Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 31
12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry – TC

TUESDAY APRIL 1
12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:00pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 2
9:00am Holy Eucharist
10:00am Moms, Pops and Tots
10:30am Family Caregiver Support Group
12Noon NA Meeting
6:00pm Executive Committee
6:00pm Wednesday Community Dinner
7:00pm Handbell Choir Rehearsal
7:00pm Cathedral Choir Rehearsal

THURSDAY 3
12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Candlelight Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 4
9:00am Holy Eucharist
12Noon NA Meeting
7:30pm Stations of the Cross

SATURDAY 5

SUNDAY 6 LIBRARY OPEN
FAMILY PROMISE WEEK BEGINS
7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am 30/40's and Beyond
10:15am Newcomers Group
10:15am *The Jesus I Never Knew*
10:15am Dean Baker on Forgiveness
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:45pm Holy Eucharist
3:00pm Growing in Faith

Giving Blood?

Blood Source has a Trinity Cathedral account. Please donate to our account.

Pastoral Emergencies:
Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for April 6, 2014
The Fifth Sunday of Lent

Ezekiel 37:1-14
Romans 8:6-11
John 11:1-45
Psalm 130

TODAY @ TRINITY—MARCH 30, 2014

Activities at 10:15am

The Jesus I Never Knew — Room A

The Jesus I Never Knew by Philip Yancey
Facilitator: The Rev. Dr. George (Bud) Swank

Phillip Yancey offers a new and different perspective on the life of Christ and his work—his teaching, his miracles, his death and resurrection—and ultimately who he was and why he came.

Newcomers' Group — Room C

The group will discuss Living with Change.

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

30/40s and Beyond — Conference Room

The group will be watching the video series of Society of Saint John the Evangelist's Lenten Series - *LoveLife* and discussing the content. The series can be seen on www.ssje.org/lovelife. Join us in the Conference Room from 10:15-11:10am. All ages are welcome!

Contact is Amy Dierlam—dnarock@pacbell.net

Next Sunday

California International Marathon

Sunday, April 6, 8-10:30am

Trinity will be slightly affected by road closures, especially on 26th and N Street. See www.sactown10.org for more information.

Dean Baker on Forgiveness

10:20am in the Assembly Area

This will be the last Sunday presentation in this series. It will be repeated on Thursday, April 10, at 7:00pm in the Assembly Area.

Palm Crosses for Palm Sunday

Join us on **Sunday, April 6th** in the Great Hall during coffee hour to help make crosses. There will be palm fronds, instructions and lot of laughter. Make one, or make many!

Questions? Ask Sue Clark.

Family Promise Hosting — April 6-13

We still need volunteers! A big thank you to all that have volunteered their time and talent for our next hosting of Family Promise. The sign up board in the hall by the bookshop is filling nicely!! Among our remaining needs are people to come and "interact" with the children and just be friendly non-judgmental faces for our families to meet. Parents, you can bring your children to participate!! The time commitment is from 5:30pm-8:00pm on the night you volunteer. And, as an added bonus, you will be invited to the dinner being served. Come and see what this wonderful Ministry is all about. Any questions: contact lylegramling@gmail.com

CATHEDRAL BOOKSHOP

Visit the Bookshop for Easter Cards and Books; Confirmation and Baptism Items

Store hours are: Tu-Th:11:00am - 5:00pm;
Fri: 10:00am - 2:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Coming Up

The Trinity Spirits Softball Team

The Spirits begin spring training on Tues, April 1, 6:30pm at Cal Middle School.

Newcomers are always welcome, so if you enjoy softball and a fun team spirit, come to our first practice. We'll be on the west field (closest to Land Park Drive. Bring your glove and have some fun!

Questions? Contact Doug at dnarock@pacbell.net.

It's a great group and a wonderful league. Join in, or come out and root for us during the season! Go Spirits!

Holy Week Services at Trinity Cathedral

Sunday, April 13: Palm Sunday Services at 7:30am, 9:00am, 11:15am and 12:45pm

Tuesday, April 15: Tenebrae Service at 7:30 pm

Thursday, April 17: Maundy Thursday Eucharist with footwashing 7:30 pm.

