



# Trinity Episcopal Cathedral Announcements



*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 25

12Noon NA Meeting  
5:45pm Holy Eucharist  
7:00pm Stephen Ministry—TC

### TUESDAY 26

12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer  
7:00pm Stewardship Committee

### WEDNESDAY 27

9:00am Holy Eucharist  
10:00am Mom's, Tot's and Pop's  
12Noon NA Meeting  
7:00pm Prayer Night at the Cathedral  
7:00pm Cathedral Choir Rehearsal

### THURSDAY 28

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
4:30pm Writing Group  
6:00pm Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes  
7:15pm Celebration Choir Rehearsal

### FRIDAY 29

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 30

### SUNDAY MAY 1

7:30am Holy Eucharist  
9:00am Family Service  
9:00am Holy Eucharist  
10:15am Veteran's Meeting  
10:15am *The Soul of Money*  
10:15am Sunday School  
10:15am Newcomer's Group  
10:15am 30/40's and Beyond  
11:15am Holy Eucharist  
12:45pm Holy Eucharist

## TODAY @ TRINITY — APRIL 24, 2016

### Earth Day Fair

**Visit TREE's** 10th Annual Earth Day Fair in the patio, from 8:30 am to 1:00 pm today. There will be a T'ai Chi demonstration at 10:30 am, free tomato plants, and representatives from Sierra Club, Solar Cookers International, Anderson Windows, Citizens' Climate Lobby, Peet's Coffee and others.

### Activities at 10:15am

#### 30/40's and Beyond

In order to encourage everyone to attend the TREE's Earth Day activities we are NOT meeting this Sunday.

Contact: Amy Dierlam at [dnarock@pacbell.net](mailto:dnarock@pacbell.net) if you have questions.

#### Newcomers' Group — Room C

**The group will discuss Ministry Opportunities.**

If you have questions about the Newcomers' Group contact Randie Strike at email [randie.trinity@gmail.com](mailto:randie.trinity@gmail.com) or 916-446-2513 or 916-203-7586

#### Book Study with Dean Baker — Assembly Area

*The Soul of Money* is an enjoyable, inspiring book inviting us to live our lives with gratitude and a sense of sufficiency. We are constantly fed messages of scarcity and insufficiency. Lynn Twist uses moving stories from her life and her work to look at the power money has over our lives. While focusing on our relationship with money, this book is really inviting us to live all of our lives with more joy, gratitude and connection to one another. — *Dean Baker*

### Later Today

Dinner Church Presents:  
**The Stations of the Light**  
A service of artful reflection  
with dinner provided  
At 4:30pm today in the Assembly Area

### This Week

#### Prayer Night at the Cathedral

**Wednesday, April 27 at 7pm, Conference Room**

Join us for an evening where participants have a chance to experience different approaches to prayer and ask questions.

#### The Rev. William Sassman

Please pray for the repose of the soul of the Rev. William Sassman, retired Priest in our diocese, who recently passed away.

**Holy Eucharist and committal services will be held on Friday, April 29th at 5:30 p.m. at St. Francis' Episcopal Church in Fair Oaks.**

#### Women's Retreat

**April 29 - May 1 at Mercy Center in Auburn**

This year's theme is "Finding Sanctuary: Anytime, Any Place, Any Where." We will look at ways that we can create mental headspace in the middle of chaos to create sanctuary so that we can reconnect with God and find deep peace. The cost is \$175.00. If you would like to come for the day on Saturday, the cost is \$34.75 and that includes the lunch. Questions? Contact Pamela at [Pamela@trinitycathedral.org](mailto:Pamela@trinitycathedral.org). Come join the fun!

#### **Pastoral Emergencies:**

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

#### **Lessons for May 1, 2016** *Sixth Sunday of Easter*

Acts 16:9-15  
Revelation 21:10, 22-22:5  
John 14:23-29  
Psalm 67

**Contact Information:** If you have moved or changed your phone number or email address please contact Randie Strike at 916-446-2513 or by e-mail at randie.trinity@gmail.com to update your contact information in the church database.

