

# Trinity Episcopal Cathedral Announcements

*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 4

12Noon NA Meeting  
5:45pm Holy Eucharist  
7:00pm Stephen Ministry—ALL

### TUESDAY 5

12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer  
6:00pm Ministry Team Dinner  
7:00pm Ministry Team Meetings

### WEDNESDAY 6

9:00am Holy Eucharist  
10:00am Moms, Pops and Tots  
12Noon NA Meeting

### THURSDAY 7

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
4:30pm Writing Group  
6:00pm Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes

### FRIDAY 8

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 9

9:00am Men's Breakfast

### SUNDAY 10

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am Crochet/Knitting Group  
10:15am *The Soul of Money*  
10:15am Sunday School  
10:15am Newcomer's Group  
10:15am 30/40's and Beyond  
11:15am Holy Eucharist  
12:45pm Holy Eucharist

### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

## TODAY @ TRINITY—APRIL 3, 2016

### Activities at 10:15am

### Newcomers' Group – Room C

**A new group begins today with Introductions.**

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

### 30/40's and Beyond – Conference Room

We will be embarking on a new DVD series for the Easter Season- the *Discovery Series: A Christian Journey* put on by the Episcopal church and offered through Forward Movement. It is a 4 DVD series on different aspects of the Episcopal Faith, Church, History and worship.

This Sunday we will watch two segments on: The Roots of Ministry and Episcopal worship.

**ALL ages welcome!** Contact: Amy Dierlam at dnarock@pacbell.net

### Veterans Meeting – Room A

**Attention all Veterans!** Bring your coffee and munchies and join us.

## This Week

### Lunch Bunch

**Begins on Thursday, April 7,**

At noon in the Conference Room

Lunch Bunch will focus upon *Abundant Living: A Book Study on The Soul of Money*. We will look at this book and explore ways on how we can change our mindset from scarcity thinking to abundant thinking. Bring your lunch and bring a friend and we'll see you then!

## Next Sunday

### INSTRUCTED EUCHARIST

**Sunday, April 10 at 3:00pm**

Next Sunday there will be an "instructed Eucharist" at 3:00 PM. An instructed Eucharist includes commentary that explains the actions and theology of the Mass while we celebrate the Mass. If you have questions about what we do on Sunday mornings and/or why we do what we do, please join us. Rev. Diana Turner will preside and Jerry Paré will add the commentary. For more information, contact Jerry Paré (jpare@trinitycathedral.org).

### Crochet / Knitting Group

**Sunday, April 10 at 10:15am in the Great Hall**

Please join us for a crochet/knitting gathering. They will help people who want to learn to crochet and/or knit.

**CATHEDRAL BOOKSHOP**  
**Copies of *The Soul of Money* are in stock**

Store hours are:  
 Tu-Th: 11:00am - 5:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or  
 bookshop3@gmail.com

**More Coming Up**

**Annual Women's Retreat** will be April 29 – May 1 at Mercy Center, Auburn. The theme is *Finding Sanctuary: Anytime, Any Place, Any Where*. The cost is \$175.00. See Pastor Pamela if you need a scholarship. If you have any questions, please contact Pamela Anderson at Pamela@trinitycathedral.org. Come join the fun!

**Ongoing**

- Veterans Swapping Stories**  
 The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.
- Trinity Men's Group Breakfast**  
 2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org
- Lunch Bunch** – Thursdays, Noon  
 The group is taking an Easter break and will resume on April 7. Contact is Pastor Pamela—pamela@trinitycathedral.org
- Writing Group** – Thursdays, 4:30pm  
 Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com
- Centering Prayer** – East Transept  
**Tues., 6-7pm; Thurs., Noon—1:00**  
 Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

**THURSDAY NIGHT AT THE CATHEDRAL**

**Compline: 6pm**  
**Dinner: 6:15pm**  
**Classes: 7pm**

**Dog Whistle Politics:** As a congregation, we just finished a series of "Sacred Conversations for Racial Justice." This had a tremendous impact on our community. As a continuation of this conversation, Deacon Steve Skiffington and Deacon Tina Campbell will lead a book study on Ian Haney López' book entitled *Dog Whistle Politics*. Dog-whistle politics is political messaging employing coded language that appears to mean one thing to the general population but has a different meaning for a targeted subgroup. The analogy is to a dog whistle, whose high-frequency whistle is heard by dogs but inaudible to humans. This class will discuss racist policies in American through the lens of code words.

**The Soul of Money:** Vaughn Wolff will lead a class on *The Soul of Money*. While we honor Lynn Twist's story by reading her book, *The Soul of Money*, the challenge is for each of us to affect our culture by making changes in our attitudes, beliefs, vocabulary and behavior. This can be less scary when we feel supported and then with each person discovering the Truth about our Source and our True Nature, the little changes we make become hallmarks, approved by no one else, but the Indwelling God. This will be an opportunity to dig deeper into our own beliefs and experiences, to break clouds of darkness of fear and lack, which ultimately mirrors how we act and react in our closest relationships. Come join Vaughn's class on Thursday nights at 7pm in the Cathedral Book Shop.

**The Soul of Money:** *The Soul of Money* is an enjoyable, inspiring book inviting us to live our lives with gratitude and a sense of sufficiency. We are constantly fed messages of scarcity and insufficiency. Lynn Twist uses moving stories from her life and her work to look at the power money has over our lives. While focusing on our relationship with money, this book is really inviting us to live all of our lives with more joy, gratitude and connection to one another. Pamela Anderson and team will be leading a book study on this in the Conference Room on Thursday evenings at 7pm.

**Cathedral Flower Donation**

**A nice way to give thanks or to remember loved ones.**

Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:  
 Trinity Cathedral Flowers, 2620 Capitol Ave,  
 Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested \_\_\_\_\_ (allow 3 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_