



# Trinity Episcopal Cathedral Announcements

*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 23

12Noon NA Meeting  
5:45pm Holy Eucharist  
7:00pm Stephen Ministry—TC

### TUESDAY 24

12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer

### WEDNESDAY 25

9:00am Holy Eucharist  
10:00am Moms, Pops and Tots  
12Noon NA Meeting  
6:00pm Wednesday Community Dinner  
7:00pm Cathedral Choir Rehearsal

### THURSDAY 26

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
4:30pm Writing Group  
6:00pm Compline  
6:15pm Lenten Soup Supper  
7:00pm Celebration Choir Rehearsal

### FRIDAY 27

9:00am Holy Eucharist  
12Noon NA Meeting  
**7:30pm Stations of the Cross**

### SATURDAY 28

**5:00pm Seder Meal Potluck**

### SUNDAY 29 PALM SUNDAY

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am Sunday School  
10:15am Newcomer's Group  
10:15am 30/40's and Beyond  
11:15am Holy Eucharist  
12:45pm Holy Eucharist  
3:00pm Growing in Faith

The Office will be closed on  
Monday, March 30  
in observance of  
Cesar Chavez Day

### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

### Lessons for April 29, 2015

*Palm Sunday*

The Liturgy of the Palms  
Mark 11:1-11

The Liturgy of the Word  
Isaiah 50:4-9a  
Psalm 31:9-16  
Philippians 2:5-11  
Mark 15:1-47

## TODAY @ TRINITY—MARCH 22, 2015

### Easter Flowers

The flower committee will be passing out forms so that parishioners may make a memorial or thanksgiving donation for Easter flowers. **The deadline date for inclusion in the Easter services program is Monday, March 23.**

### Activities at 10:15am

#### Newcomers' Group — Room C

**A new group begins today with Introductions.**

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

#### 30/40's and Beyond — Conference Room

We will begin our small group discussion on Matthew Fox's book, *Original Blessing*...no need to read the book. ALL ages welcome! Contact: Amy Dierlam at dnarock@pacbell.net

#### Parenting Matters: Teens — Assembly Area

Please join the Rev. Kathy Hopner on the third Sunday of each month during the Sunday School hour to explore together the issues **parents and grandparents of teens and young adults face today.**

#### Help Make Palm Crosses—Great Hall

Join us in the Great Hall during coffee hour to help make Palm Crosses. Palm fronds, instructions, and lots of laughter.

### Later Today

#### Integrity Meeting

**Sunday, March 22, at 1 pm in Room J**

Key topic will be preparing for Sacramento Pride which is on Saturday, June 6. Any questions please contact Rod Thomas at rthomas0604@gmail.com or 502-558-2497.

#### Meditation Practice and Spiritual Practice Conversation

Exploring the Body, Mind, Spirit Connection  
Join Rev. Megan Anderson and Rev. Kathy Hopner for a weekly gathering with simple meditation practice and conversation on spiritual practice on **Sundays at 5pm in the Assembly Area.**

### This Week

#### Seder Meal Potluck

**Saturday, March 28 at 5:00pm**

All are welcome to the annual Seder Meal Potluck.  
Contact Yolanda (916-613-9159) for details.

#### Hosts Needed

The Hospitality Committee is in need of reception coordinators and hosts for the **Easter Vigil on April 4** (eve) and **Ordinations on April 25** (mid-day). Able to help? Email or call Georgianna Pfof for more info at dugongs@sbcglobal.net or (916) 266-1802.

#### Softball Players Wanted:

Looking for male and female players to play for the Trinity Spirits in the Greater Sacramento Interfaith Softball League. The co-ed team will play each Tuesday evening - games can start anytime between 6 and 9 - at Grant Park in midtown. Opening day is April 14th and the season will last approx. 10 weeks. The cost will be approximately \$45/individual or \$75/couple. Some softball/baseball experience and a general fitness level is required. Please contact Doug Dierlam at 916-446-3961 or dnarock@pacbell.net by March 29th if interested.

## Holy Week at Trinity Cathedral

March 29: Palm Sunday Services: 7:30am, 9am, 11:15am, 12:45pm

March 29: Palm Sunday Interfaith Service at Sutter's Fort 8am.

