



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY FEBRUARY 1

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—ALL

TUESDAY 2

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:00pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 3

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting
7:00pm Executive Committee Meeting
7:00pm Cathedral Choir Rehearsal

THURSDAY 4

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
5:30pm TNAC Dinner ←—Time Chg.

6:30pm Sacred Conversations
7:15pm Celebration Choir Rehearsal

FRIDAY 5

9:00am Holy Eucharist
12Noon NA Meeting
6:00pm Floyd School Fundraiser

SATURDAY 6

SUNDAY 7 LIBRARY OPEN

7:30am Holy Eucharist
9:00am Family Service
9:00am Holy Eucharist
10:15am Newcomers Group
10:15am Veterans Swapping Stories
10:15am 30/40's and Beyond
11:15am Holy Eucharist
12:45pm Holy Eucharist
3:00pm Growing in Faith

CATHEDRAL BOOKSHOP

Store hours are:
Tu-Th:11:00am - 5:00pm; Sun: 8:30am - 1:00pm
Contact us at 916-442-9194 or
bookshop3@gmail.com

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for February 7, 2016 *The Last Sunday after the Epiphany*

Exodus 34:29-35
2 Corinthians 3:12-4:2
Luke 9:28-36, [37-43a]
Psalm 99

TODAY @ TRINITY – JANUARY 31, 2016

Lost & Found Items

Today is the last day to pick up your items.
Please check the tables in the Great Hall for items you may have left in the kitchen or elsewhere on the campus. All remaining items will be donated.

Super Bowl Pizza Sale!

Today is the last Sunday to place your orders for pick-up on Super Bowl Sunday, February 7. Look for the table in the Great Hall.

Ashes for Ash Wednesday

If you have palms from past Palm Sundays bring them to church next Sunday for burning on February 9 to create the ashes for this Ash Wednesday, February 10. There is a basket in the Narthex or drop them off at the office before February 9.

Also on **Tuesday, February 9 around 4:00pm, you are invited to help the Altar Guild veil all the crosses in preparation for Ash Wednesday.**

Activities at 10:15am

Book Signing in the Bookshop!

Today at 10:30am

Marilyn McEntyre, PhD, an author of several books including *Poems on Artists' Works* and *Grief and Meditations*, will be signing her books in the Bookshop TODAY at 10:30am.

Marilyn is a Professor of Medical Humanities at UC Berkeley and former Professor of English at Westmont College.

Newcomers' Group – ROOM C

A new group begins today with Introductions.

If you have questions contact Randie Strike at randie.trinity@gmail.com or 916-446-2513.

Discover Your Spiritual Gifts to the World for Epiphany

Meets in the Conference Room

As the wise men brought their gifts to the Baby Jesus, so we bring our spiritual gifts to our daily lives! This class will include assessment tools for determining your gifts and how to use/share them in everyday life. We will be guided by the book *Discover Your Spiritual Gifts the Network Way* published by Zondervan.

Contact is Amy Dierlam - dnarock@pacbell.net

An Introduction to Islam – Room A

Join us as we explore the fundamentals of Islam: the life of Mohammed, the Koran, the Pillars, its social teaching, and Sufism. We'll be approaching the religion with an attitude of appreciation and curiosity. Questions encouraged! Andre Jensen will facilitate the group. He has been teaching Philosophy at Sacramento City College for over 20 years and has been teaching a survey course in World Religions since 2008.

Later Today

Susan Brown Memorial Service

Trinity was saddened to learn of the death of Susan Brown, wife of Ernie Brown. Her memorial service will be held here on **Sunday, January 31st at 3pm.**

This Week

Floyd School Benefit Dinner and Auction

Friday, February 5 at 6:00pm in the Great Hall

Tickets for the Benefit Dinner and Auction for Field trips for the children at Floyd School are on sale for \$25 at the Floyd School table in the Great Hall. The men's group will be preparing a sumptuous lasagna dinner and Ed Hollingshead's band, Quiet, will play. We just received word that we have four park hopper tickets from Disneyland for the live auction!

If you can volunteer we need servers and auction helpers. Please contact Canon Nancy Tennyson at nntennyson@gmail.com or 916-481-3546.

Coming Up

Shrove Tuesday Pancake Supper

Tuesday, February 9, 5:30pm - 7:00pm

Presented by the Men's Group

Adults \$6 children 12 and under free

- Regular Pancakes
- Pumpkin Pancakes
- Broccoli, Mushroom and Cheese Egg Strata
- Cheese Grits
- Link Sausage
- Bacon
- Biscuits with Gravy
- Coffee, Juice and Milk

Show a Little Love!

Family Promise Returns to Trinity

February 14-20

We need volunteers to provide a dinner each day; evening hosts who serve, clean up, and make sure the families' needs are provided for; and overnight hosts who ensure their security and comfort. We also need those who can help set up the cots at the beginning and load them back into the trailer at the end, and/or launder the bedding.

If you prefer, you can drop off an entree at the kitchen and we will prepare it for you. (Please make sure you leave instructions!)

We would also like to do something a little special for the families on Valentine's Day, February 14. If you would like to bring a Valentine-themed dessert, flowers, or crafts for the children, it would be much appreciated!

Please sign up on the Family Promise poster in the office hallway, or email Eleanor Taniguchi at ehtaniguchi@gmail.com, or phone 916-708-4295.

Trinity Parish Dinner and Meeting

Save The Date

**Sunday, February 21st, 5pm
in the Great Hall.**

Ongoing

Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

More This Week

THURSDAY NIGHT AT THE CATHEDRAL

Dinner: 5:30pm – \$7

NOTE: Time Chg.

Sacred Conversations for Racial Justice:

Listen for a Change

**Beginning Thursday, February 4
6:30pm in the Cathedral**

During the season of Lent 2016, Trinity's Adult Spiritual Formation and Outreach Ministry Teams will host Sacred Conversations for Racial Justice: Listen for a Change, a six-week series of sacred and respectful conversations around race. These conversations will help us better understand racial tensions in our country so that we can respond in an informed and Christ-filled way.

During the series participants will watch six keynote speakers via the Internet, followed by facilitated discussions in small groups. There is no charge for this series. Participants will have the opportunity to sign up for a small group. Small groups are available throughout the week.

The series begins on Thursday, February 4. Participants can enjoy dinner in the Great Hall at 5:30pm for \$7. At 6:30pm in the sanctuary, attendees will watch a recording of Presiding Bishop Michael Curry's sermon, participate in Holy Eucharist, and watch a recording of the keynote address featuring Michele Norris, "Eavesdropping on America's Conversation on Race." Other speakers in the series include Nicholas Kristof, Emilie Townes, Victor Rios, Kelly Brown Douglas, and Anna Deavere Smith.

Questions? Rev. Dr. Pamela Anderson (pamela@trinitycathedral.org) or Rev. Steve Skiffington (deaconskiff@gmail.com).



DID YOU BRING YOUR COFFEE MUG?

We are making progress reducing our environmental footprint with many of you bringing your mugs with lids. Still need one? TREE now has them for sale!! Stop by the TREE table to buy one then add your name to the raffle jar.

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:

**Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816**

Note: The adornment during Advent and Lent do not include flowers.

Date requested _____ (allow 3 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____