



# Trinity Episcopal Cathedral Announcements



*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY FEBRUARY 8

12Noon NA Meeting  
5:45pm Holy Eucharist  
7:00pm Stephen Ministry—TC

### TUESDAY 9

12Noon NA Meeting  
12:10pm Holy Eucharist  
**5:30pm Shrove Tuesday Dinner**  
6:00pm Centering Prayer

### WEDNESDAY 10

**7:00am Ash Wednesday Liturgy**  
**9:00am Ash Wednesday Liturgy**  
10:00am Mom's, Tot's and Pop's  
12Noon NA Meeting  
**12:10pm Ash Wednesday Liturgy**  
**6:00pm Ash Wednesday Liturgy**  
7:00pm Cathedral Choir Rehearsal

### THURSDAY 11

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
4:30pm Writing Group  
**5:30pm TNAC Dinner**  
**6:30pm Sacred Conversations**  
7:15pm Celebration Choir Rehearsal

### FRIDAY 12

9:00am Holy Eucharist  
12Noon NA Meeting  
**7:30pm Stations of the Cross**

### SATURDAY 13

9:00am Trinity Men's Group Breakfast

### SUNDAY 14 FAMILY PROMISE BEGINS

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am Newcomers Group  
10:15am Crochet / Knitting Group  
10:15am 30/40's and Beyond  
11:15am Holy Eucharist  
12:45pm Holy Eucharist  
3:00pm Growing in Faith

### Annual Dinner and Meeting **Sunday, February 21 at 5:00pm**

Sign up for a table today.  
Signup sheets are in the Great Hall.

The annual dinner is a chance to gather with friends, decide on a theme for your table and have fun...all before our Annual Meeting & announcement of this year's Dean's Award winners. Don't miss it; don't even be late!

### **Pastoral Emergencies:**

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

### **Lessons for February 14, 2016** *The First Sunday of Lent*

Deuteronomy 26:1-11  
Romans 10:8b-13  
Luke 4:1-13  
Psalm 91:1-2, 9-16

## TODAY @ TRINITY – FEBRUARY 7, 2016

First Sunday Family Service: 9:00am in the Great Hall

### Annual Dinner and Meeting **Sunday, February 21 at 5:00pm**

**Sign up for a table today in the Great Hall**

## Activities at 10:15am

### Newcomers' Group – ROOM C

**The group will watch and discuss a video.**

If you have questions contact Randie Strike at randie.trinity@gmail.com or 916-446-2513.

### Sacred Conversations for Racial Justice

Assembly Area and Conference Room

We will start the Lenten Series: Sacred Conversations for Racial Justice. We will begin by watching a speaker via the internet in the Assembly Area and then move to the conference room for discussion.

Contact is Amy Dierlam - dnarock@pacbell.net

### Sacred Conversations for Racial Justice

Assembly Area

Brian Baker will facilitate this small group after watching a speaker via the internet.

### Veterans Meeting – Room A 📍 **NOTE: Room Chg.**

**Attention all Veterans!** Bring your coffee and munchies and join us.

## This Week

### Veiling the Crosses

**Tuesday, February 9 around 4:00pm**

You are invited to help the Altar Guild veil all the crosses in preparation for Ash Wednesday.

### Shrove Tuesday Pancake Supper

**Tuesday, February 9, 5:30pm - 7:00pm**

Presented by the Men's Group  
Adults \$6 children 12 and under free

- Regular Pancakes
- Pumpkin Pancakes
- Broccoli, Mushroom and Cheese Egg Strata
- Cheese Grits
- Link Sausage
- Bacon
- Biscuits with Gravy
- Coffee, Juice and Milk

**Ash Wednesday Services in the Cathedral**  
7:00am, 9:00am, 12:10pm and 6:00pm

### Ash Wednesday - Parking Alert

Remember that there is NO PARKING on 27th St. on Wednesdays from 8:00am until after 12 noon. Cars parked will be ticketed. There is metered parking on Capitol or 26th streets and credit card parking in the 27th St. Garage. **The garage will be open for the 6pm service.**

## Next Sunday

### Show a Little Love! Family Promise Returns to Trinity

February 14-20

We need volunteers to provide a dinner each day; evening hosts who serve, clean up, and make sure the families' needs are provided for; and overnight hosts who ensure their security and comfort. We also need those who can help set up the cots at the beginning and load them back into the trailer at the end, and/or launder the bedding.

If you prefer, you can drop off an entree at the kitchen and we will prepare it for you. (Please make sure you leave instructions!)

We would also like to do something a little special for the families on Valentine's Day, February 14. If you would like to bring a Valentine-themed dessert, flowers, or crafts for the children, it would be much appreciated!

Please sign up on the Family Promise poster in the office hallway, or email Eleanor Taniguchi at ehtaniguchi@gmail.com, or phone 916-708-4295.

## Small Groups

### Sacred Conversations for Racial Justice: Listen for a Change

- Sunday 10:15-11:10am Amy Dierlam—Conference Room
- Sunday 10:15-11:10am Brian Baker—Assembly Area
- Monday 1:00-2:30pm Eileen Harvey—Conference Room
- Tuesday 10:00-11:30am Susan Hotchkiss—Conference Room
- Wednesday 6:30-8:00pm Davis Community Church—Fireside Room
- Thursday 8:30-10am Gayann White—Conference Room
- Thursday 12:00-1:30pm Pamela Anderson—Conference Room
- Thursday 7:00-8:30pm Bud Swank—Room A
- Thursday 7:00-8:30pm Kevin Sanders—Room J
- Thursday 7:00-8:30pm Steve Skiffington—Conference Room
- Thursday 7:00-8:30pm Susan Hotchkiss—Book Shop

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

## Ongoing

### Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at restaurants, coffee shops, and other fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

### Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.

### Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

### Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

### Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

### Centering Prayer – East Transept

**Tues., 6-7pm; Thurs., Noon—1:00**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

## THURSDAY NIGHT AT THE CATHEDRAL

**Compline: 6:00pm**

**Dinner: 6:15pm – \$7**

**Sacred Conversations: 7:00pm**

### Sacred Conversations for Racial Justice: Listen for a Change

During the series participants will watch six keynote speakers via the Internet, followed by facilitated discussions in small groups. There is no charge for this series. Participants will have the opportunity to sign up for a small group. Small groups are available throughout the week.

Speakers in the series include Nicholas Kristof, Emilie Townes, Victor Rios, Kelly Brown Douglas, and Anna Deavere Smith.

#### **Thursday night group locations and facilitators:**

- Room A - Bud Swank
- Room J - Kevin Sanders
- Conference Room - Deacon Steve Skiffington
- Bookshop - Susan Hotchkiss

Questions? Rev. Dr. Pamela Anderson (pamela@trinitycathedral.org) or Rev. Steve Skiffington (deaconskiff@gmail.com).

## CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th: 11:00am - 5:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or  
bookshop3@gmail.com

## Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

## DID YOU BRING YOUR COFFEE MUG?

**We are making progress reducing our environmental footprint with many of you bringing your mugs with lids. Still need one? TREE now has them for sale!! Stop by the TREE table to buy one then add your name to the raffle jar.**

## Cathedral Flower Donation

**A nice way to give thanks or to remember loved ones.**  
Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:  
Trinity Cathedral Flowers, 2620 Capitol Ave,  
Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested \_\_\_\_\_ (allow 3 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone#: \_\_\_\_\_