



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 4

12Noon NA Meeting
5:30pm Stephen Ministry Leaders
5:45pm Holy Eucharist
7:00pm Stephen Ministry-ALL

TUESDAY 5

12Noon NA Meeting
12:10pm Holy Eucharist
1:30pm Stephen Ministry PSG
5:00pm Prayer & Pastoral Care Ministry
6:00pm Centering Prayer
6:15pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 6

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
6:00pm Wednesday Community Dinner
7:00pm Cathedral Choir Rehearsal
7:00pm Bell Choir Rehearsal
7:00pm Newcomer Movie Discussion

THURSDAY 7

12Noon Centering Prayer
12Noon NA Meeting
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Evensong/Candlemas Procession
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 8

9:00am Holy Eucharist
12Noon NA Meeting
7:30pm Sac. Baroque Soloists Concert

SATURDAY 9

9:00am Trinity Men's Breakfast
11:00am Daughters of the King
5:10pm Holy Eucharist

SUNDAY 10

7:30am Holy Eucharist
9:00am Holy Eucharist w/baptisms
10:15am 30/40's and Beyond
10:15am Newcomer Group
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:45am Holy Eucharist
5:30pm Annual Dinner
7:00pm Annual Meeting

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Lessons for February 10, 2013

The Last Sunday after the Epiphany

Exodus 34:29-35
Psalm 99
2 Corinthians 3:12-4:2
Luke 9:28-36

LARGE PRINT lessons and announcement sheets are available from an Usher.

TODAY @ TRINITY—FEBRUARY 3, 2013

Super Bowl Pizza Pick-Up

Pick up your pre-ordered pizza TODAY in the Great Hall. We will have a few extra pizzas for sale. Thank you for supporting our scholarship fund to send Trinity youth to Stockton this summer for a Sierra Service Project mission experience.

Outreach Ministry Fair

Curious about Trinity's outreach activities? Come to the Ministry Fair in the Great Hall today to talk with volunteers about how they serve in our community.

Next Sunday we will have an ingathering of gifts and pledges for Trinity's outreach program. Pray this week for our volunteers who serve the homeless, lonely and hungry. Pray for those who have needs greater than ours. And on the 10th, consider making a mindful gift to support our ministries.

Activities at 10:15am

Newcomers' Group—Room C

The group will discuss with Canon Carey Living with Change.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

Sunday Morning Bible Challenge—Conference Room

The **30/40s and Beyond** group offers a Sunday morning Bible Challenge group for all adults. Questions? Amy Dierlam-dnarock@pacbell.net or 601-1699.

11:15am — Bible Challenge Discussion Group

In the Conference Room: Facilitated by Vaughn Wolff. Meets today and will meet on the 1st and 3rd Sundays at 11:15.

Later Today

Growing in Faith

Rooms A and B, 4:00pm

Growing in Faith is a program to prepare adults for Baptism, Confirmation or Formal Reception into the Episcopal Church. If you would like to focus on developing your journey in faith, join us. Contact is Michelle Jackson - astraeus@accessbee.com

This Week

Movie Discussion Night at the Cathedral

Wednesday, February 6, 7:00-8:00pm

Join us for a provocative discussion based on a 20 minute video that seeks to challenge and strengthen our faith. All are welcome.

Evensong and Candlemas Procession

Thursday, February 7 at 6:00 pm

The Trinity Cathedral Choir will sing our monthly service of Choral Evensong, preceded by a Candlemas procession from the Cathedral courtyard. The service will include music by T. Tertius Noble and Iain Quinn, and will conclude with the stunning anthem "O Nata Lux" by Morten Lauridsen. Please join us for this beautiful and unique service!

Sacramento Baroque Soloists Concert

Friday, February 8 at 7:30pm

Tickets are available at the Cathedral Bookshop.
\$25 Regular; \$15 Students and Seniors

Parking for people with disabilities is provided on Sundays. Enter on Trinity Cathedral Lane and park behind the Great Hall.

