



# Trinity Episcopal Cathedral Announcements

*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 28

12Noon NA Meeting  
5:45pm Holy Eucharist

### TUESDAY 29

12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer

### WEDNESDAY 30

9:00am Holy Eucharist  
10:00am Moms, Pops and Tots  
12Noon NA Meeting  
6:00pm Wednesday Community Dinner  
7:00pm Prayer Night at the Cathedral  
7:00pm Handbell Choir Rehearsal  
7:00pm Cathedral Choir Rehearsal

### THURSDAY MAY 1

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
4:30pm Writing Group  
6:00pm Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes

### FRIDAY 2

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 3

### SUNDAY 4 LIBRARY IS OPEN

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am 30/40's and Beyond  
10:15am Newcomers Class  
10:15am Jesus Has a Problem with the Christ  
11:15am Holy Eucharist  
11:15am Choristers Rehearsal  
12:45pm Holy Eucharist  
1:00pm T-ACT Meeting  
3:00pm Growing in Faith

### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

### Lessons for May 4, 2014 Third Sunday of Easter

Acts 2:14a,36-41  
1 Peter 1:17-23  
Luke 24:13-35  
Psalm 116:1-3, 10-17

## TODAY @ TRINITY—APRIL 27, 2014

### Earth Day Fair This Sunday!

TREE looks forward to celebrating with you our beautiful earth at Trinity's 8th Annual Earth Day Fair, to be held in the courtyard this Sunday, April 27th, 2014, from 8.30 am to 12.30 pm. Come and check out the solar cookers—they really do work, and I use mine regularly in the summer. Pick up your free tomato plant. Be informed about mountain lions, genetically modified food, and solar panels for your house. Buy a stainless steel sports bottle, biodegradable doggy poop bags, and some fair-trade coffee.

### Activities at 10:15am

### Newcomers' Group – Room C

#### **The group will discuss Resources for Next Steps**

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

### 30/40s and Beyond – Conference Room

Join us in the Conference Room from 10:15-11:10am. All ages are welcome!

Contact is Amy Dierlam—dnarock@pacbell.net

### Jesus Has a Problem with the Christ

#### **April 27 and May 4 in Room A**

#### **Morey Lloyd, Facilitator**

Saving the whole world is not an easy task. Just ask Jesus. The difficulty comes from those who are being saved! Most of us do not even know what we need to be saved from, let alone where we are being saved to.

### Later Today

### T-ACT Meeting

Sunday, April 27 at 1:00pm in Room A

Lunch will be provided, and all are welcome.

T-ACT is Trinity's social justice group. We work for public policy changes to end homelessness.

We will be discussing our plans for an event next month to report back to the congregation on our accomplishments and our remaining challenges. Please join us.

### Growing in Faith

#### **Sundays at 3pm in the East Transept**

Contact is Jerry Paré (930-8032 or jpare111452@gmail.com).

### This Week

### Prayer Night at the Cathedral

#### **Wednesday, April 30 at 7pm, Conference Room**

Join us for an evening where participants have a chance to experience different approaches to prayer and ask questions.

### CATHEDRAL BOOKSHOP

#### **Visit our new sections for Children's Books and Graduation items**

Store hours are:  
Tu-Th: 11:00am - 5:00pm;  
Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or  
bookshop3@gmail.com

## Coming Up

### Trinity Cathedral Choristers Concert

**When?** 5 pm on Saturday, May 10th, 2014

**Where?** Sanctuary and Great Hall at Trinity Cathedral Church, 2620 Capitol Ave, Sacramento

**What?** Concert followed by catered dinner and party

**Why?** To celebrate the Choristers being in existence for 5 years since April 2009 with Kamilyn Davis as their conductor! Also to honor all Choristers and especially those who have been members since the beginning as well as any Chorister who is 12 and over.

**How much?** Free concert!

\$10 a person for catered dinner and party will cover the costs of food and DJ and hopefully assist in funding the Chorister program. Additional donations would be much appreciated and put to great use for the musical education and performance experiences of our young singers.

**More questions?** Please contact Kamilyn Davis at (916) 799-3911 or kamilynk@gmail.com

### **Trinity's Women's Retreat: June 13-15**

The theme of this year's Women's Retreat is "A Time to Heal". Many of us struggle to find balance in our lives. Our bodies, minds and spirits suffer as the pace and chaos of life pulls us away from being centered in Christ. The purpose of this retreat is to help us re-find our heartbeat and to catch some peace! Registration deadline is May 11 and the charge is \$165. Registration forms are available in the Cathedral Bookstore. After May 11 the charge is \$175. Contact Canon Walker if you have questions.

