



# Trinity Episcopal Cathedral Announcements

*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 3

12Noon NA Meeting  
5:45pm Holy Eucharist  
7:00pm Stephen Ministry – ALL

### TUESDAY 4

12Noon NA Meeting  
12:10pm Holy Eucharist  
1:00pm Stephen Ministry PSG  
**5:30pm Shrove Tues. Pancake Supper**  
6:00pm Centering Prayer  
7:00pm Ministry Team Meetings

### WEDNESDAY 5 ASH WEDNESDAY

7:00am Ash Wed. Serv. w/Holy Eucharist  
9:00am Ash Wed. Serv. w/Holy Eucharist  
10:00am Moms, Pops and Tots  
10:30am Family Caregiver Support Group  
12Noon NA Meeting  
12:10pm Ash Wed. Serv. w/Holy Eucharist  
4:00pm Children/Families Ash Wed Serv.  
6:00pm Ash Wed. Serv. w/Holy Eucharist  
6:00pm Wednesday Community Dinner  
7:00pm Handbell Choir Rehearsal  
7:00pm Cathedral Choir Rehearsal

### THURSDAY 6

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
6:00pm Candlelight Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes  
7:00pm Celebration Choir Rehearsal

### FRIDAY 7

9:00am Holy Eucharist  
12Noon NA Meeting  
7:30pm Stations of the Cross

### SATURDAY MARCH 8

9:00am Trinity Men's Breakfast  
11:00am Daughters of the King

### SUNDAY 9 DAYLIGHT SAVINGS BEGINS

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am Forgiveness w/ Dean Baker  
10:15am 30/40's and Beyond  
10:15am Newcomers Group  
10:15am *The Jesus I Never Knew*  
11:15am Holy Eucharist  
11:15am Choristers Rehearsal  
12:30pm EYF Meeting  
12:45pm Holy Eucharist  
3:00pm Growing in Faith

#### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

#### Lessons for March 9, 2014 *The First Sunday of Lent*

Genesis 2:15-17; 3:1-7  
Romans 5:12-19  
Matthew 4:1-11  
Psalm 32

## TODAY @ TRINITY—MARCH 2, 2014

Trinity Library is open today in the Elevator Alcove

### Lost & Found Kitchen Items

Please check the table in the Great Hall for pots, pans, containers and other items you may have left in the kitchen. All remaining materials will be given to River City Food Bank or Floyd School for their use or distribution.

### Activities at 10:15am

#### *The Jesus I Never Knew* – Room A

***The Jesus I Never Knew*** by Philip Yancey  
Facilitator: The Rev. Dr. George (Bud) Swank

Phillip Yancey offers a new and different perspective on the life of Christ and his work—his teaching, his miracles, his death and resurrection—and ultimately who he was and why he came.

#### Newcomers' Group – Cathedral

**The group will Tour the Cathedral.**

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email [randie.trinity@gmail.com](mailto:randie.trinity@gmail.com) or 916-446-2513.

#### 30/40s and Beyond – Conference Room

This group is closed for a special 4 week spiritual gifts discovery class. We will be open again starting in Lent - Sunday, March 9th with the *Living Compass Lenten Meditation*.

Contact for 30/40's is Amy Dierlam—[dnarock@pacbell.net](mailto:dnarock@pacbell.net)

### Later Today

#### Growing in Faith

**3:00pm in the East Transept of the Cathedral**

If you'd like more information please contact Jerry Paré (930-8032 or [jpare111452@gmail.com](mailto:jpare111452@gmail.com)).

### This Week

#### Shrove Tuesday Pancake Supper- March 4

**5:30-7:00pm (\$5/person; \$12/family)**

#### Ash Wednesday Services—March 5

**7:00am, 9:00am, 12:10pm,  
4:00pm (children and families)  
and 6:00pm**

### DAYLIGHT SAVINGS BEGINS

Set your clocks forward one hour before bed on March 8

Free Living Compass Lenten Meditations are available in the Trinity Bookshop. Please pick one up if you'd like to add quiet reflection to your Lenten discipline this year. Amy Dierlam will be facilitating discussion of the Living Compass Meditations with the 30s/40s and Beyond group on Sunday mornings from 10:20 to 11:10 during Lent. All are welcome.

