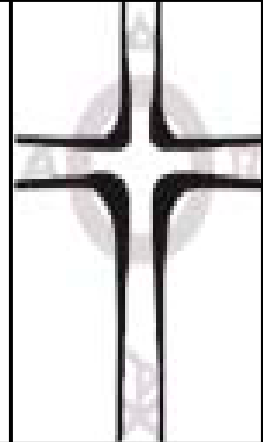


# The CATHEDRAL CROSS

Newsletter of Trinity Episcopal Cathedral, Sacramento, CA  
*An inclusive, growing community making disciples who love and serve Christ and His world.*



## SCHEDULE of SERVICES

### SATURDAY

5: 10pm Casual Eucharist

### SUNDAY

Holy Eucharist

7: 30am, 9: 00am, 11: 15am,  
12: 45pm

### 3rd SUNDAY

9: 00am Family Eucharist

### MONDAY

8: 30am Morning Prayer

5: 45pm Eucharist with healing

### TUESDAY

9: 00am Morning Prayer

12: 10pm Eucharist

### WEDNESDAY

8: 30am Morning Prayer

9: 00am Eucharist with healing

### THURSDAY

9: 00am Morning Prayer

5: 45pm Eucharist/Taize' music

### FRIDAY

8: 30am Morning Prayer

9: 00am Eucharist with healing



We are an Easter people! Alleluia!

## Resurrection of the *Cathedral Cross*

Jerry Paré, Manager of Administration

The Cross is risen! Alleluia!

Efforts to be more "green" - coupled with the need for budget cutbacks - pushed us to look for a new way of publishing and delivering the *Cathedral Cross* to you. Jesus, the Christ of Easter, is a new person. The *Cathedral Cross* is a new newsletter.

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# THE INSIDE PAGE

## Dean Brian Baker

Alleluia! Christ is Risen!

And so is the *Cathedral Cross*. Thanks to the hard work of many volunteers, including our new editor Gail DeGroff, we have a new *Cathedral Cross*. We plan to publish the *Cross* monthly on our web site, <http://www.trinitycathedral.org>.



The new *Cross* has a magazine-type focus, containing articles of interest to our diverse Cathedral community. Announcements will be listed on our web site, in the weekly service program inserts, and on bulletin boards at Trinity Cathedral. We will still mail the *Cathedral Cross* to those who request it.

In a way, the new *Cross* is emblematic of the new life that is springing forth at Trinity Cathedral. For me, the first symbolic change came with the adoption of our new budget. While Trinity's income has consistently increased over the years, our spending has always outpaced that income. Last year, we decided to radically shake up how we did business. We committed ourselves to passing a balanced, streamlined budget. In order to accomplish that goal, we cut about 20% of our expenses for 2009. As you can imagine, this left significant gaps in our programs.

***The new Cross is emblematic of the new life that is springing forth at Trinity Cathedral.***

Rather than being a negative, our fiscal decisions had an unexpected, positive outcome. We provided additional opportunities for people to offer themselves in service. One member volunteered to do our landscaping - and I have never seen the grounds look so good. We have another person, (who isn't even a member), providing our computer support. And now we have a new *Cross* editor.

Trinity volunteers are responsible for almost everything that happens here. The impact of this was clearly evident during Holy Week. The services were beautiful. The meals were delicious and elegant. The music was breathtaking. It was all possible because of the hard work of a staggering number of people giving freely of their time, talent and treasure.

For me, a second emblematic sign of new life at Trinity happened at the Easter Vigil. During the Easter Vigil service, Bishop Barry Beisner confirmed, reaffirmed or received 20 adults. Most of those presented to the Bishop received instruction through Trinity's new catechumenate process. The catechumenate process helps people deepen their faith in Christ as they connect with Trinity Cathedral. The adults presented at the Easter Vigil are just a fraction of the many people who are connecting to God's love through this Cathedral.

In the midst of a world that can be scary and anxiety producing, it is great to be in a community that is teeming with life.

# I Present These Persons...

## Living Easter: The Catechumenate Jerry Paré

*"I present these persons for confirmation."*

*"I present these persons who desire to reaffirm their baptismal vows."*

*"I present these persons who desire to be received."*

These familiar words were spoken by Canon Kelly as she presented twenty candidates to Bishop Beisner for confirmation, reception or reaffirmation, as we celebrated the Easter Vigil.