### Take Me Out To the Ballgame

Mark your calendars for **Saturday, June 28<sup>th</sup>** for Trinity Night at the Rivercats. The Cats will be playing the Las Vegas 51's (NY Mets AAA). In addition our own youth choir along with choirs conducted by Kami Davis will open the game by singing the National Anthem. Our seats, located behind third base, are \$20. We are reserving tickets NOW so please pay in advance by making your checks out to Trinity Cathedral with "Rivercats" on the memo line.

## Ongoing

### Lunch Bunch—Thursdays at Noon

Canon Walker is facilitating a study of the book *Radical Forgiveness* by Brian Zahnd (available in the Cathedral Bookstore.) We meet in the Assembly Area.

### Writing Group—Thursdays at 4:30pm

**We meet in the Conference Room** and write to a prompt for about 20 minutes, and then listen to each other share aloud, if the spirit moves. Feedback is always positive and uplifting. If you have questions, please contact June Gillam, jgillam@wavecable.com.

### Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hopner at 930-8027

### Centering Prayer

**Tuesdays, 6-7pm in the East Transept**

**Thursdays, Noon—1:00 in the East Transept**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

## Thursday Night at the Cathedral

**6:00pm—Compline**

**6:30pm—Dinner (\$7)**

**7:00pm—New Classes**

**Beginning May 1**

### **Bible and Book of Common Prayer Challenge**

The goal is to read one chapter in the New Testament, one Psalm, and one of the prayers in the Book of Common Prayer each day for one year to anchor each day in scripture, and to become familiar with the beauty of the prayers in the Prayer Book. **Rhonda Canby** is the facilitator for this TNAC class.

### **The Resurrection of Jesus**

We will gather to explore the meaning and the implications of the Resurrection of Jesus. In this text, two of today's most important and popular New Testament scholars--John Dominic Crossan and N.T. Wright--air their very different understandings of the many historical realities and theological meanings of this singular event that separates Christianity from other faith traditions. The **Rev. Canon Tina Campbell** and The **Rev. Canon Lynell Walker**, are the co-facilitators of this class.

### **The Life of Muhammad**

If you have an interest in learning about Muhammad and how Islam began, please join us for a five-week class on the life of Muhammad. We will view parts of the PBS documentary each week and discuss what we have learned--and there is much to learn. **Susan Hotchkiss** is the facilitator for this class.

### **The Laws of the Spirit** by Dan Millman

*The Laws of Spirit* opens with the story of Dan Millman's encounter with a sage in the wooded hills near his home. Through stories, tests, and experiences in the wild, the sage challenges Millman to examine 12 core principles that underlie human existence: balance, choice, process, presence, compassion, faith, expectation, integrity, action, cycles, surrender, and unity. The book shows how these keys - at the heart of every religion, culture, and moral system - can lead to a deeper sense of meaning, connection, and harmony with the world. It also shows readers how these principles can transform relationships, careers, finance, and health. **Vaughn Wolff** is the facilitator for this class.

### **The Art of Hosting Conversations That Matter**

Learn how to host meaningful conversations that range from personal to large groups, and recognize the Spirit's presence in our midst. Discover and explore practices that enable courageous leadership in the midst of uncertainty and complex challenges. Empower the reality that everyone is a leader to facilitate change. The **Rev. Megan Anderson** and The **Rev. Kathy Hopner** are the co-facilitators of this class.

### **Give to River City Food Bank**

#### **ONE DAY TO GIVE**

This is Eileen Thomas' 11th year as the Executive Director of River City Food Bank. Her job is also her passion. On **Tuesday, May 6**, she asks you to participate in the BIG Day of Giving, where from 12:00am midnight to 11:59pm, RCFB will join 400 other nonprofits to raise \$1 million. Visit [givelocalnow.org](http://givelocalnow.org) to help RCFB reach their goal of \$10,000.

#### **EVERY TIME YOU SHOP**

If you regularly shop at Save Mart, Smart Foods, FoodMax, or Lucky for groceries you can present your S.H.A.R.E.S. card and RCFB will receive a few cents on each purchase. At the last report Eileen said they received over \$400 on the last check and which was for a quarter of the year. S.H.A.R.E.S. CARDS ARE AVAILABLE AT THE WELCOME CENTER ON SUNDAYS or AT THE OFFICE ON WEEKDAYS Contact is Annette Braddon-Walker, at 456-2613.