



# Trinity Episcopal Cathedral Announcements



*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 21

12Noon NA Meeting  
5:30pm T-ACT  
5:45pm Holy Eucharist

### TUESDAY 22

12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer  
**7:30pm Tenebrae Service**

### WEDNESDAY 23

9:00am Holy Eucharist  
10:00am Mom's, Tot's and Pop's  
12Noon NA Meeting  
7:00pm Cathedral Choir Rehearsal

### THURSDAY 24

12Noon NA Meeting  
12Noon Centering Prayer  
4:30pm Writing Group  
**5:00pm Family Maundy Thurs Liturgy**  
**7:30pm Maundy Thurs Eucharist**

### FRIDAY 25

9:00am Holy Eucharist  
12Noon NA Meeting  
**12Noon Good Friday Meditations**  
**7:30pm Good Friday Liturgy**

### SATURDAY 26

**9:00am Holy Saturday Liturgy**  
**9:00am Pancake Breakfast**  
**10:00am Children's Eggstravaganza**  
**7:30pm Easter Vigil**

### SUNDAY 27 EASTER SUNDAY

7:30am Holy Eucharist  
9:00am Holy Eucharist  
11:15am Holy Eucharist  
12:45pm Holy Eucharist

The Office will be Closed  
Monday, March 28  
in observance of  
Easter Monday

### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

### Lessons for March 27, 2016 Easter Sunday

Acts 10:34-43  
1 Corinthians 15:19-26  
John 20:1-18  
Psalm 118:1-2, 14-24

## TODAY @ TRINITY — MARCH 20, 2016

### Easter Flowers

The flower committee will be passing out forms today so that parishioners may make a memorial or thanksgiving donation for Easter flowers. **The deadline date for inclusion in the Easter services program is Monday, March 21.**

### Activities at 10:15am

### Newcomers' Group — Cathedral

**The group will Tour the Cathedral. ALL are welcome!**

If you have questions contact Randie Strike at randie.trinity@gmail.com or 916-446-2513.

### 30s/40s and Beyond — Conference Room

Today we will look at options for what we want to do for post Easter. a video series, the book *The Soul of Money* and other possible studies. Come join us in the conference room and have some input in to what we do for the Easter season!

Contact is Amy Dierlam - dnarock@pacbell.net

### This Week

### Holy Week at Trinity Cathedral

March 22: Solemn Office of Tenebrae Service - 7:30pm

March 24: Maundy Thursday Liturgy for Families and Children - 5:00pm

March 24: Maundy Thursday Eucharist with Foot Washing - 7:30pm

March 25: Good Friday Meditations: Noon - 3pm

March 25: Solemn Liturgy for Good Friday with music by the Cathedral Choir - 7:30pm

March 26: Holy Saturday Liturgy - 9:00am  
Pancake Breakfast - 9am to 10:30am.  
Children's Easter Eggstravaganza! - 10:00am

March 26: The Great Vigil of Easter - 7:30pm

March 27: Easter Sunday Services: 7:30am, 9am, 11:15am and 12:45pm

### Stations of the City on Good Friday

**Friday, March 25, Noon - 3:00pm**

The Rev. Kathy Hopner and Rev. Megan Anderson will lead a Stations of the City liturgy. This service blends elements of Stations of the Cross with elements of contemporary city living. Stations of the cross originated as a way in which Christians could take a sort of pilgrimage journey reflecting on the last moments of Jesus' life. This Good Friday we will share the story of Jesus' last hours while walking to sites in need of justice work such as River City Food Bank, the hospital, and the RT station. The Stations Journey will start with worship at the Cathedral at noon and will end back at the Cathedral before the main Good Friday vigil has concluded. **If you would like to offer a short reflection at one of our stops or would like to be involved in the stations in any other way, please let us know!** Questions? Contact megan@trinitycathedral.org

### The Great Vigil of Easter — Ring the Bells!

**Saturday, March 26 at 7:30pm**

Worshippers at the Great Vigil of Easter, are encouraged to bring with them any sort of hand-held bell they would like to ring as Church proclaims the Good News of the resurrection: Alleluia! Christ is Risen! The Lord is Risen indeed! Alleluia!

