



# Trinity Episcopal Cathedral Announcements

*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY MAY 6

12Noon NA Meeting  
5:30pm Stephen Ministry Leaders  
5:45pm Holy Eucharist  
7:00pm Stephen Ministry—ALL

### TUESDAY 7

12Noon NA Meeting  
12:10pm Holy Eucharist  
1:30pm Stephen Ministry PSG  
5:00pm Prayer & Pastoral Care  
6:00pm Centering Prayer  
6:15pm Ministry Team Dinner  
7:00pm Ministry Team Meetings

### WEDNESDAY 8

9:00am Holy Eucharist  
10:00am Moms, Pops and Tots  
12Noon NA Meeting  
6:00pm Wednesday Community Dinner  
7:00pm Cathedral Choir Rehearsal  
7:00pm Handbell Choir Rehearsal

### THURSDAY 9

12Noon NA Meeting  
12Noon Lunch Bunch  
1:00pm Centering Prayer  
4:30pm Writing Group  
6:00pm Candlelight Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes  
7:00pm Celebration Choir Rehearsal

### FRIDAY 10

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 11

9:00am Trinity Men's Breakfast  
11:00am Daughters of the King  
5:10pm Holy Eucharist

### SUNDAY 12 MOTHER'S DAY

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am 30/40's and Beyond  
10:15am Newcomer Group  
11:15am Holy Eucharist  
11:15am Choristers Rehearsal  
12:45am Holy Eucharist

#### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Parking for people with disabilities** is provided on Sundays. Enter on Trinity Cathedral Lane and park behind the Great Hall.

#### Lessons for May 12, 2013

*The Seventh Sunday of Easter*

Acts 16:16-34  
Psalm 97  
Revelation 22:12-14, 16-17, 20-21  
John 17:20-26

## TODAY @ TRINITY—MAY 5, 2013

### Healing at all Services

### The Library is Open Today

Feeling like a slacker because you are not attending a Thursday night class? Remedy that feeling by checking out a book from the Cathedral Library, located in the elevator alcove, and reading a chapter each evening. There are also a variety of books to read to your children at bed time.

### Activities at 10:15am

### Tour of the Cathedral at 10:15am

### Newcomers' Group—Room C

**The group will Tour the Cathedral today.**

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

### 30/40s and Beyond Bible Challenge

We will join Dean Bakers forum on the Old Testament in the Assembly Area. Next Sunday we will begin watching the History Channel's *The Bible* series. Questions? Amy Dierlam: 601-1699 or dnrarock@pacbell.net

### People Preparing for Pentecost—Conference Room

50 Ways to Love Your Leaver: A reflection on the life of our Lord from end to beginning — Presented by Morey Lloyd  
**May 5** Pentecost is Perplexing - Drunk with Joy  
How often do we find that what we say, do & mean to say and do needs interpretation?

### Old Testament Teaching—Assembly Area

Dean Brian Baker will present a shortened version of his Thursday evening teaching on the Bible Challenges' Old Testament readings for May.

### 11:15am — Bible Challenge Discussion Group

**In the Conference Room:** Facilitated by Vaughn Wolff. Meets today and will meet on the 1st and 3rd Sundays at 11:15.

## Later Today

### Diocesan Baccalaureate

**Sunday, May 5 at 4:00pm**

Join Bishop Barry Beisner and the high school seniors for our annual Diocesan Baccalaureate service and festive reception.

## This Week

### Ministry Team Meetings

Tuesday, May 7: Dinner—6:15pm, Meetings—7:00pm

### Floyd School Volunteers Needed

**Friday, May 10**

Again this year we are providing gift bags for the children to decorate and small gifts to give their Mothers for Mother's Day. We need volunteers to help the children select their gift and help wrap it in tissue paper. We are looking for people who could help for a 2 hour shift beginning at 9:00 and ending at 3:00 pm. **We especially need help from noon to 3:00pm.** Contact Dale Reinhard (dale.reinhard@gmail.com) if you can help.

# Thursday Night at the Cathedral

Candlelight Compline—6:00pm + Dinner—6:15pm + Classes—7:00pm

## Spring Classes 2013

Classes Meet on Thursday Evenings from 7 to 8:30 p.m.

