



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 4

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—ALL

TUESDAY 5

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:15pm Ministry Team Dinner
6:30pm Sac Pride Planning
7:00pm Ministry Team Meetings

WEDNESDAY 6

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
6:00pm Wednesday Community Dinner
7:00pm Executive Committee

THURSDAY 7

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Small Groups

FRIDAY 8

9:00am Holy Eucharist
12Noon NA Meeting
7:00pm Bishop Flunder Lecture

SATURDAY 9

9:00am Trinity Men's Breakfast
11:00am Daughters of the King

SUNDAY 10

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Crochet/Knitting Group
10:15am Sunday School
10:15am Newcomer's Group
10:15am 30/40's and Beyond
11:15am Holy Eucharist
12:45pm Holy Eucharist
5:00pm Meditation Practice & Conversation

Family Service TODAY
at 9:00am in the Great Hall

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for May 10, 2015

The Sixth Sunday of Easter

Acts 10:44-48; Psalm 98; 1 John 5:1-6;
John 15:9-17

TODAY @ TRINITY—MAY 3, 2015

The Library is Open in the Elevator Alcove

Library hours are 8:30-11:30. Check out interesting books such as *Ear of the Heart: an actress' journey from Hollywood to holy vows*. Dolores Hart was in highly successful films with Elvis Presley when she left the popular scene to enter a monastery. Fifty years later she tells us about the path taken.

Activities at 10:15am

Newcomers' Group — Room C

The group will discuss Resources for Next Steps.

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

30/40's and Beyond — Conference Room

We will continue our four week series on the Sightings of Jesus. ALL ages welcome! Contact: Amy Dierlam at dnarock@pacbell.net

This Week

Sacramento Pride Planning Meeting

Tuesday, May 5 at 6:30 pm

For anyone interested in helping out with Trinity's participation in Sacramento Pride on Saturday, June 6. We will be holding a pre-parade Eucharist service, marching in the parade and running an information booth. For further information, email Rod Thomas at rthomas0604@gmail.com or call 502-558-2497

Bishop Yvette Flunder

Friday, May 8 at 7:00pm—Special Music at 6:30pm

Tickets are \$12 in the Bookshop

Bishop Yvette Flunder is the Senior Pastor of City of Refuge United Church of Christ in Oakland, CA, a regular speaker on the "Living the Questions" series and the author of "Where the Edge Gathers: A Theology and Homiletic on Radical Inclusion." Bishop Flunder is a prophetic voice for those who are marginalized in the church and that the radical inclusivity of Jesus leaves NO ONE behind.

Family Promise Week is Coming

May 10-17, 2015

We need volunteers who can fix a dinner, welcome the families at 5:30pm and help set and clean up the dining area, or ensure their safety and comfort overnight in the Great Hall. Sign up on the FP poster in the office hallway or email Eleanor Taniguchi at ehtaniguchi@gmail.com, or call/text 916-708-4295.

Next Sunday

Crochet / Knitting Group

Sunday, May 10 at 10:15am in the East Transept

Please join us for a crochet/knitting gathering. They will help people who want to learn to crochet and/or knit.

CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th:11:00am - 5:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

Coming Up

EfM Scholarships

Support Trinity's Education for Ministry program by donating to the scholarship fund! Checks or cash can be dropped in the collection plate or at the office by noting "EfM Scholarships" in the check memo line or on the donation envelope. **AND come celebrate the 2015 EfM graduation, Friday, May 15 at 7 p.m. with reception following. All are welcome!**

McAllister Keller Guitar Duo

Saturday, May 16th at 7:30 pm

The Trinity Cathedral Music series welcomes a return appearance by the McAllister Keller Guitar Duo, "Songs Old and New for Classical Guitars and voice." The program will include music from the Renaissance to the Present day, including music from around the world. The suggested donation at the door is \$15 general, \$10 for students and seniors (65+), and children ten and under are free. Please join us for an evening for exceptional

Walk for a JUST Affordable Housing Ordinance

Tuesday, May 19th

Join the faith community and other low-income housing advocates in walking to City Hall to take a stand for a JUST Affordable Housing Ordinance to create desperately-needed housing for low-income individuals and families, seniors and the disabled. **Meet in front of Trinity at 4:45 pm to walk, or at City Hall at 9th & I Streets by 6 pm to attend the hearing before city council.** For more information: contact Shireen Miles at (916) 203-5595 or shireenmiles@comcast.net

Radical Hands on Healing

Saturday, May 30 in the Cathedral

Transept Ministers: 9am -12pm;
Community at large: 9:30-12pm
Clergy - Rev. Lynell Walker; Lay Leader - Elba White

All who are interested in healing ministry are invited and heartily encouraged to come and participate in this workshop based on Biblical truths. I first experienced this approach to healing when I attended a 1 hour workshop at an International Conference of the Order of St. Luke the Physician perhaps 10 years ago in Texas. I followed the leader's directions and God honored our efforts. The results have been incorporated into my prayers since then, but I find it helpful to review and practice. So this workshop will present information on the spine and the physical effects of injury and deterioration, allow time for practice and prayers by all participants, and led by our clergy have a time for worship. Call Elba White at 684-4015 for more information.



Ongoing

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June Gillam - jgillam@wavecable.com.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

6:00pm—Compline

6:15pm—Dinner (\$7)

7:00pm—Small Groups

Small Group Series

A 4 week small group series has started. The groups will look at the four appearance sightings of Jesus according to each of the 4 Gospels. Brochures are available in the back of the church that have the day and time and who leads the group. If you have any further questions, please speak with Pastor Pamela or email her at pamela@trinitycathedral.org. Come join the fun!

More Coming Up

Sacramento Pride

Saturday, June 6

Please join us! Trinity once again will be participating by holding a pre-parade Eucharist service, marching in the parade and hosting an informational booth. **The Eucharist service starts a 10:30 am at 3rd Street and Crocker Park. The parade starts at 11 am and our booth will run from 11 am until 5 pm.** Pride festivities will be on the Capitol Mall. The cost is \$10 per person. Children 5 and under get in free. For further information, please email Rod Thomas at rthomas0604@gmail.com or call 502-558-2497.

Women's Retreat

June 12-14 at Mercy Center in Auburn

The cost is \$175 and you can pay for your registration in the Bookshop. After May 10 the cost will be \$185. The retreat's theme is "The Emmaus Journey". Invite a friend and come join the fun! **Please contact Pastor Pamela at pamela@trinitycathedral.org if you are in need of partial financial assistance.**

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to

"Trinity Cathedral" with 'Flowers' on the memo line) to:

**Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816**

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____