## A Calling for Stewardship

Our Stewardship Committee is seeking volunteers to serve on our committee for the coming year. If you are not familiar with Stewardship, here is a description:

Stewardship is about being grateful, responsible stewards of the gifts we receive from God. The tradition of giving back to God and to the church comes from the Biblical practice of "tithing," which means to give back a tenth of our earnings to God (Numbers 18:26). The Episcopal Church sees stewardship as more than simply contributing money to the church; it's also about contributing time and talents, and volunteering for ministry and mission. It's about reaching out to build relationships from a perspective of abundance instead of scarcity.

If you are interested in learning more and willing to help build relationships through education, planned giving and our annual appeal, please contact Rod Thomas at rthomas0604@gmail.com or call 502-558-2497.

## More Coming Up

### Lunch Bunch

**Begins on Thursday, April 7,**  
At noon in the Conference Room

Lunch Bunch will focus upon *Abundant Living: A Book Study on The Soul of Money*. We will look at this book and explore ways on how we can change our mindset from scarcity thinking to abundant thinking. Bring your lunch and bring a friend and we'll see you then!

Annual Women's Retreat will be April 29 – May 1 at Mercy Center, Auburn. The theme is *Finding Sanctuary: Anytime, Any Place, Any Where*. The cost is \$175.00. See Pastor Pamela if you need a scholarship. If you have any questions, please contact Pamela Anderson at Pamela@trinitycathedral.org. Come join the fun!

## Ongoing

### Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

### Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.

### Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

### Lunch Bunch – Thursdays, Noon

The group is taking an Easter break and will resume on April 7. Contact is Pastor Pamela—pamela@trinitycathedral.org

### Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

### Centering Prayer – East Transept

**Tues., 6-7pm; Thurs., Noon—1:00**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

## THURSDAY NIGHT AT THE CATHEDRAL

**Compline: Resumes March 31 at 6pm**

**Dinner: Resumes March 31 at 6:15pm**

**New Classes begin March 31 at 7pm**

**Dog Whistle Politics:** As a congregation, we just finished a series of "Sacred Conversations for Racial Justice." This had a tremendous impact on our community. As a continuation of this conversation, Deacon Steve Skiffington and Deacon Tina Campbell will lead a book study on Ian Haney López' book entitled *Dog Whistle Politics*. Dog-whistle politics is political messaging employing coded language that appears to mean one thing to the general population but has a different meaning for a targeted subgroup. The analogy is to a dog whistle, whose high-frequency whistle is heard by dogs but inaudible to humans. This class will discuss racist policies in American through the lens of code words.

**The Soul of Money:** Vaughn Wolff will lead a class on *The Soul of Money*. While we honor Lynn Twist's story by reading her book, *The Soul of Money*, the challenge is for each of us to affect our culture by making changes in our attitudes, beliefs, vocabulary and behavior. This can be less scary when we feel supported and then with each person discovering the Truth about our Source and our True Nature, the little changes we make become hallmarks, approved by no one else, but the Indwelling God. This will be an opportunity to dig deeper into our own beliefs and experiences, to break clouds of darkness of fear and lack, which ultimately mirrors how we act and react in our closest relationships. Come join Vaughn's class on Thursday nights at 7pm in the Cathedral Book Shop.

**The Soul of Money:** *The Soul of Money* is an enjoyable, inspiring book inviting us to live our lives with gratitude and a sense of sufficiency. We are constantly fed messages of scarcity and insufficiency. Lynn Twist uses moving stories from her life and her work to look at the power money has over our lives. While focusing on our relationship with money, this book is really inviting us to live all of our lives with more joy, gratitude and connection to one another. Pamela Anderson and team will be leading a book study on this in the Conference Room on Thursday evenings at 7pm.



### **Easter Flower Donation**

*A nice way to give thanks or to remember loved ones.*

Place your donation in the offering plate along with this form  
(make check payable to "Trinity Cathedral"  
with 'Easter Flowers' on the memo line)

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_

**March 21 is the deadline for inclusion in the Easter programs.**