March 31: Solemn Office of Tenebrae Service - 7:30pm

April 2: Maundy Thursday Liturgy for Families and Children - 4:30pm

April 2: Maundy Thursday Eucharist with foot washing - 7:30pm

April 3: Good Friday Meditations: Noon - 3pm

April 3: Solemn Liturgy for Good Friday with music by The Cathedral Choir - 7:30pm

April 4: Holy Saturday Liturgy - 9am. Pancake Breakfast 9am - 10:30am. Children's Easter Eggstravaganza! - 10:00 am

April 4: The Great Vigil of Easter - 7:30pm

April 5: Easter Sunday Services 7:30am, 9am, 11:15am and 12:45pm

## Stations of the City on Good Friday

### **Friday, April 3**

The Rev. Kathy Hopner and Rev. Megan Anderson will lead a Stations of the City liturgy. This service blends elements of Stations of the Cross with elements of contemporary city living. Stations of the cross originated as a way in which Christians could take a sort of pilgrimage journey reflecting on the last moments of Jesus' life. This Good Friday we will share the story of Jesus' last hours while walking to sites in need of justice work such as River City, the hospital, and the RT station. The Stations Journey will start with worship at the Cathedral at noon and will end back at the Cathedral before the main Good Friday vigil has concluded. If you would like to offer a short reflection at one of our stops or would like to be involved in the stations in any other way, please let us know!

Questions? Contact [megan@trinitycathedral.org](mailto:megan@trinitycathedral.org)

## **Coming Up**

### **Kathrin Burleson Book Signing**

**Tuesday, March 31st; 6-7:00 p.m.**

Artist and writer Kathrin Burleson released her new book *The Soul's Journey: An Artist's Approach to the Stations of the Cross* in November 2014, which features Kathrin's paintings and reflections on her creative process and spiritual journey. Bishop Barry Beisner will join Kathrin for a special book signing event at the Cathedral Bookshop on Tuesday, March 31 from 6-7:00 p.m.

### **Easter Preparation**

**Saturday, April 4 at 9:00am** - Come and help us prepare the church for the Great Easter Vigil and Easter Day. Enjoy a Pancake Breakfast and then join us for Holy Saturday Liturgy at 9am

### **TREE's 9th Annual Earth Day Fair**

**Sunday, April 19th**, in the patio  
8.30 am to 12.30 pm.

Tomato plants, environmental displays,  
information

### **Save the Date!**

**Friday, May 8 at 7:00pm**

Special Music at 6:30pm

Tickets are \$12 in the Bookshop

Bishop Yvette Flunder is the Senior Pastor of City of Refuge United Church of Christ in Oakland, CA, a regular speaker on the "Living the Questions" series and the author of "Where the Edge Gathers: A Theology and Homiletic on Radical Inclusion." Bishop Flunder is a prophetic voice for those who are marginalized in the church and that the radical inclusivity of Jesus leaves NO ONE behind.

## **THURSDAY NIGHT AT THE CATHEDRAL**

**6:00pm—Compline**

**6:15pm—Soup Supper (\$5)**

**7:00pm—Small Groups**

There are several small groups that folks can sign up for on this evening. If you would like to see the groups that are offered, other than Thursday evenings, you can go to the church website ([trinitycathedral.org](http://trinitycathedral.org)) or look at the small group sign-up book located in the church office.

### **Trinity Name Tags**

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

## **CATHEDRAL BOOKSHOP**

**Enjoy your journey through Lent with pamphlets and books from the Bookshop**

Store hours are:

Tu-Th:11:00am - 5:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or  
[bookshop3@gmail.com](mailto:bookshop3@gmail.com)

## **Ongoing**

**Lunch Bunch** – Thursdays, Noon

Contact is Pastor Pamela—[pamela@trinitycathedral.org](mailto:pamela@trinitycathedral.org)

**Writing Group** – Thursdays, 4:30pm

Anyone who would like to write in an informal setting is welcome. Writing prompts are offered, we write, then share our writing or not. Contact: June Gillam - [jgillam@wavecable.com](mailto:jgillam@wavecable.com).

**Trinity Men's Group Breakfast**

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - [chris@sanft.org](mailto:chris@sanft.org)

**Episcopal Youth Fellowship**

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027

**Centering Prayer** – East Transept

**Tues., 6-7pm; Thurs., Noon—1:00**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at [nancy.c.earl@gmail.com](mailto:nancy.c.earl@gmail.com)

## **Easter Flower Donation**

*A nice way to give thanks or to remember loved ones.*

**Place your donation in the offering plate along with this form**

(make check payable to "Trinity Cathedral"  
with 'Easter Flowers' on the memo line)

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_

**March 23 is the deadline** for inclusion in the Easter programs.