



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 11

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry-TC

TUESDAY 12

12Noon NA Meeting
12:10pm Holy Eucharist
5:00pm Parish Health Ministry
5:30pm Shrove Tues. Pancake Supper
6:00pm Centering Prayer
7:00pm Acolyte Practice

WEDNESDAY 13 ASH WEDNESDAY

6:30am Ash Wed. Holy Eucharist
9:00am Ash Wed. Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
12:10pm Ash Wed. Holy Eucharist
4:00pm Ash Wed. Service for Children
5:45pm Ash Wed. Holy Eucharist
6:00pm Wednesday Community Dinner
7:00pm Cathedral Choir Rehearsal
7:00pm Bell Choir Rehearsal

THURSDAY 14 VALENTINES DAY

12Noon Centering Prayer
12Noon NA Meeting
12Noon Lunch Bunch
6:00pm Candlelight Compline
7:00pm Celebration Choir Rehearsal

FRIDAY 15

9:00am Holy Eucharist
12Noon NA Meeting
6:00pm Labyrinth Walk
7:30pm Stations of the Cross

SATURDAY 16

5:10pm Holy Eucharist

SUNDAY 17

7:30am Holy Eucharist
9:00am Holy Eucharist w/baptisms
10:15am 30/40's and Beyond
10:15am Soul of Money Adult Class
10:15am Newcomer Group
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:45am Holy Eucharist

**Office Closed for President's Day
On Monday, February 18.**

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Lessons for February 17, 2013

The First Sunday of Lent

Deuteronomy 26:1-11
Psalm 91:1-2, 9-16
Romans 10:8b-13
Luke 4:1-13

**LARGE PRINT lessons and
announcement sheets are
available from an Usher.**

TODAY @ TRINITY—FEBRUARY 10, 2013

Outreach Ministry

Today we are asking for monetary support of Trinity's outreach program. We would like to expand, to help finance our teens' work at St. John's Shelter for Women and Children and their mission trip, and to continue our Wednesday night dinners, Safe Ground, Family Promise, and all of our other activities that serve the homeless, the lonely, and the hungry. We would also like to continue to support community outreach programs. Please make a mindful gift or pledge in the special envelopes to help us to continue our work as Christ in the world.

Baptisms at the 9:00 Service

Choral Eucharist with Haydn Mass at 11:15

Palm Crosses

There is a basket in the Narthex for collection of your prior years Palm Crosses. These will be burnt and used for Ash Wednesday.

Lenten Bulletin Board

Come to the Family Ministry bulletin board in the Great Hall, pick a flower or two, purchase the items written on the flower and return them to Trinity for distribution to families in need of a helping hand.

Activities at 10:15am

Old Testament Teaching—Assembly Area

Dean Brian Baker will present a shortened version of his Thursday evening teaching on the Bible Challenges' Old Testament readings for February.

Newcomers' Group—Room C

The group will discuss Ministry Opportunities

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

Sunday Morning Bible Challenge—Conference Room

The **30/40s and Beyond** group offers a Sunday morning Bible Challenge group for all adults. Questions? Amy Dierlam-dnarock@pacbell.net or 601-1699.

Later Today

Growing in Faith

Will not meet today.

Growing in Faith is a program to prepare adults for Baptism, Confirmation or Formal Reception into the Episcopal Church. If you would like to focus on developing your journey in faith, join us. Contact is Michelle Jackson - astraeus@accessbee.com

Annual Dinner and Annual Meeting

Sunday, February 10—Dinner at 5:30pm; Meeting at 7:00pm

During the annual meeting the 2013 budget is presented, the Dean gives a "State of the Cathedral" presentation, we elect new vestry members and delegates to the diocesan convention, and...DEAN'S AWARDS are presented.