The candidates and their sponsors have been on an intense journey of faith since early fall. The Easter Vigil was a notable milestone in their journey, but they continue their travels, as do we all.

We have participated in confirmations, reaffirmations of faith, and receptions of candidates into the Episcopal Church many times. Why was this year different?

This year is different because we are no longer in the business teaching catechumenate *classes*. We are in the business of adult spiritual formation - a catechumenate *process* which supports spiritual growth in the various forms that takes for all of us: prayer, service, study and more prayer.

***Living Easter is now a year 'round part of our parish life.***

These new catechumenate sessions - held on Thursday evenings - focus on scripture study and various aspects of faith, such as Christian love, the sacraments and forms of prayer. There is time for sharing between sponsors and candidates, and discernment on where each participant is on their spiritual journey.

Catechumenate sessions are open to all adults. For more information, drop by any Thursday session, 7:00pm—9:00pm, or email Jerry Paré: [jpare@trinitycathedral.org](mailto:jpare@trinitycathedral.org).



Bishop Beisner confirms Nash Ortega as Catechumenate Directors Jerry Paré', right, Canon Kathleen Kelly, back right, and sponsor Loren Weatherly, center front, look on.

# Trinity Youth and Family News

## Resurrecting the Alleluia!

Nancy Tennyson, Director of Family Ministries



Smiling helpers were on hand to “resurrect” the Alleluia banner from its courtyard “tomb” on Easter .  
The banner ,(pictured on the cover page), now hangs in the Great Hall.

Youth preparations for Holy Week began during the Shrove Tuesday pancake supper when the children buried an Alleluia banner in a “tomb” in the courtyard planter. The “tomb”, marked by a headstone that read, "Here Lies Alleluia.", was a very physical and present way of explaining why we don't say "Alleluia" during Lent.

Easter Sunday was joyfully celebrated. The children brought flowers for the floral cross on the porch steps, and mite boxes to offer. They also dug up the (resurrected) Alleluia banner. This wonderful banner now hangs in the Great Hall, helping to remind us all of Easter Joy!

Special thanks to Rusty Robertson for help planting flowers; the 30/40 Group for filling all the eggs and hosting the Eggstravangaza; John Tennyson for taking pictures; Mary Hustler for her great ideas and support and Rob Stoinoff and Brian Kempton for helping with the “tomb”. Extra special thanks to Gladys Hustler who finds our materials, puts them together or cuts them out, gets them ready and then puts them away. I couldn't do it without her!

**ALLELUIA!**

# VESTRY VIEW

Every nickel and dime ...

Anita Williams, Senior Warden



There's just no denying that times are tough. More and more of our parishioners are out of work or living on reduced incomes. At our house, one of us is on monthly furloughs and the value of our retirement plans is down considerably.

Like most of you, we thought we were doing everything right. We bought a house we could afford, paid our bills on time and have very little consumer debt. Now we carefully consider every purchase for its need and value. This is why we're being careful to support local businesses and crafts persons, and why we buy more from local farmers. It's why we're recycling more, consuming less, learning to do more with less or just do without.

It's also why, this year, we're actually giving more time, talent and treasure to Trinity and to the diocese than in years past. We know it is money and time well spent, and we get such an excellent return on our investment.

This past year on the vestry has really been an eye opener for me. One of the best parts has been learning how many things Trinity can accomplish on very little money. I credit clergy, staff and volunteers for their extraordinary efforts in finding ways to run their ministries and programs, and manage their responsibilities, with fewer financial resources. When I think of our hard working staff especially, it shows me just how committed they are to Trinity. This is more than just a job for them. Please let them know their efforts are appreciated.

Last year, the vestry voted to only approve budgets where we had a reasonable expectation of income to meet our financial obligations. It meant we had to make some hard choices, but we seem to be surviving - even thriving - on this new austerity. Our financial position is better now than it has been in the recent past. We have more new members, and a new energy seems to have captured our congregation in the very best ways. Don't get me wrong - we still need to do all we can to give Trinity the support it needs to carry out its mission.

Let's keep Trinity a vibrant place with resources for all its members and the larger community. Trinity has various supports for wherever we are on our journeys. If you're unsure about how to cope with your own new-found austerity, if you're unemployed or facing other issues that seem too big to handle, Trinity probably has resources to help you through it. How to access these resources? It's easy. Ask a clergy person, a vestry member, or attend the next ministry fair. Sign up for Trinity's weekly e-Newsletter by selecting "Sign up for the e-Newsletter" on Trinity's homepage. It's an easy way to stay connected and informed about this amazing church.