## Thursday Night at the Cathedral

Thursday, March 6, 2014

Candlelight Compline—6:00pm

Dinner—6:15pm (\$7 donation)

Classes—7:00 to 8:30pm

### CLASSES FOR EPIPHANY 2/Lent

Classes through April 3<sup>rd</sup>

(Classes will not meet on March 20<sup>th</sup> or April 10<sup>th</sup> so participants can attend Dean Baker's class on Forgiveness held in the Assembly Area)

**Book Study: Radical Forgiveness: God's Call to Unconditional Love by Brian Zahnd** (Available in the Cathedral Bookshop)

*Rev. Anne Arthur and Canon Walker, Facilitators*

Recover the true beauty of Christianity as found in forgiveness. If Christianity is to be a compelling and relevant voice in the 21<sup>st</sup> century, it needs a return to its roots. Beginning with the horror of the Holocaust, Radical Forgiveness explores what forgiveness means – and how far it should go – in the real world of human suffering. Zahnd tackles questions such as: Should we always forgive? Is forgiveness always even possible? Does forgiveness enable evil? Does it sacrifice justice? Are there any limits? Class meets in the Conference Room.

**Book Study: The Gnostic Gospels by Elaine Pagel**

*Susan Hotchkiss, Facilitator*

Elaine Pagel's book gives a clear, readable and effective introduction to the gnostic tradition within the early church. These early writings, defined as heretical by the second century, were a challenge to early orthodoxy. Pagel's book shows what impact the discovery of the Nag Hammadi texts in 1945 has on modern interpretations of the life, death and resurrection of Jesus. Class meets in the Cathedral Bookshop.

**Getting Started with the New Bible Challenge (New Testament/Psalms only) and the Book of Common Prayer**—*Rhonda Canby, Facilitator*

This second "Bible Challenge" from +Bishop Beisner is a much lighter read! It invites participants to read a chapter from the New Testament, a Psalm, and one of the prayers from the Book of Common Prayer each day beginning March 5<sup>th</sup> and ending December 30<sup>th</sup>. The Bible Challenge's goal is to re-acquaint us with scripture and our Prayer Book as part of our own spiritual journey. Rhonda Canby will facilitate those who wish to do this as part of a community on Thursday Nights beginning February 20<sup>th</sup>. The first two sessions will acquaint participants with the Book of Common Prayer and its use in this project. Class meets in Classroom F.

### TNAC CLASS beginning March 6

**The Meaning of Mary Magdalene: Discovering the Woman at the Heart of Christianity** by Cynthia Bourgeault - Facilitated by the Rev Kathy Hopner

Mary Magdalene is one of the most influential symbols in the history of Christianity—yet, if you look in the Bible, you'll find only a handful of verses that speak of her. How did she become such a compelling saint in the face of such paltry evidence? In her effort to answer that question, Cynthia Bourgeault examines the Bible, church tradition, art, legend, and newly discovered texts to see what's there. She then applies her own reasoning and intuition, informed by the wisdom of the ages-old Christian contemplative tradition. What emerges is a radical view of Mary Magdalene as Jesus's most important disciple, the one he considered to understand his teaching best. Cynthia shows how an understanding of Mary Magdalene can revitalize contemporary Christianity, how Christians and others can, through her, find their way to Jesus's original teachings and apply them to their modern lives. Class meets in Classroom J.

### Help Wanted: Coffee Hour Hosts

Do you enjoy visiting at Trinity's coffee hours? Want to help them continue? Consider serving as a host! The basic time commitment is just 30-40 minutes every other month, and involves plating treats before the service and putting them out afterwards. Currently we are in need of hosts for many of the 11:15 a.m. services, and can always use back-up for other services. For more info or to volunteer, contact Georgianna Pfost: dugongs@sbcglobal.net or (916) 266-1802.

### Trinity Name Tags

Order your name tag at the Welcome Center for \$2.00 each. It is helpful for Newcomers and visitors if we all wear our name tag.

## Ongoing

### Lunch Bunch—Assembly Area

Beginning March 6, Canon Walker will facilitate a study of the book *Radical Forgiveness* by Brian Zahnd (available in the Cathedral Bookstore.) We will kick off this series with a Potluck Lunch on Thursday, March 6th at noon. Bring a dish to share.

### Writing Group In Transition

June Gillam has agreed to facilitate the Writing Group. If you are interested in joining, please contact June at jgillam@wavecable.com. We write to a prompt for about 20 minutes, then share aloud what we care to share. Feedback is always positive and uplifting. Drop-ins are always welcome. Stay tuned for news of the new time, date and place for the Writing Group.

### Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hopner at 930-8027

### Centering Prayer

**Tuesdays, 6-7pm in the East Transept**

**Thursdays, Noon—1:00 in the East Transept**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

### Altar Flower Donation

*A nice way to give thanks or to remember loved ones.*

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:  
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested \_\_\_\_\_ (allow 2 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_