the spiritual process relates to our mental and emotional growth and development and how we achieve meaning, reality and integrity in our lives. We will discover tools which will enable us to find a place for discovering God’s grace in the midst of our lives. Copies of the book can be ordered through the Cathedral Bookstore.

CALLING ALL WRITERS! CREATING AND SHARING STORIES OF FAITH

Canon Lynell Walker, Facilitator.

This six-week class will focus on ways to allow scripture to illuminate the stories of our lives. All of us are living witnesses to God’s faithfulness. Sharing stories of faith not only strengthens our ability to understand our own life’s journey but brings hope to those seeking God’s presence in their pain. This class will also prepare the Lenten Devotions for parish use. This class is offered Thursday afternoons at 2pm and again at 7pm.

EUNUCHS, BASTARDS, AND WHORES-LOOKING FOR LOVE IN ALL THE RIGHT PLACES

Morey Lloyd, M.Div., Facilitator

Are you having a problem with your sex theology or with someone else’s? If you are, then join the crowd as we explore the varied depths of the Holy Scriptures and take a look at the lives of the saints. It may not be a pretty picture but one which invites a closer look. Where else but in the Good News of the Gospel should we seek to find a call to Beauty, Truth, and Goodness? The quest for human flawlessness leads us dangerously close to our own imperfection. The most treacherous flaw we face is the scrutiny of ourselves, our friends and, of course, the neighbors. If we can only face the bitter truth of the Christ, we will find ourselves challenged to love those who love us not. Yet if we should do so, we will be cherished by those who see the face of G-D and in that Presence we shall be seen for who we are and not for what we appear to be. From the glory of Adam and Eve in the Garden, through the animosity of the Law in the desert, to the Ever Blessed Virgin Mary found with Child we come to the deceptive teachings of Jesus. We will find salvation in the midst of this chaos.

CHRISTIANITY 101 IN THE EPISCOPAL CONTEXT

Led by The Rev. Canon Kathleen Kelly and The Rev. Canon Grant Carey

What is “faith,” and how does it change life? Does prayer “work?” Who is Jesus, and how does Jesus save? What is the history of the Bible, and how is it useful? What is a “sacrament?” How have different Christian denominations developed, and what characterizes the Episcopal Church? Why do we worship as we do? Why do we recite “creeds” that were written in other times? This class will provide resources about these and any other basic questions you have about the Christian faith. Through “discussion” with voices from the past and others in the class, we will have an opportunity to refine our own answers. This class began in December, but all are welcome to join the group in the new term. It may be used as preparation for Confirmation, Reception, or Re-affirmation of Faith with Bishop Beisner at the Easter Vigil on April 7, 2007. Students should bring a Bible and a *Book of Common Prayer*.

THE HEALING MINISTRY OF JESUS: AN EXPLORATION OF THE BIBLICAL ACCOUNTS

Led by Elba White

We are using the study guide of The Order of St. Luke the Physician to explore the healing ministry of Jesus and what that means in our lives. The study guide explores the individual healing encounters with Jesus recorded in the gospels. We will dig deeply into what the scriptures says about these encounters, and discuss the meaning and implications for us. Elba White, who is a member of The Order of St. Luke, will be our guide. Those who decide to commit themselves to this course will need to purchase the study guide from Elba for \$22

POSITIVE DISCIPLINE: PARENT EDUCATION FOR CHILDREN OF ALL AGES “RAISING A SELF-RELIANT CHILD”

Facilitator: Lynette Chambers - Credentialed Parent Educator

Class topics and more

- * Effective Parenting Style Building Self-confidence
- * Why Children Misbehave How to use Consequence
- * Children are Capable Encourage Good Decisions

The cost for this course is \$70.00 per person. (Arrangements for financial hardship can be made by contacting the facilitator.) Registration for this class is required. To reserve your seat call Lynette Chambers 916-788-2883 or email: lynette@funloveandparenting.com



Trinity Cathedral

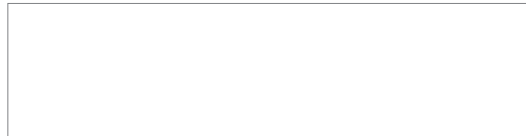
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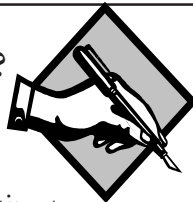
The Cross for the Week of December 31, 2006

Published every other week by Trinity Cathedral,



Time Dated Material, *please expedite!*

SUBMISSIONS TO THE CROSS?
Next Cross is January 14



Deadline is Monday, January 1

Please submit all information in writing to
Shaun Raedel, sraedel@trinitycathedral.org

Questions? Call the Church Office at
916.446.2513. The Cathedral Cross is always
available online at: www.trinitycathedral.org

Help is needed for the New Year!

1. to collate/label the cross
2. print/fold the cross
3. take the cross to the post office

Training will be provided!

If you think that one or all of these tasks might
be something you would like to do Please contact
Shaun in the Cathedral office. 446-2513 ext.26