



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 18

12Noon NA Meeting
5:30pm T-ACT
5:45pm Holy Eucharist
7:00pm Stephen Ministry—ALL
7:00pm Mama Dragon Story Project

TUESDAY 19

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:30pm Vestry Meeting

WEDNESDAY 20

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting
7:00pm Cathedral Choir Rehearsal

THURSDAY 21

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:15pm Celebration Choir Rehearsal

FRIDAY 22

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 23

11:00am Donald W. Brown Memorial Service

SUNDAY 24 EARTH DAY FAIR

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am *The Soul of Money*
10:15am Sunday School
10:15am Newcomer's Group
10:15am 30/40's and Beyond
11:15am Holy Eucharist
12:45pm Holy Eucharist
4:30pm The Stations of Light

Dinner Church Presents:
The Stations of Light
A service of artful reflection
with dinner provided
Sunday April 24th at 4:30pm in the
Assembly Area

Pastoral Emergencies:
Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for April 24, 2016
Fifth Sunday of Easter

Acts 11:1-18
Revelation 21:1-6
John 13:31-35
Psalm 148

TODAY @ TRINITY — APRIL 17, 2016

The Reverend Will Scott, Program Director for California Interfaith Power and Light, will preach at the 7:30am, 9:00am and 11:15am services today.

Activities at 10:15am

30/40's and Beyond — Conference Room

We will be watching a DVD series for the Easter Season—the *Discovery Series: A Christian Journey* put on by the Episcopal church and offered through Forward Movement. It is a 4 DVD series on different aspects of the Episcopal Faith, Church, History and worship.

ALL ages welcome! Contact: Amy Dierlam at dnarock@pacbell.net

Newcomers' Group — Room C

The group will discuss Living with Change.

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

Book Study with Dean Baker — Assembly Area

The Soul of Money is an enjoyable, inspiring book inviting us to live our lives with gratitude and a sense of sufficiency. We are constantly fed messages of scarcity and insufficiency. Lynn Twist uses moving stories from her life and her work to look at the power money has over our lives. While focusing on our relationship with money, this book is really inviting us to live all of our lives with more joy, gratitude and connection to one another. — *Dean Baker*

Later Today

NorCal Aids Cycle Benefit Organ Concert

TODAY at 4:00 pm

Join Canon David Link for his Fourth Annual benefit organ concert for NorCal AIDS Cycle. To raise funds for NCAC, Canon Link will be working both the organ pedals and the bicycle pedals! The concert is played on the Cathedral's twenty-nine rank Reuter Pipe organ, which has recently undergone a thorough restoration and enlargement. The antiphonal "Processional" division has just been completed by Schoenstein and Co organ builders, and is stunning!

The suggested minimum donation is \$10, but donations of any size, large or small will be gratefully accepted, and will make a big impact in our community.

This Week

Mama Dragon Story Project

Mormon mothers who love their LGBT children
Monday, April 18th, 7-8:30pm at Trinity Cathedral

The Mama Dragons are a group of mothers of LGBT children who have come together to share their stories in the hope of making the world a safer place for their children. The stories are told via large photo boards, each bearing a portrait of the mother and her story. Seventy Mama Dragons have shared their stories since January 2015.

The event begins with a tour of the exhibit and ends with several Mama Dragons telling their story.

Next Sunday

Earth Day Fair

On Sunday, April 24th, TREE will hold its 10th Annual Earth Day Fair in the patio, from 8:30 am to 1:00 pm. There will be a T'ai Chi demonstration at 10:30 am, free tomato plants, and representatives from Sierra Club, Solar Cookers International, Anderson Windows, Citizens' Climate Lobby, Peet's Coffee and others.

Coming Up

Women's Retreat

April 29 - May 1 at Mercy Center in Auburn

This year's theme is "Finding Sanctuary: Anytime, Any Place, Any Where." We will look at ways that we can create mental headspace in the middle of chaos to create sanctuary so that we can reconnect with God and find deep peace. The cost is \$175.00. If you would like to come for the day on Saturday, the cost is \$34.75 and that includes the lunch. If you need a scholarship, please speak with Pamela Anderson. There are only 25 slots and they are filling fast so be sure to sign up soon. You can register with the front desk office volunteer Monday-Friday. If you have any questions, please contact Pamela at Pamela@trinitycathedral.org. Come join the fun!

Family Promise Emergency Host Week

May 8-13

One of the Family Promise network churches was unable to take in the families during the week of May 8 so Trinity Cathedral has agreed to host the families for those six days. We need volunteers for all positions: dinner, greeter, servers, overnight. Sign up on the Family Promise poster in the Great Hall. Also, May 8 is Mother's Day, and to do something special for the moms staying with us. We need small items to fill three or four gift bags: sample-sized personal care item, small notebooks with a pen, things your mother would enjoy! Please drop off donations at the cathedral office, or contact Eleanor Taniguchi at EleanorT@trinitycathedral.org

EfM Sign-Ups and Send-off

All are invited to attend the diocesan Education for Ministry (EfM) graduation at Trinity, **May 6 at 7 p.m.**, to give a cheerful send-off to this year's graduates (including four from Trinity) and learn more about the program. And all are invited to support Trinity's EfM program by making a donation toward EfM scholarships (note "EfM Scholarship fund" on your check or contribution envelope).

Anyone interested in participating in EfM in 2016-17 may contact any of the current mentors (Loren Weatherly, Carol Savoie, or Georgianna Pfoest) on how to sign up. There will also be an **informational meeting on Sunday, May 22 at 10:15 in the Assembly Area.**



Ongoing

Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

Compline: 6pm

Dinner: 6:15pm

Classes: 7pm

Dog Whistle Politics: As a congregation, we just finished a series of "Sacred Conversations for Racial Justice." This had a tremendous impact on our community. As a continuation of this conversation, Deacon Steve Skiffington and Deacon Tina Campbell will lead a book study on Ian Haney López' book entitled Dog Whistle Politics. Dog-whistle politics is political messaging employing coded language that appears to mean one thing to the general population but has a different meaning for a targeted subgroup. The analogy is to a dog whistle, whose high-frequency whistle is heard by dogs but inaudible to humans. This class will discuss racist policies in American through the lens of code words.

The Soul of Money: Vaughn Wolff will lead a class on *The Soul of Money*. While we honor Lynn Twist's story by reading her book, *The Soul of Money*, the challenge is for each of us to affect our culture by making changes in our attitudes, beliefs, vocabulary and behavior. This can be less scary when we feel supported and then with each person discovering the Truth about our Source and our True Nature, the little changes we make become hallmarks, approved by no one else, but the Indwelling God. This will be an opportunity to dig deeper into our own beliefs and experiences, to break clouds of darkness of fear and lack, which ultimately mirrors how we act and react in our closest relationships. Come join Vaughn's class in the Cathedral Book Shop.

The Soul of Money: *The Soul of Money* is an enjoyable, inspiring book inviting us to live our lives with gratitude and a sense of sufficiency. We are constantly fed messages of scarcity and insufficiency. Lynn Twist uses moving stories from her life and her work to look at the power money has over our lives. While focusing on our relationship with money, this book is really inviting us to live all of our lives with more joy, gratitude and connection to one another. Pamela Anderson and team will be leading a book study on this in the Conference Room.

Contact Information: If you have moved or changed your phone number or email address please contact Randie Strike at 916-446-2513 or by e-mail at randie.trinity@gmail.com to update your contact information in the church database.

Cathedral Flower Donation
A nice way to give thanks or to remember loved ones.

Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested _____ (allow 3 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____