



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 3

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry - ALL

TUESDAY 4

10:00am Psalms Small Group
12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:30pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 5

10:00am Moms, Tots and Pops
12Noon NA Meeting
12:10pm Holy Eucharist
7:00pm Cathedral Choir Rehearsal

THURSDAY 6

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
3:00pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Class/Small Groups
7:15pm Celebration Choir Rehearsal

FRIDAY 7

9:00am Holy Eucharist
12Noon NA Meeting
6:00pm Stations of the Cross

SATURDAY 8

9:00am Trinity Men's Breakfast
10:00am Women's Potluck Brunch
5:00pm Canon Carey's Requiem Eucharist

SUNDAY 9 PALM SUNDAY

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Knitting/Crocheting Group
10:15am Sunday School
10:15am Adult Study
10:15am Spiritual Journey Group
10:15am Newcomer's Group
11:15am Holy Eucharist
12:45pm Holy Eucharist
2:00pm Yoga in the Cathedral
3:30pm Journey with Jesus



Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for April 9, 2017

Palm Sunday

Ezekiel 37:1-14
Romans 8:6-11
John 11:1-45
Psalm 130

TODAY @ TRINITY – APRIL 2, 2017

Healing at all services

First Sunday Family Service

at 9:00am in the Great Hall

We'll get ready for the wonder and mystery of Easter in our worship and with our arts and crafts after the service – we'll even make a little garden for the empty tomb!

Activities at 10:15am

Making Palm Crosses - Great Hall

Help us make Palm Crosses for Palm Sunday. There will be a Table set up in the Great Hall with palms, directions, and treats. Make new friends, talk, laugh and enjoy. Make one, make a few. Great fun is had by all. Questions? Ask Sue Clark.

Newcomers' Group - Room C

The group will watch and discuss a video.

Contact is Randie Strike: randie.trinity@gmail.com;916-446-2513

Sunday Adult Study - Room A

The preacher for the day will lead a discussion on the Baptismal Covenant question that was preached in the sermon.

TODAY: Will you strive for justice and peace among all people, and respect the dignity of every human being?

Spiritual Journey Group - Conference Room

We continue our Lenten Small Group. We are part of the larger congregational practice for Lent - addressing the Rule of Life.

Contact is Amy Dierlam - dnarock@pacbell.net

Episcopal Youth Fellowship - Assembly Area

Veterans' Stories: Today we will interview and video one of Trinity's veterans.

Later Today

Free Yoga - Cathedral

Today at 2pm

The classes will be accessible to a variety of levels, ages, and abilities. Free will cash donations accepted to support the wonderful Solefire Yoga Instructors partnering with us to make this offering possible. If you have questions, contact Rev. Megan: Megan@trinitycathedral.org

Potluck Dinner Church Presents:

Homecoming Your Lenten Journey

TODAY at 5:00pm

Come join everyone in the Cathedral Kitchen as we prepare a meal together. Reflect and pray in community about our wanderings from God, and what beckons us back home. For dinner, bring a vegetable to add to the soup.

Last Sunday to purchase Raffle Tickets!

Come and support the youth group! Tickets are \$10 each. Grand Prize is \$2,000, 1st prize is a \$250.00 Nugget gift certificate, 2nd prize is a table top grill, and the third prize is a \$100.00 Toys-R-Us gift card.

Can you help with our Easter Egg hunt?

The Easter Bunny needs some help! We need adults and junior/senior high youth to help with our Eggstravaganza on Saturday, April 15th from 10:00 a.m. till noon. Egg hidiers, craft and game assistants, and safety monitors – just to make sure no one wanders out of bounds – would be so appreciated! Please let Rev. Kathy Hopner know if you are available 916-930-8027 or khopner@trinitycathedral.org

This Week

The Psalms Group

Will meet on Tuesday April 4 to finish up our study. We will not meet during Holy Week but will be back on Tuesday April 18 at 10:00am in the Conference room to begin reading the Prayers and Thanksgivings which start on page 810 of the Book of Common Prayer. All are welcome. Any questions please contact Susan Hotchkiss susan_hotchkiss1@hotmail.com.

Women's Fellowship Potluck Brunch

Saturday, April 8, 10:00am, Assembly Area

It is almost too cliché to say, but children and families are our future as a parish and as a faith, and Rev. Kathy Hopner, Director of Family Ministries will give us a short talk on her goals for this program as a whole and how we can be involved, or more involved in this ministry.

Easter for Children and Families!

Palm Sunday, April 9th: Join us as we explore Holy Week in Children's Chapel and Sunday School.

Maundy Thursday Service, April 13th at 5:30 p.m.:

This service, interactive and designed for children and families, explores the story of the last supper Jesus shared with his friends, the footwashing, and the stripping of the altar and sanctuary, leaving it bare of decoration in preparation for Good Friday. Everyone is welcome to join us!

Friday, April 14th: Stations of the City: 12 noon until 2:00. Please join Rev. Megan and I for a prayer filled walk around Mid-town Sacramento, which begins in the Cathedral at noon. This service blends elements of Stations of the Cross with contemporary justice issues, such as hunger and housing. We'll stop at various nearby locations for a prayer and brief reflection.

Saturday, April 15th Easter Eggstravaganza at 10:00 a.m. We'll explore and enjoy a powerful Easter symbol – eggs! Our *Eggstravaganza* will include arts and crafts, egg dying, activities, and end with an amazing Easter egg hunt – please join us!

Easter Sunday, April 16th: We won't have Sunday School, but we will have Children's Chapel at the 9:00 and 11:15 services, and a wonderful Easter brunch for everyone after all services!

Ongoing

Traveling Bible Study and Spirituality Group

Trinity young adults (20s-30s) meet twice a month on Sunday afternoons for lunch, fellowship, and bible study around town. To join the email list, email Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in Room F. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 3pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every Sunday **during the school year** at 10:15am. Contact: Rev. Kathy Hopner at 930-8027

THURSDAY NIGHT AT THE CATHEDRAL

6:00 pm - Compline

6:15pm - Dinner

7:00pm - Class

We explore the Baptismal Covenant during this season of Lent. The Baptismal Covenant is comprised of the creed and five questions. For each question, we will have a plenary session with a speaker for the first hour and then we will break into small groups to go even deeper.

Here is the schedule:

- **April 6:** Will you strive for justice and peace among all people, and respect the dignity of every human being? Speaker: Joy Johnson, Sacramento Area Congregations Together (ACT)

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:

The Rev. Dr. Pamela Anderson:

Pamela@trinitycathedral.org or 916/446-2513

Holy Week at Trinity Cathedral

April 9: Palm Sunday Services: 7:30am, 9am, 11:15am, 12:45pm

April 11: Solemn Office of Tenebrae Service - 7:30pm

April 13: Maundy Thursday Liturgy for Families and Children – 5:30pm

April 13: Maundy Thursday Eucharist with foot washing – 7:30pm

April 14: Good Friday Meditations: Noon – 3pm

April 14: Solemn Liturgy for Good Friday with music by The Cathedral Choir – 7:30pm

April 15: Holy Saturday Liturgy – 9am; Pancake Breakfast 9am – 10:30am; Children's Easter Eggstravaganza! - 10:00 am

April 15: The Great Vigil of Easter - 7:30pm

April 16: Easter Sunday Services 7:30am, 9am, 11:15am and 12:45pm

Easter Flower Donation

A nice way to give thanks or to remember loved ones.

Place this form with check in the offering plate or

send your request and contribution (**make check payable to**

"Trinity Cathedral" with 'Easter Flowers' on the memo line) to:

Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Deadline is April 10 for inclusion in the Easter programs.

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____