



# Trinity Episcopal Cathedral Announcements

*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 7

12Noon NA Meeting  
5:30pm Stephen Ministry Leaders Meeting  
5:45pm Holy Eucharist  
7:00pm Stephen Ministry—All

### TUESDAY 8

12Noon NA Meeting  
12:10pm Holy Eucharist  
1:30pm Stephen Ministry PSG  
5:00pm Parish Health Ministry  
5:30pm Executive Committee  
6:00pm Centering Prayer  
6:15pm Ministry Team Dinner  
7:00pm Acolyte Practice  
7:00pm Ministry Team Meetings

### WEDNESDAY 9

9:00am Holy Eucharist  
10:00am Mom's, Pop's and Tot's  
12Noon NA Meeting  
6:00pm Wednesday Community Dinner  
7:00pm Cathedral Choir Rehearsal  
7:00pm Bell Choir Rehearsal

### THURSDAY 10

12Noon Centering Prayer  
12Noon NA Meeting  
12Noon Lunch Bunch  
4:30pm Writing Group  
5:45pm Holy Eucharist  
6:15pm TNAC Dinner  
7:00pm TNAC Classes

### FRIDAY 11

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 12

9:00am Trinity Men's Breakfast  
11:00am Daughters of the King  
5:10pm Holy Eucharist

### SUNDAY 13

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am 30/40's and Beyond  
10:15am Newcomer Group  
11:15am Holy Eucharist  
11:15am Choristers Rehearsal  
12:45am Holy Eucharist  
1:00pm Keeping Kids Safe Workshop  
4:00pm Growing in Faith

## TODAY @ TRINITY—JANUARY 6, 2013

### Blessing of the Bibles at all Epiphany Services

Raise your Bible high for its blessing! Then start the Bible Challenge readings by setting aside about 20 minutes a day, Monday through Saturday, to read three Old Testament chapters, one Psalm and one New Testament chapter. Day One is Monday, January 7th. If you're interested in joining a Trinity Bible Challenge group to discuss the readings, please sign up in the Welcome Center or contact Rev. Anne at amckeeper@wavecable.com. Groups will begin meeting this week or next. Drop-ins are always welcome.

### Trinity Library—Elevator Alcove

Start the New Year right with a trip to the library. Doing the Bible reading challenge? There are books about the Bible and its history, including about Tyndale who got burned at the stake because he wanted people to be able to read it for themselves. Fascinating.

## Activities for Youth & Adults at 10:15am

### Newcomers' Group—Cathedral Narthex

**Today the group is taking a Tour of the Cathedral.**

New to Trinity Cathedral? We hope you become a part of the Newcomers' Group. The sessions allow you to connect with others and learn more about offerings for you here at Trinity Cathedral. Come and learn about life at the Cathedral and opportunities for ministry. Contact Randie Strike: randiestrike@gmail.com.

### Sunday Morning Bible Challenge—Assembly Area

The 30/40s and Beyond is hosting a Sunday morning Bible Challenge group for all adults. Join us today for our first gathering of this new study. Questions? Amy Dierlam-dnarock@pacbell.net or 601-1699.

## Later Today

### Growing in Faith

Is a program to prepare adults for Baptism, Confirmation or Formal Reception into the Episcopal Church. **The first meeting is Sunday, January 6; 4pm in the Assembly Area.** If you would like to focus on developing your journey in faith, join us in January. See details in The Cross and come to the first meeting for more information.

### Epiphany Pageant and Potluck

TODAY at 6:00pm

## Next Sunday

### Safe Church Training

**Sunday, January 13, 1:00pm in the Assembly Area**

Child Abuse Training for all who work with children. Contact Nancy Tennyson (446-2513 or nntennyson@gmail.com) if you plan to attend.

### CATHEDRAL BOOKSHOP

40% Off  
Selected Christmas Items.

Tue, Wed, Thur: 11:00am - 5:00pm  
Fri: 11:00am - 4:00pm; Sun: 8:30am - 1:00pm

Phone: 916-442-9194

### **Lessons for January 13, 2013** *The First Sunday after the Epiphany*

Isaiah 43:1-7  
Psalm 29  
Acts 8:14-17  
Luke 3:15-17, 21-22

### **Pastoral Emergencies:**

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**LARGE PRINT lessons and announcement sheets are available from an Usher.**

**Parking for people with disabilities** is provided on Sundays. Enter on Trinity Cathedral Lane and park behind the Great Hall.

## Coming Up

### Need healing?

Want to know more about the Christian healing ministry?  
Plan to attend Interdenominational  
"Healing Encounters with Jesus Study"  
Trinity Cathedral

**Postponed**

Registration \$50/\$65 per couple.  
Contact Elba White: 684-4015 / Elbawhite@yahoo.com

## One-time Volunteer Effort

Hands On Sacramento needs volunteers for a homeless count on **January 24**. Training is required. If you are interested, see their website: [www.handsonsacto.org](http://www.handsonsacto.org).