This Week

Shrove Tuesday Pancake Supper

February 12, 5:30-7:00pm

Ash Wednesday Services

February 13 at 6:30am, 9:00am, 12:10pm,
4:00pm (for children) and 5:45pm

Next Sunday

Sunday Mornings in Lent

Bud Swank presents *The Soul of Money* for six Sunday mornings in Lent beginning February 17 from 10:20 to 11:10 a.m. in Classroom A. The book is available for sale in the Cathedral Bookshop

Coming Up

Women's Lenten Retreat: Sing, Pray, Relax

March 8-10

This year's retreat will be based on the devotional *The Song Forever New: Lent and Easter with Charles Wesley*. The retreat will be at the Mercy Retreat Center in Auburn and co-led by Rev. Anne McKeever and Canon Lynell Walker. Registration forms are available in the bookshop. Registration is limited to 40 and the deadline is February 10th. Questions contact Jackie McGrath: 712-6561, jackiewmcgrath@gmail.com. (No need to buy the book).

Needed: A few happy hosts...

...to help set up for Sunday coffee hours - especially for the 9 and 11:15 a.m. services. Basic time commitment is just one service every other month (so approximately 3 hours per year) and it's a fun way to help out. Please contact Georgianna at dugongs@sbcglobal.net or (916) 266-1802 if interested and/or for more information.

Ongoing

Lunch Bunch

Thursdays, noon to 1:30pm in the Assembly Area

Please bring your Bible for our discussion of the Bible Challenge readings. Contact is Rev. Anne—amckeever@wavecable.com

Writing Group

NO meeting on February 14.

Everyone is welcome to join us. We will write to a prompt and share what we choose of our writing with the group. Contact is Rev. Anne at amckeever@wavecable.com.

Centering Prayer

Tuesdays, 6-7pm in the East Transept

Thursdays, Noon - 1pm in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____

Thursday Night at the Cathedral

Holy Eucharist: 5:45pm

Dinner: 6:15pm—Classes: 7:00pm

NO Dinner:

February 14:

February 14 Classes:

In the Assembly Area: Bible Challenge discussion group facilitated by Randy Knutson and Rhonda Canby.

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Thursday Night at the Cathedral Lenten Classes

Living Compass for Lent, a new group, meets in the Conference Room from 7 to 8:30 p.m. beginning February 21. The FREE booklet is available at the Cathedral Bookshop and at the group meetings. If you'd like to download the booklet for your own Lenten reading, you may find it at: www.livingcompass.org/lent.iml. Facilitator: Rev. Anne McKeever

Bible Challenge group continues to meet in the Assembly Area from 7 to 8:30 p.m.. This group will meet February 14. Please bring your Bible. Newcomers are welcome. This group attends Dean Baker's Old Testament Teaching in the Assembly Area the first Thursday evening of every month. Facilitators: Rhonda Canby and Randy Knutson.

Liturgy and Worship group continues to meet from 7 to 8:30 p.m. in Classroom I, resuming February 21, reading and discussing the book, *Understanding Worship*, available in the Trinity Bookshop. Newcomers are welcome. Facilitator: Canon Lynell Walker

Christian, Muslims and Jesus, a new book group, begins February 21 in the Bookshop from 7-8:30 p.m. The book is available for sale in the Bookshop. Facilitator: Rosemary Braxton.

Power Through Constructive Thinking, a book group featuring the works of Emmet Fox, resumes February 21, from 7-8:30. Newcomers are welcome. Facilitator: Vaughn Wolff

Trinity Roots meets once a week on Thursday evenings from 7-8:30 to hear Trinity parishioners share their historical, cultural and ethnic backgrounds. Facilitator: Kevin Sanders

Monthly Old Testament Teaching presented by Dean Brian Baker: Thursday, March 7, from 7-8:30 p.m. in the Assembly Area. Repeated Sunday morning, March 10, from 10:20 to 11:10 a.m. in the Assembly Area.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

CATHEDRAL BOOKSHOP

Book Signing February 24

June Gillam's book of poetry,
So Sweet Against Your Teeth

Pick up your
"Bible Challenge"
today!

Tue, Wed, Thur: 11:00am - 5:00pm

Fri: 11:00am - 4:00pm;

Sun: 8:30am - 1:00pm

Phone: 916-442-9194