



# TRINITY CATHEDRAL

2620 Capitol Avenue + Sacramento, California 95816  
916.446.2513 FAX 446.2589 Email: [trinity@trinitycathedral.org](mailto:trinity@trinitycathedral.org)

The Right Reverend Jerry A. Lamb, Bishop of the Diocese of Northern California  
The Very Reverend Dr. Brian Baker, Dean of the Cathedral

For immediate release  
November 27, 2006

Contact: The Rev. Canon Kathleen Kelly  
(916) 446-2513

## Prayer and Meditation During Holiday Season

SACRAMENTO – Trinity Episcopal Cathedral is offering numerous opportunities for prayer and reflection during Advent, the church season before Christmas.

On weekdays from December 4 through December 22, Trinity Episcopal Cathedral will be open for quiet prayer and reflection from 11 a.m. to 2 p.m.

On Saturday, December 2, the Rev. John Leech will host a quiet day called “Let Every Heart Prepare Him Room.” This opportunity for prayer and meditation will be held from 9 a.m. until 3 p.m. in the Assembly Area of the Cathedral.

Trinity Episcopal Cathedral is located at 2620 Capitol Avenue, Sacramento.

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