



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY APRIL 29

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—TC

TUESDAY 30

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer

WEDNESDAY MAY 1

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
6:00pm Wednesday Community Dinner
7:00pm Cathedral Choir Rehearsal
7:00pm Handbell Choir Rehearsal
7:00pm Prayer Night at the Cathedral

THURSDAY 2

12Noon NA Meeting
12Noon Lunch Bunch
1:00pm Centering Prayer
4:30pm Writing Group
6:00pm Candlelight Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 3

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 4

5:10pm Holy Eucharist

SUNDAY 5

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am 30/40's and Beyond
10:15am Newcomer Group
10:30am Prepare for Pentecost w/Morey
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:45am Holy Eucharist
4:00pm Baccalaureate

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking for people with disabilities is provided on Sundays. Enter on Trinity Cathedral Lane and park behind the Great Hall.

Lessons for May 5, 2013 *The Sixth Sunday of Easter*

Acts 16:9-15
Psalm 67
Revelation 21:10, 22-22:5
John 5:1-9

TODAY @ TRINITY—APRIL 28, 2013

Today is Youth Sunday

Activities at 10:15am

Newcomers' Group—Room C

The group will discuss Resources for Next Steps.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

30/40s and Beyond Bible Challenge—Assembly Area

We will meet today and continue our Bible Challenge discussion. Questions? Amy Dierlam: 601-1699 or dnarock@pacbell.net

People Preparing for Pentecost—Conference Room

50 Ways to Love Your Leaver: A reflection on the life of our Lord from end to beginning — Presented by Morey Lloyd

April 28 First Last Words of the Rising Lord—Let Bygones Be Bygones—Hearing the last Judgment for the first time - "Peace be to you"

May 5 Pentecost is Perplexing - Drunk with Joy

How often do we find that what we say, do & mean to say and do needs interpretation?

Later Today

Evensong for the Season of Easter

Sunday, April 28 at 4:00pm

All Saints Episcopal Church, 2076 Sutterville Rd., Sacramento

Trinity parishioners Walt and Deirdre Johnson, Vaughn Wolff, and Jim Shultz are joining the All Saints choir for this Evensong.

This Week

Prayer Night at the Cathedral

Wednesday, May 1 at 7pm, Conference Room

Join us for an evening where participants have a chance to experience different approaches to prayer and ask questions. This time we will learn how to use the 23rd Psalm as a means of praying for others.

Choral Evensong

Thursday, May 2 at 6:00pm
at Trinity Cathedral

Planning for Summer?

Be sure to add a week at Camp Noel Porter for your child this summer. This year a special Choir Camp for youth third to ninth grades is being offered. What ever program you choose your child will have a wonderful time at our diocesan camp at Lake Tahoe, just a mile from Tahoe City. **If you register before April 30 you will save \$50 off the registration fee.** Scholarships are available please see Nancy Tennyson. For more information please see the bulletin board in the Great Hall or go on line to www.campnoelporter.org

Next Sunday

Diocesan Baccalaureate

Sunday, May 5 at 4:00pm

Join Bishop Barry Beisner and the high school seniors for our annual Diocesan Baccalaureate service and festive reception. If you are a graduate and would like to participate contact Canon Tennyson or Rev. Anne McKeever at 916.446.2513.

Thursday Night at the Cathedral

Candlelight Compline—6:00pm + Dinner—6:15pm + Classes—7:00pm

Spring Classes 2013

Classes Meet on Thursday Evenings from 7 to 8:30 p.m.

The Episcopal Church Welcomes You: The Rev. Anne McKeever in the Conference Room

Everyone interested in the Episcopal Church is invited to learn about our history, faith, traditions and quirks. Recommended books: ***Your Faith, Your Life: An Invitation to the Episcopal Church*** by Jenifer Gambler and Bill Wellis, and ***The Episcopal Handbook*** from Morehouse Publishing, both available in the Trinity Bookshop. A few copies of each book will be available to borrow from Rev. Anne. Please contact her at amckeeper@wavecable.com to reserve a book.

Emmet Fox and New Thought: Vaughn Wolff in the Trinity Bookshop

Continuing with the writings of Emmet Fox, we will now explore scripture as a guide to heal the soul using prayer as treatment along with our ability to choose and create new thoughts. Understanding the underlying spiritual principles on our journey brings us to practical and effective demonstrations of God's great goodness to ourselves and the environment we live in. When we finish with Fox's ***Power of Constructive Thinking***, we will take up his book, ***The Sermon on the Mount***. These books are available for sale in the Trinity Bookshop. Newcomers are welcome.

Understanding How We Worship: Canon Lynell Walker in Classroom I

Continuing our discussions of ***Liturgical Life Principles: How Episcopal Worship Can Lead to Healthy and Authentic Living*** by Dr. Ian S. Markham, we will explore connections between Episcopal liturgy and our lives. The book is available in the Trinity Bookshop. Newcomers are welcome.

The Bible Challenge TNAC Discussion Group: Rhonda Canby and Randy Knutson in the Assembly Area
Bring your Bible and discuss the readings for the week. Newcomers are always welcome.

Dean Baker Presents the Old Testament: Assembly Area, first Thursday of each month: May 2, June 4, July 11.
Come learn about the books of the Old Testament we're reading for the Bible Challenge as we ponder: Who is God? All are welcome. **Most Thursday evening classes attend this presentation** once a month.

Floyd School Volunteers Needed

Friday, May 10

Again this year we are providing gift bags for the children to decorate and small gifts to give their Mothers for Mother's Day. We need volunteers to help the children select their gift and help wrap it in tissue paper. We are looking for people who could help for a 2 hour shift beginning at 9:00 and ending at 3:00 pm. **We especially need help from Noon to 3:00pm.** Contact Dale Reinhard (dale.reinhard@gmail.com) if you can help.

Trinity Name Tags

If you need or would like a name tag, they can be ordered at the Welcome Center for \$2.00 each. Name tags help us all to get to know each other. It is helpful for Newcomers and visitors if we all wear our name tag.

Ongoing

Lunch Bunch

Thursdays, noon to 1:30pm in the Assembly Area

Please bring your Bible for our discussion of the Bible Challenge readings. Contact is Rev. Anne—amckeeper@wavecable.com

Writing Group

Thursdays, 4:30 to 6 p.m. in the Conference Room

Everyone is welcome to join us. We will write to a prompt and share what we choose of our writing with the group. Contact is Rev. Anne at amckeeper@wavecable.com.

Centering Prayer

**Tuesdays, 6-7pm in the East Transept
Thursdays, 1:00-2:00pm in the East Transept**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

CATHEDRAL BOOKSHOP

Vintage postage stamps from 1960's thru 1990's now available in the Bookshop. They are donated from a private collection and priced at face value. More stamps added weekly!

Regular store hours are: Tu-Th:11:00am - 5:00pm
Fri. 11:00am - 2:00pm; Sun, 8:30am - 1:00pm
Contact us at 916-442-9194

Interested in Being Confirmed?

Confirmation is an adult affirmation of our Baptismal Covenant. Bishop Beisner will confirm prepared candidates on Thursday, May 30, and Saturday, November 16. Contact Rev. Anne at amckeeper@wavecable.com to prepare to be confirmed.

Memorial Service for Jean Quint

Saturday, May 18 at 2:00pm

Annual Parish Picnic

Sunday, May 19

It's earlier this year! We'll again be at Oki Park. Mark your calendar so you don't miss this fun time.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____