Friday, April 18: Good Friday Meditations - Noon to 3:00pm; Solemn Liturgy with music at 7:30pm

Saturday, April 19: Holy Saturday Service at 9:00 am; Easter Vigil at 7:30 pm

Sunday, April 20: Easter Sunday Services at 7:30am, 9:00am, 11:15am and 12:45pm

The Easter Bunny needs your help!

We need filled plastic Easter eggs for our annual Easter egg hunt. Please bring 10 – 12 plastic eggs filled with a piece of candy to church on the Sundays before Friday, April 18th, or drop them off at the church office. We have bags of empty eggs in the back of the church and in the Great Hall – please take a bag of eggs and bring them back filled. If you'd like to "recycle" your plastic eggs after Easter – bring them to church and we'll use them next year.

Floyd School

Clothes Closet

We need donations of gently used children's clothing. We take all sizes - Infant thru size 16. Please deposit donations in the two bins at the top of the stairs.

Ongoing

Lunch Bunch—Thursdays at Noon

Canon Walker is facilitating a study of the book *Radical Forgiveness* by Brian Zahnd (available in the Cathedral Bookstore.) We meet in the Assembly Area.

Writing Group—Thursdays at 4:30pm

Do you like to write? If so, please drop in and see what our group is up to. **We meet Thursdays 4:30-6:00 in the Conference Room.** We write to a prompt for about 20 minutes, and then listen to each other share aloud, if the spirit moves. Feedback is always positive and uplifting. If you have questions, please contact June Gillam, jgillam@wavecable.com.

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hopner at 930-8027

Centering Prayer

Tuesdays, 6-7pm in the East Transept
Thursdays, Noon—1:00 in the East Transept
Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

Thursday Night at the Cathedral

Thursday, April 3, 2014

Candlelight Compline—6:00pm

Dinner—6:15pm ($7 donation)

Classes—7:00 to 8:30pm

CLASSES FOR EPIPHANY 2/Lent

Classes through April 3rd

(Classes will not meet on or April 10th so participants can attend Dean Baker's class on *Forgiveness* held in the Assembly Area)

Book Study: Radical Forgiveness: God's Call to Unconditional Love by Brian Zahnd
Rev. Anne Arthur and Canon Walker, Facilitators
Recover the true beauty of Christianity as found in forgiveness. If Christianity is to be a compelling and relevant voice in the 21st century, it needs a return to its roots. Beginning with the horror of the Holocaust, Radical Forgiveness explores what forgiveness means – and how far it should go – in the real world of human suffering. Class meets in the Conference Room.

Book Study: The Gnostic Gospels by Elaine Pagel
Susan Hotchkiss, Facilitator
Elaine Pagels book gives a clear, readable and effective introduction to the gnostic tradition within the early church. These early writings, defined as heretical by the second century, were a challenge to early orthodoxy. Class meets in the Cathedral Bookshop.

Book Study: *The Meaning of Mary Magdalene: Discovering the Woman at the Heart of Christianity* by Cynthia Bourgeault -*Rev Kathy Hopner, Facilitator*
Mary Magdalene is one of the most influential symbols in the history of Christianity-yet, if you look in the Bible, you'll find only a handful of verses that speak of her. How did she become such a compelling saint in the face of such paltry evidence? In her effort to answer that question, Cynthia Bourgeault examines the Bible, church tradition, art, legend, and newly discovered texts to see what's there. Class meets in Room J.

2014 Book of Common Prayer and Bible Challenge —*Rhonda Canby, Facilitator*
This second "Bible Challenge" from +Bishop Beisner invites participants to read a chapter from the New Testament, a Psalm, and a prayer from the BCP each day ending December 30. The Bible Challenge's goal is to re-acquaint us with scripture and our Prayer Book as part of our own spiritual journey. Class meets in Room F.

Easter Flower Donation

A nice way to give thanks or to remember loved ones.

Place your donation in the offering plate along with this form
(make check payable to "Trinity Cathedral"
with 'Easter Flowers' on the memo line)

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____

April 14 is the deadline for inclusion in the Easter programs.