**Coming Up**

**EfM Sign-Ups and Send-off**

All are invited to attend the diocesan Education for Ministry (EfM) graduation at Trinity, **May 6 at 7 p.m.**, to give a cheerful send-off to this year's graduates (including four from Trinity) and learn more about the program. And all are invited to support Trinity's EfM program by making a donation toward EfM scholarships (note "EfM Scholarship fund" on your check or contribution envelope).

Anyone interested in participating in EfM in 2016-17 may contact any of the current mentors (Loren Weatherly, Carol Savoie, or Georgianna Pfost) on how to sign up. There will also be an **informational meeting on Sunday, May 22 at 10:15 in the Assembly Area.**

**Family Promise Emergency Host Week**  
**May 8-13**

One of the Family Promise network churches was unable to take in the families during the week of May 8 so Trinity Cathedral has agreed to host the families for those six days. We need volunteers for all positions: dinner, greeter, servers, overnight. Sign up on the Family Promise poster in the Great Hall. Also, May 8 is Mother's Day, and to do something special for the moms staying with us. We need small items to fill three or four gift bags: sample-sized personal care item, small notebooks with a pen, things your mother would enjoy! Please drop off donations at the cathedral office, or contact Eleanor Taniguchi at EleanorT@trinitycathedral.org

**Trinity Name Tags**  
It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

**Ongoing**

**Traveling Bible Study and Spirituality Group**  
Every Sunday at 5pm young adults gather at fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

**Veterans Swapping Stories**  
The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.

**Trinity Men's Group Breakfast**  
2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

**Lunch Bunch** – Thursdays, Noon  
Contact is Pastor Pamela—pamela@trinitycathedral.org

**Writing Group** – Thursdays, 4:30pm  
Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

**Centering Prayer** – East Transept  
**Tues., 6-7pm; Thurs., Noon—1:00**  
Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

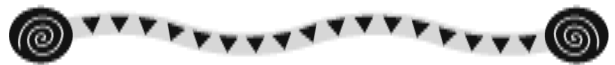
**THURSDAY NIGHT AT THE CATHEDRAL**

**Compline: 6:00pm**  
**Dinner: 6:15pm**  
**Classes: 7:00pm**

***Dog Whistle Politics:*** As a congregation, we just finished a series of "Sacred Conversations for Racial Justice." This had a tremendous impact on our community. As a continuation of this conversation, Deacon Steve Skiffington and Deacon Tina Campbell will lead a book study on Ian Haney López' book entitled *Dog Whistle Politics*. Dog-whistle politics is political messaging employing coded language that appears to mean one thing to the general population but has a different meaning for a targeted subgroup. The analogy is to a dog whistle, whose high-frequency whistle is heard by dogs but inaudible to humans. This class will discuss racist policies in American through the lens of code words.

***The Soul of Money:*** *The Soul of Money* is an enjoyable, inspiring book inviting us to live our lives with gratitude and a sense of sufficiency. We are constantly fed messages of scarcity and insufficiency. Lynne Twist uses moving stories from her life and her work to look at the power money has over our lives. While focusing on our relationship with money, this book is really inviting us to live all of our lives with more joy, gratitude and connection to one another. Pamela Anderson, Vaughn Wolff and Bruce Roy will be leading a book study on this in the Conference Room.

**CATHEDRAL BOOKSHOP**  
**Come in and see our selection of Mother's Day Cards**  
Store hours are:  
Tu-Th: 11:00am - 5:00pm; Sun: 8:30am - 1:00pm  
Contact us at 916-442-9194 or bookshop3@gmail.com



**Cathedral Flower Donation**  
***A nice way to give thanks or to remember loved ones.***  
Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:  
**Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816**  
Note: The adornment during Advent and Lent do not include flowers.  
Date requested \_\_\_\_\_ (allow 3 weeks for processing).  
In Thanksgiving for: \_\_\_\_\_  
In Memory of: \_\_\_\_\_  
From: \_\_\_\_\_ Phone# \_\_\_\_\_