## Want to share your ministry?

If you are involved in a ministry that you would like to share with others at Trinity Cathedral, volunteer to staff the ministry fair on **February 3**. You would need to be available to share information and answer questions with individuals in the Great Hall--no public speaking. Contact Deacon Virginia asap at 916-444-0720 or virginiamcneely@msn.com so she can plan this out before her medical leave in January.

## Family Promise

To all my faithful band of volunteers I send a heartfelt thank you!! **YOU** are the ones that have made the 2012 hostings of our families a success. **YOU** have helped prepare the rooms, cooked the dinners, spent time with the families, spent the night, and done the laundry!! Thank you for your time and dedication to Family Promise. —Lyle Gramling

## Labyrinth Ministry:

### Would You Like to Carry It On?

Trinity Cathedral has had a Labyrinth ministry for a number of years. Overseeing this type of prayer time involves getting to Trinity one hour before the scheduled start, rolling out the canvases, setting the environment and putting everything away at the end of the prayer time. The total time commitment (with a one hour prayer time) is about three hours. One person has expressed an interest in continuing this ministry but needs at least two others to work with him. Is that you? If so, please contact Jerry Paré at the office (jpare111452@gmail.com; 916-930-8032)

## Ongoing

### Lunch Bunch

**Thursdays, noon —1:30pm in the Assembly Area**

Please bring your Bible to begin our discussion of the Bible Challenge readings. Contact is Rev. Anne—[amckeeper@wavecable.com](mailto:amckeeper@wavecable.com)

### Writing Group

**Thursdays from 4:30 to 6 p.m.**

Everyone is welcome to join us on in the Conference Room. We will write to a prompt and share what we choose of our writing with the group. Contact facilitator Rev. Anne at [amckeeper@wavecable.com](mailto:amckeeper@wavecable.com) if you have questions.

### Centering Prayer

**Tuesdays, 6-7pm in the East Transept of the Cathedral.**

**Thursdays, Noon—1pm in the East Transept of the Cathedral.**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence.

Contact Sally Smith [sally1369@comcast.net](mailto:sally1369@comcast.net) or Shelley Mydans [smydans@gmail.com](mailto:smydans@gmail.com) for further information. All are welcome.

## Thursday Night at the Cathedral

**Holy Eucharist: 5:45pm**  
**Dinner: 6:15pm—Classes: 7:00pm**

### Classes:

#### **Monthly Old Testament teachings begin on:**

**January 10, 7-8:30 p.m.** in the Assembly Area:

Dean Brian Baker will teach a monthly class on the books of the Old Testament (Hebrew Scriptures) we'll be reading for the Bible Challenge. Join us this Thursday. Bring your Bible, your new best friend. Dean Baker will offer subsequent Old Testament classes the first Thursday of every month in 2013.

**Beginning January 10** at 7:00pm in Room J, the Trinity Respecting Earth & Environment (TREE) Committee hosts a 2-part discussion on Genetically Modified Organisms (GMO's). The discussion Includes video clips from *Genetic Roulette* and other points of view.

**Beginning January 17** in the Assembly Area: Rev. Anne McKeever offers a four-week group on Anne Lamott's latest book, *Help Thanks Wow: The Three Essential Prayers*. E-mail Anne at [amckeeper@wavecable.com](mailto:amckeeper@wavecable.com) to join the group. The book is available for sale in the Cathedral Bookshop. Five copies of the book are available as "loaners" to the first five participants who ask to reserve a book to borrow.

**Beginning January 17**, Canon Lynell Walker will facilitate: **Understanding How We Worship** based on Dr. Ian S. Markham's book *Liturgical Life Principles: How Episcopal Worship Can Lead to Healthy and Authentic Living*. In clear, accessible language, Markham demonstrates how the liturgy of the Episcopal Church can enable us to cope more effectively with the stresses and strains of modern life. Markham shows persuasively how the whole purpose of the Christian liturgy is to provide us with the resources to enable God to facilitate healthy and authentic living. Drop-ins are always welcome. Books can be ordered through the Cathedral Bookshop and materials will be available at each class.

### Trinity Name Tags

If you need or would like a name tag, they can be ordered at the Welcome Center for \$2.00 each. Name tags help us all to get to know each other. It is helpful for Newcomers and visitors if we all wear our name tag.

### **Altar Flower Donation**

*A nice way to give thanks or to remember loved ones.*

Send your request and contribution (make check payable to

"Trinity Cathedral" with "Flowers" on the memo line) to:

Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested \_\_\_\_\_ (allow 2 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_