Next Sunday

Choral Eucharist

with Haydn Mass

Sunday, February 10 at 11:15am

Annual Dinner and Annual Meeting

Sunday, February 10—Dinner at 5:30pm; Meeting at 7:00pm

Dinner sign-up sheets are in the Great Hall. During the annual meeting the 2013 budget is presented, the Dean gives a "State of the Cathedral" presentation, we elect new vestry members and delegates to the diocesan convention, and...DEAN'S AWARDS are presented.

Coming Up

Shrove Tuesday Pancake Supper

February 12, 5:30-7:00pm

Ash Wednesday Services

February 13 at 6:30am, 9:00am, 12:10pm, 4:00pm (for children) and 5:45pm

Women's Lenten Retreat: Sing, Pray, Relax

March 8-10

This year's retreat will be based on the devotional ***The Song Forever New: Lent and Easter with Charles Wesley***. The retreat will be at the Mercy Retreat Center in Auburn and co-led by Rev. Anne McKeever and Canon Lynell Walker. Registration forms are available in the bookshop. Registration is limited to 40 and the deadline is February 10th. Questions contact Jackie McGrath: 712-6561, jackiewmcgrath@gmail.com. (No need to buy the book).

Ongoing

Lunch Bunch

Thursdays, noon to 1:30pm in the Assembly Area

Please bring your Bible for our discussion of the Bible Challenge readings. Contact is Rev. Anne—amckeever@wavecable.com

Writing Group

Thursdays, 4:30 to 6 p.m. in the Conference Room

Everyone is welcome to join us. We will write to a prompt and share what we choose of our writing with the group. Contact is Rev. Anne at amckeever@wavecable.com.

Centering Prayer

Tuesdays, 6-7pm in the East Transept

Thursdays, Noon - 1pm in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

Thursday Night at the Cathedral

**Candlemas/ Evensong: 6:00pm
Dinner: 6:15pm—Classes: 7:00pm**

Dinner:

February 7:

Chef Kevin Donahue will prepare a delicious meal!

February 14:

NO Dinner

February 7 Classes:

In the Assembly Area: Dean Baker presents the Old Testament.

In the Conference Room: Rev. Anne McKeever offers our fourth and final discussion on **Anne Lamott's latest book, *Help Thanks Wow: The Three Essential Prayers***. The book is available for sale in the Cathedral Bookshop.

In Room F, Trinity Roots: A series of presentations by members of Trinity Cathedral about themselves and their family heritage that represent the American experience and reflect American history at different times.

February 7: Xanthi Pinkerton on her grandfather's and father's experience in WWII in the Philippines, the infamous Bataan Death March and family history flowing from this time period.

In the Bookshop, *Power Through Constructive Thinking* by Emmet Fox, presented by Vaughn Wolff. Emmet Fox, a Roman Catholic who became an ordained minister of Divine Science, wrote A Sermon on the Mount in 1934 on Jesus' teachings that became a practical guide for recovery. While our class is not about alcoholism and recovery, we will study Dr. Fox's writings, beginning with *Power Through Constructive Thinking*, to find inspiration that can be applied to solve practical problems. Today people continue to be attracted to the principles found in the New Thought movement that has its roots in the early to mid 1800s. God, the Universal Power that is rightfully ours, "is the real source of all things that exists" and that is the meaning of true prosperity.

Needed: A few happy hosts...

...to help set up for Sunday coffee hours - especially for the 9 and 11:15 a.m. services. Basic time commitment is just one service every other month (so approximately 3 hours per year) and it's a fun way to help out. Please contact Georgianna at dugongs@sbcglobal.net or (916) 266-1802 if interested and/or for more information.

Trinity Name Tags

If you need or would like a name tag, they can be ordered at the Welcome Center for \$2.00 each. Name tags help us all to get to know each other. It is helpful for Newcomers and visitors if we all wear our name tag.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

CATHEDRAL BOOKSHOP

Book Signing February 10

June Gillam's book of poetry,
So Sweet Against Your Teeth

Tue, Wed, Thur: 11:00am - 5:00pm

Fri: 11:00am - 4:00pm;

Sun: 8:30am - 1:00pm

Phone: 916-442-9194