



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY APRIL 1 OFFICE CLOSED

5:45pm Holy Eucharist

TUESDAY 2

12Noon NA Meeting

12:10pm Holy Eucharist

5:00pm Prayer/Pastoral Care Meeting

6:00pm Centering Prayer

6:00pm Ministry Team/Newcomer Potluck

7:00pm Ministry Team Meetings

WEDNESDAY 3

9:00am Holy Eucharist

10:00am Moms, Pops and Tots

12Noon NA Meeting

6:00pm Wednesday Community Dinner

THURSDAY 4

12Noon NA Meeting

12Noon Centering Prayer

12Noon Lunch Bunch

4:30pm Writing Group

7:00pm TNAC Classes

FRIDAY 5

9:00am Holy Eucharist

12Noon NA Meeting

SATURDAY 6

5:10pm Holy Eucharist

SUNDAY 7 LIBRARY OPEN

7:30am Holy Eucharist

9:00am Holy Eucharist

10:15am 30/40's and Beyond

10:15am Newcomer Group

11:15am Holy Eucharist

11:15am Choristers Rehearsal

12:45am Holy Eucharist

4:00pm Growing in Faith

Pastoral Emergencies:

Call the office: 446-2513

Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking for people with disabilities is provided on Sundays. Enter on Trinity Cathedral Lane and park behind the Great Hall.

Lessons for April 7, 2013

The Second Sunday of Easter

Acts 5:27-32
Psalm 118:14-29
Revelation 1:4-8
John 20:19-31

TODAY @ TRINITY—MARCH 31, 2013

Join us for Easter Breakfast
in the Great Hall
following all of today's services.

Resurrecting Alleluia

Today after the 9:00 service be sure to come to the patio to dig up Alleluia. We will bring the Alleluia Banner into the Great Hall to display.

**The Office is Closed on
On Monday, April 1.**

People Preparing for Pentecost 50 Ways to Love your Leaver-

A reflection on the life of our Lord from end to beginning
Presented by Morey Lloyd in Classroom A on Sundays at 10:30am

April 14 Cross Words from Jesus - Words Spoken in the NOW!
Often the last words of the dying will speak what has been stored up for a life time

April 21 Christ Is Outstanding in His Field - Linguistic Resurrection
What we do and who we are is manifested by how we stand

April 28 First Last Words of the Rising Lord—Let Bygones Be By-gones
Hearing the last Judgment for the first time - "Peace be to you"

May 5 Pentecost is Perplexing - Drunk with Joy
How often do we find that what we say, do & mean to say and do needs interpretation?

Foyer Groups are taking a break for April, May, June, July, August & September. We are thinking of starting an activities group such as movies, biking, dancing or whatever people would like to do.

Please send feedback to: carolynconrad1@yahoo.com Please send an email with your ideas and we will see if there is interest. Thank you in advance for your input.

Back Snack Project

Our Floyd School Back Snack project is out of some foods please bring the following if you possibly can. We have about 10 more weeks to help the children until school is out. Please put any of the following foods in the barrel by the stairs in the Cathedral house.

- Tuna,
- Peanut butter,
- Fruit cups
- Granola bars.

CATHEDRAL BOOKSHOP

New Jewelry Collection by James Bean

Regular store hours are:
Tu-Th:11:00am - 5:00pm
Fri. 11:00am - 2:00pm
Sun, 8:30am - 1:00pm
Contact us at 916-442-9194

Thursday Night at the Cathedral

On Thursday, April 4

Candlelight Compline at 6:00pm

Dinner at 6:15pm—Chef Randy Cheek is BBQing

Classes at 7:00pm:

In the Assembly Area: Dean Baker will facilitate a class on the **Bible Challenge Old Testament readings for April.**

The Bible Challenge discussion group facilitated by Rhonda Canby and Randy Knutson and Canon Walker's class will join the Old Testament class.

In Room A: Trinity Roots—Hear Trinity parishioners share their historical, cultural and ethnic backgrounds. Facilitator: Kevin Sanders.

April 4: Ralph Bonds will present on his family history in Texas, saddle making, leather work and the Spanish and Mexican influence on family history.

April 11: Shireen Miles will discuss "How my Hometown Came to be Named after my Maternal Great Grandma: A Peek into the History of Northern California and the Life of Susan Engels Roop, a Gutsy Young Pioneer Woman".

TNAC Spring Classes 2013

Classes Meet on Thursday Evenings from 7 to 8:30 p.m.

Beginning April 11

The Episcopal Church Welcomes You: The Rev. Anne McKeever in the Conference Room

Everyone interested in the Episcopal Church is invited to learn about our history, faith, traditions and quirks. Recommended books: ***Your Faith, Your Life: An Invitation to the Episcopal Church*** by Jenifer Gambler and Bill Lewis, and ***The Episcopal Handbook*** from Morehouse Publishing, both available in the Trinity Bookshop. A few copies of each book will be available to borrow from Rev. Anne. Please contact her at amckeeper@wavecable.com to reserve a book.

Emmet Fox and New Thought: Vaughn Wolff in the Trinity Bookshop

Continuing with the writings of Emmet Fox, we will now explore scripture as a guide to heal the soul using prayer as treatment along with our ability to choose and create new thoughts. Understanding the underlying spiritual principles on our journey brings us to practical and effective demonstrations of God's great goodness to ourselves and the environment we live in. When we finish with Fox's ***Power of Constructive Thinking***, we will take up his book, ***The Sermon on the Mount***. These books are available for sale in the Trinity Bookshop. Newcomers are welcome.

Understanding How We Worship: Canon Lynell Walker in Classroom I

Continuing our discussions of ***Liturgical Life Principles: How Episcopal Worship Can Lead to Healthy and Authentic Living*** by Dr. Ian S. Markham, we will explore connections between Episcopal liturgy and our lives. The book is available in the Trinity Bookshop. Newcomers are welcome.

The Bible Challenge TNAC Discussion Group: Rhonda Canby and Randy Knutson in the Assembly Area
Bring your Bible and discuss the readings for the week. Newcomers are always welcome.

Dean Baker Presents the Old Testament: Assembly Area, first Thursday of each month: April 4, May 2, June 4, July 11. Come learn about the books of the Old Testament we're reading for the Bible Challenge as we ponder: Who is God? All are welcome. Most Thursday evening classes attend this presentation once a month.

Ongoing

Lunch Bunch

Thursdays, noon to 1:30pm in the Assembly Area

Please bring your Bible for our discussion of the Bible Challenge readings. Contact is Rev. Anne—amckeeper@wavecable.com

Writing Group

Thursdays, 4:30 to 6 p.m. in the Conference Room

Everyone is welcome to join us. We will write to a prompt and share what we choose of our writing with the group. Contact is Rev. Anne at amckeeper@wavecable.com.

Centering Prayer

**Tuesdays, 6-7pm in the East Transept
Thursdays, Noon - 1pm in the East Transept**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

Trinity Name Tags

If you need or would like a name tag, they can be ordered at the Welcome Center for \$2.00 each. Name tags help us all to get to know each other. It is helpful for Newcomers and visitors if we all wear our name tag.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____