



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 2

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—All

TUESDAY 3

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:00pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 4

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
6:00pm Wednesday Community Dinner
7:00pm Cathedral Choir Rehearsal
7:00pm Executive Committee

THURSDAY 5

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Compline
6:15pm Lenten Soup Supper
7:00pm Celebration Choir Rehearsal

FRIDAY 6

9:00am Holy Eucharist
12Noon NA Meeting
7:30pm Stations of the Cross

SATURDAY 7

SUNDAY 8 DAYLIGHT SAVINGS BEGINS

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Sunday School
10:15am Newcomer's Group
10:15am 30/40's and Beyond
10:15am Crochet/Knitting Group
11:15am Holy Eucharist
12:45pm Holy Eucharist
3:00pm Growing in Faith
4:00pm Canon Link Benefit Organ Concert

DAYLIGHT SAVINGS BEGINS

Set your clocks forward one hour before bed on March 7

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for March 8, 2015 *The Third Sunday of Lent*

Exodus 20:1-17
Psalm 19
1 Corinthians 1:18-25
John 2:13-22

TODAY @ TRINITY—MARCH 1, 2015

The Library is open in the Elevator Alcove

Give yourself a present by checking out a book from the Cathedral Library this morning between 8:30 and 11:30. There are also books for little children.

First Sunday Family Service is at 9:00am in the Great Hall, followed by arts and crafts and brunch.

Activities at 10:15am

Newcomers' Group — Room C

The group will discuss Resources for Next Steps

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

30/40's and Beyond — Conference Room

We will begin our small group discussion on Matthew Fox's book, *Original Blessing*...no need to read the book. ALL ages welcome! Contact: Amy Dierlam at dnarock@pacbell.net

Lessons in Christian Metaphysics — Room A

Vaughn Wolff will facilitate this group using *The Basic Principles of the Science of Mind* by Dr. Frederick Bailes to guide us. We will read from the book and discuss personal experiences with prayer and healing.

Later Today

Meditation Practice and Spiritual Practice Conversation

Exploring the Body, Mind, Spirit Connection

Join Rev. Megan Anderson and Rev. Kathy Hopner for a weekly gathering with simple meditation practice and conversation on spiritual practice beginning on **Sunday March 1st at 5pm in the Assembly Area.**

This Week

Ministry Team Meetings

Tuesday, March 3
Dinner—6:00pm, Meetings—7:00pm

Board Game Night

Friday, March 6, 6:30-8:30pm

Bring yourself, a friend, a game, and snacks and we will provide the hall and hilarity! Join in the fun!

Next Sunday

Rare Fine Art Bible

Sunday, March 8 at 10:15am

Trinity Cathedral will host a program featuring *The Saint John's Bible Heritage Edition*. Brad Neary, Heritage Program Director, will provide a presentation on The Saint John's Bible project. One of the seven Heritage Edition volumes, *Gospels and Acts*, will be on display during the session. There will also be a more informal "open house" following the 11:15am service in the Great Hall during which the volume will be on display.

See "More Next Sunday" on the Back

More Next Sunday

Crochet / Knitting Group

Sunday, March 8 at 10:15am

Please join us for a crochet/knitting gathering. They will help people who want to learn to crochet and/or knit.

Benefit Organ Concert with Canon Link

Sunday, March 8 at 4:00 pm

The concert is a benefit for NorCal AIDS Cycle, a 330 mile/4 day bike ride which raises funds for local agencies serving those suffering from HIV/AIDS. Many of these agencies also provide prevention and testing services, to help stem the tide of this entirely preventable disease. So in addition to pedaling his bike three-hundred and thirty-miles, Canon Link will be playing the organ pedals to raise funds for NCAC, on Trinity Cathedral's recently restored pipe organ.

David Link recently celebrated his thirtieth year as Canon Musician at Trinity Episcopal Cathedral, and has participated in NorCal AIDS Cycle for the last five years. Canon Link rides in memory of Kenneth Piercy, a long time Trinity Cathedral Choir member who died from complications of AIDS in 2011.

The program will include: "Fantasia in G major (Piece d'Orgue)" by J.S.Bach, "Rondeau" by Henry Purcell, "Fantasie sur le Te Deum" by Charles Tournemire, and much more.

The suggested minimum donation for the concert is \$10 at the door, though donations of any kind, large or small will be gratefully accepted!

Coming Up

Holy Week at Trinity Cathedral

March 29: Palm Sunday Services: 7:30am, 9am, 11:15am, 12:45pm

March 29: Palm Sunday Interfaith Service at Sutter's Fort 8am.

March 31: Solemn Office of Tenebrae Service - 7:30pm

April 2: Maundy Thursday Liturgy for Families and Children - 4:00pm

April 2: Maundy Thursday Eucharist with foot washing - 7:30pm

April 3: Good Friday Meditations: Noon - 3pm

April 3: Solemn Liturgy for Good Friday with music by The Cathedral Choir - 7:30pm

April 4: Holy Saturday Liturgy - 9am. Pancake Breakfast 9am - 10:30am. Children's Easter Eggstravaganza! 10:00 am

April 4: The Great Vigil of Easter - 7:30pm

April 5: Easter Sunday Services 7:30am, 9am, 11:15am and 12:45pm

THURSDAY NIGHT AT THE CATHEDRAL

6:00pm—Compline

6:15pm—Soup Supper (\$5)

7:00pm—Small Groups

There are several small groups that folks can sign up for on this evening. If you would like to see the groups that are offered, other than Thursday evenings, you can go to the church website (trinitycathedral.org) or look at the small group sign-up book located in the church office.

CATHEDRAL

BOOKSHOP

Begin and enjoy your journey into Lent with pamphlets and books from the Bookshop

Store hours are:

Tu-Th: 11:00am - 5:00pm;

Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

Ongoing

Lunch Bunch — Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group — Thursdays, 4:30pm

Anyone who would like to write in an informal setting is welcome. Writing prompts are offered, we write, then share our writing or not. Contact: June Gillam - jgil-lam@wavecable.com.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027

Centering Prayer — East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

Church Picture Directory

If you would like to purchase a copy of the "NEW" Church Picture Directory please contact Randie Strike at 916-203-7586 or email randie.trinity@gmail.com.

The price for each copy of the Directory is \$10.

Easter Flower Donation

A nice way to give thanks or to remember loved ones.

Place your donation in the offering plate along with this form

(make check payable to "Trinity Cathedral" with 'Easter Flowers' on the memo line)

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____

March 23 is the deadline for inclusion in the Easter programs.