



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 17

12Noon NA Meeting
5:30pm Stephen Ministry Leaders
5:45pm Holy Eucharist
6:00pm T-ACT
7:00pm Stephen Ministry – ALL

TUESDAY 18

12Noon NA Meeting
12:10pm Holy Eucharist
1:00pm Stephen Ministry PSG
6:00pm Centering Prayer
6:30pm Vestry Meeting

WEDNESDAY 19

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
10:30am Family Caregiver Support Group
12Noon NA Meeting
6:00pm Wednesday Community Dinner
6:30pm TREE
7:00pm Handbell Choir Rehearsal
7:00pm Cathedral Choir Rehearsal

THURSDAY 20

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Candlelight Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 21

9:00am Holy Eucharist
12Noon NA Meeting
6:00pm Labyrinth Walk
7:30pm Stations of the Cross

SATURDAY 22

SUNDAY 23

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Dean Baker on Forgiveness
10:15am 30/40's and Beyond
10:15am Newcomers Group
10:15am *The Jesus I Never Knew*
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:30pm EYF
12:45pm Holy Eucharist
3:00pm Growing in Faith
7:30pm Canon Link's Organ Concert

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for March 23, 2014
The Third Sunday of Lent

Exodus 17:1-7
Romans 5:1-11
John 4:5-42
Psalm 95

TODAY @ TRINITY—MARCH 16, 2014

Cathedral Bookshop

Sunday, March 16, 10:30am—1:00pm

Book signing by Helen Bonner, local author of memoirs, novels and short stories.

Crochet / Knitting Group

**First Meeting: Sunday, March 16, 10:00—11:00am
In the Great Hall**

We are looking for a fun way to get together with others that like to crochet or knit and give back to the community as well. Dorothy and my plan are to meet up once a month and make either hats or shawls for those in need. If you are interested in joining our group we will have our first meeting at church Sunday, March 16th from 10am to 11am in the great hall. We can also teach those of you who want to learn how to crochet/knit. Please contact either: Tina Irby @ (714) 267-5214 or Dorothy Malcolm @ (916) 441-5305

Activities at 10:15am

The Jesus I Never Knew — Room A

The Jesus I Never Knew by Philip Yancey
Facilitator: The Rev. Dr. George (Bud) Swank

Phillip Yancey offers a new and different perspective on the life of Christ and his work—his teaching, his miracles, his death and resurrection—and ultimately who he was and why he came.

Newcomers' Group — Room C

A new group begins today with Introductions.

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

30/40s and Beyond — Conference Room

The group is reading and discussing the *Living Compass Lenten Meditation*. Contact is Amy Dierlam—dnarock@pacbell.net

This Week

T-ACT Meeting

Monday, March 17, 6:00pm in Room C

Wondering what our homelessness organizing committee has been doing lately? This planning meeting will be a great opportunity to meet with a group of Trinity members who have been actively working on the issue of homelessness and the related issue of affordable housing for low income residents. EVERYONE IS WELCOME. T-ACT is Trinity's local organizing committee, which leads our efforts within Sacramento Area Congregations Together, a group representing over 40 local religious congregations working together on a broad array of local social justice issues.

Next Sunday

Dean Baker on Forgiveness—Assembly Area

These lectures are also presented on the previous Thursday Night at the Cathedral. This series contains two more classes:
Sunday, March 23, Sunday 10:20-11am
Sunday, April 6, Sunday 10:20-11am

Canon David Link's Benefit Organ Concert

Sunday, March 23, 7:30 pm

Please join Canon David Link for the Third Annual NorCal AIDS Cycle benefit organ concert at Trinity Cathedral.

NorCal AIDS Cycle is Northern California's premier fund-raising event for local agencies providing services to those in our community suffering from HIV/AIDS. To raise funds for NCAC, Canon Link will be working both the organ pedals and the bicycle pedals! The suggested minimum donation is \$10, but larger donations are encouraged.

Thursday Night at the Cathedral

Thursday, March 20, 2014

Candlelight Compline—6:00pm

Dinner—6:15pm (\$7 donation)

Chef Vaughn Wolff prepares Corned Beef & Cabbage

Classes—7:00 to 8:30pm

Forgiveness

Presented by Dean Brian Baker

March 20 and April 10 in the Assembly Area

The other TNAC classes attend this presentation.