Contact Anita at [anita.trinity@gmail.com](mailto:anita.trinity@gmail.com) or on most Sunday mornings at church.

# Stump the Canon

The Rev. Canon Grant Carey



**Dear Canon Carey,**  
**At certain times of the year we say or sing Alleluia. Please explain what this word means and why we say it.**

+ + +

The Hebrew word is **Hallelujah**; its Latin equivalent is **Alleluia**, which works best musically. **Hallelujah** was a shout of joy, which literally means “**Praise Yah**”. **Yah** is a shortened form of **Yahweh** meaning **Lord** in Hebrew. The Prayer Book Psalter (collection of Psalms) uses **Halleluiah** to more accurately express the psalms Hebrew origin. **Alleluia** is used as an expression of joy during the Christian year, but it is usually omitted during the season of Lent.

Canon Carey

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**Dear Canon Carey,**  
**Can you explain what it means to be “born again?”**

+ + +

Jesus’ teaching of being new birth is expressed in Saint John’s Gospel (chapter 3) which I suggest you read carefully from a standard (not a paraphrased) Bible. The words Jesus used can be best interpreted as meaning “born from above.” In other words, *a new birth is a new way of life*, and it is a gift from God - - spiritual rather than physical. We believe that the sacrament of Holy Baptism is the sacrament of “*new birth*” in that there is a *new relationship* established between ourselves and God, and that, as in all the sacraments, we are given the free gift of Grace in order that we may live in a new relationship with God and with one another. (Read again the Baptismal promises and prayers in the Book of Common Prayer on page 302-306 and you will see what I mean). Baptism is the door through which we pass that into our new lives as Christians. We do not believe that being born again, (or from above), requires having had an emotional experience, although one may indeed feel great emotion when suddenly realizing that God’s love, forgiveness and acceptance have been there all along.

Canon Carey

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# TREE Tip

## A Novel Kind of Writing Paper

Ann Rothschild



New England Cartographics, Inc. has a novel idea for using outdated ordnance survey maps. They make them into stationery! I actually have some and like the design and the fact they are reused paper. In spite of email, I still use stationery for personal letters and to include notes with parcels. Their website is [www.necartographics.com](http://www.necartographics.com).

According to their website, “Geolopes are common sized envelopes and stationery recycled from outdated government surplus topographic maps published by various U.S. and Canadian government mapping agencies. This is the perfect three R's green product for the next century --Reduce, Reuse, Recycle. They make excellent gifts for the geomanics on your list or just use them for yourself. Your correspondents will definitely want to tear open their mail when they get one of these fascinating envelopes in the letterbox. There is no telling what geographic areas of North America will appear in your assortment -- mountains, forests, lakes, rivers, cities – who knows?”

Items include a \$15.95 gift box with packets of envelopes of various sizes and 25 sheets of writing paper with the maps on one side and blank sheet on the other. Sheets are suitable for copiers. They also have many packets of envelopes in large bundles for offices, and a ream of stationery (500 sheets) costs \$20.00.

**Battery Bucket Is Here!** Thanks to Chris Brown and Jerry Paré, we have a bucket for used batteries under the stairs in the office building. Bring your used batteries and they will be legally disposed of, instead of contaminating our environment.

### **Resurrection of the *Cathedral Cross* (cont'd)**

The new *Cross* is a magazine-style, journal. It will include favorite columns, like Canon Carey's “Stump the Canon”, articles by T.R.E.E. , SoJust and others, and news and photographs about Cathedral organizations, members, outreach and events.

General announcements and the calendar are available in the e-newsletter, the Sunday announcement page, the Dean's announcements and the numerous bulletin boards we have in, and outside of, the Great Hall.

We hope you enjoy the resurrected *Cathedral Cross*. Initially, it will be published once a month. At the end of this summer, we will decide if a bi-weekly edition may be better. For now, I ask that you give the following some thought; What would *you* like to see in the *Cross*? Send me an email, [jpare@trinitycathedral.org](mailto:jpare@trinitycathedral.org), or respond to our survey, coming in the May issue of the *Cathedral Cross*.

Thank God for resurrection!



It's An Eggstravaganza!!!

Children, families and friends enjoy the fun event hosted by Trinity Cathedral's 30/40 group.

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Address Label