Coming Up

Family Promise April 6-13

Family Promise Ministry at Trinity extends an invitation to participate in the next hosting: April 6-13. In addition, **we are looking for two coordinators to work with the present coordinator** to keep this Ministry running smoothly and successfully. **We MUST HAVE help in administering the program.** If you are interested in helping families get back on their feet and into permanent housing, contact Lyle Gramling (lylegramling@gmail.com or 916-752-4376). The experience can be transforming indeed.

Holy Week at Trinity Cathedral

Sunday, April 13: Palm Sunday Services at 7:30am, 9:00am, 11:15am and 12:45pm

Tuesday, April 15: Tenebrae Service at 7:30 pm

Thursday, April 17: Maundy Thursday Eucharist with footwashing 7:30 pm.

Friday, April 18: Good Friday Meditations - Noon to 3:00pm; Solemn Liturgy with music at 7:30pm

Saturday, April 19: Holy Saturday Service at 9:00 am; Easter Vigil at 7:30 pm

Sunday, April 20: Easter Sunday Services at 7:30am, 9:00am, 11:15am and 12:45pm

Floyd School

Back Snack Program

We always need donations of food for the weekly Back Snack Program at Floyd School. If you can help, bring donations of tuna cans, small fruit cups, peanut butter jars, granola snack bars, boxes of macaroni & cheese and instant oatmeal. Place them in the containers at the top of the stairs above the office. We ask that you please check the expiration dates on all food donations. Thank you for supporting this program. If you can help at Floyd School, contact Dale Reinhard at 916-730-0741 or dale.reinhard@gmail.com.

Clothes Closet

We need donations of gently used children's clothing. We take all sizes - Infant thru size 16. Please deposit donations in the two bins at the top of the stairs.

CATHEDRAL BOOKSHOP

- **Book signing by Helen Bonner on Sun March 16, 10:30am—1:00pm.**
- **Radical Forgiveness and other books by Brian Zahnd are available.**
- **Stephen Ministry grief series of four books to be read one every month for those who have experienced losses—\$10.25 per package.**
- **We have panels of Chinese New Year stamps.**

Store hours are: Tu-Th:11:00am - 5:00pm;
Fri: 10:00am - 2:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Help Wanted: Coffee Hour Hosts

Do you enjoy visiting at Trinity's coffee hours? Want to help them continue? Consider serving as a host! The basic time commitment is just 30-40 minutes every other month, and involves plating treats before the service and putting them out afterwards. Currently we are in need of hosts for many of the 11:15 a.m. services, and can always use back-up for other services. For more info or to volunteer, contact Georgianna Pfost: dugongs@sbcglobal.net or (916) 266-1802.

EfM Scholarship Fund

Want to help more of your fellow parishioners participate in the Education for Ministry (EfM) program? (EfM is a 4-year course of study intended to develop people for lay ministry - see www.sewanee.edu/EfM/) Please make a donation to Trinity's EfM scholarship fund via the collection plate, noting "EfM Scholarship" on the check memo line or on the donation envelope. Any amount is welcome, and current and future EfM'ers thank you!

Ongoing

Lunch Bunch—Thursdays at Noon

Canon Walker is facilitating a study of the book *Radical Forgiveness* by Brian Zahnd (available in the Cathedral Bookstore.) We meet in the Assembly Area.

Writing Group—Thursdays at 4:30pm

Do you like to write? If so, please drop in and see what our group is up to. **We meet Thursdays 4:30-6:00 in the Conference Room.** We write to a prompt for about 20 minutes, and then listen to each other share aloud, if the spirit moves. Feedback is always positive and uplifting. If you have questions, please contact June Gillam, jgillam@wavecable.com.

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hopner at 930-8027

Centering Prayer

Tuesdays, 6-7pm in the East Transept

Thursdays, Noon—1:00 in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

Easter Flower Donation

A nice way to give thanks or to remember loved ones.

Place your donation in the offering plate along with this form

(make check payable to

"Trinity Cathedral" with 'Easter Flowers' on the memo line)

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____