All books are available in the Trinity Bookshop

**The Episcopal Church Welcomes You:** The Rev. Anne McKeever in the Conference Room

Everyone interested in the Episcopal Church is invited to learn about our history, faith, traditions and quirks. Recommended books: **Your Faith, Your Life: An Invitation to the Episcopal Church** by Jenifer Gambler and Bill Lewellis, and **The Episcopal Handbook**.

**Emmet Fox and New Thought:** Vaughn Wolff in the Trinity Bookshop

Continuing with the writings of Emmet Fox, we will explore scripture as a guide to heal the soul using prayer as treatment along with our ability to choose and create new thoughts.

**Understanding How We Worship:** Canon Lynell Walker in Classroom I

Continuing our discussions of **Liturgical Life Principles: How Episcopal Worship Can Lead to Healthy and Authentic Living** by Dr. Ian S. Markham, we will explore connections between Episcopal liturgy and our lives.

**The Bible Challenge TNAC Discussion Group:** Rhonda Canby and Randy Knutson in the Assembly Area

Bring your Bible and discuss the readings for the week. Newcomers are always welcome.

**Dean Baker Presents the Old Testament:** Assembly Area, first Thursday of each month: June 4, July 11. Come

learn about the books of the Old Testament we're reading for the Bible Challenge as we ponder: Who is God? All are welcome. **Most Thursday evening classes attend this presentation** once a month.

## CATHEDRAL BOOKSHOP

The Cathedral Bookstore has received a copy of the **Anchor Bible Dictionary**. This six volume set is in like new condition.

Would you like to know about a Biblical person, place, or custom? Do you have a question about Biblical history? Biblical source material? Are you interested in the cultural background of a biblical passage? Perhaps your interest is biblical archeology? All of this and much more is answered in this remarkable set.

Regular store hours are: Tu-Th:11:00am - 5:00pm  
Fri. 11:00am - 2:00pm; Sun, 8:30am - 1:00pm  
Contact us at 916-442-9194

## Memorial Service for Jean Quint

Saturday, May 18 at 2:00pm

### Arthritis Walk

Saturday, May 18 at the Capitol

Newcomer Charis Hill is recruiting teammates and funds for her team, Ankylosing Spondylitis (A.S.). Charis was recently diagnosed with A.S., a rare form of Rheumatoid Arthritis. A.S. affects the whole body but is famous for a characteristic fusing of the spine in a fixed, immobile position. Charis is seeking people to help raise money and/or walk with her. To register for her team and/or donate, visit: <http://sacarthritismwalk.kintera.org/charis> or send her an email at [this.is.charis@gmail.com](mailto:charis@gmail.com).

### Annual Parish Picnic

Sunday, May 19

It's earlier this year! We'll again be at Oki Park. Mark your calendar so you don't miss this fun time.

### ACT Community Meeting

Wednesday, May 22, 6:30-8:30 pm

St. Mark's UMC, 2391 St. Marks Way, Sacramento

End homelessness! To accomplish the next steps, we urgently need your support. Come to this public meeting with city and county officials and help show our concern for those less fortunate. With other congregations, we will be asking those who represent us to join us in taking specific steps to bring change in our community. Contact one of us if you will be coming, to get more information, or to find or offer a ride: Sally Smith 930-9564, [sally1369@comcast.net](mailto:sally1369@comcast.net); Shireen Miles 203-5595, [shireenmiles@comcast.net](mailto:shireenmiles@comcast.net); The Rev. Canon Tina Campbell 806-8040, [tinarcampbell@comcast.net](mailto:tinarcampbell@comcast.net); William Jeager 288-5276, [william.jeager1973@gmail.com](mailto:william.jeager1973@gmail.com)

## Camp Noel Porter

In addition to the regular camps, this year a special Choir Camp for youth third to ninth grades is being offered. Whatever program you choose your child will have a wonderful time. Scholarships are available, see Nancy Tennyson. For more information see the bulletin boards or [www.campnoelporter.org](http://www.campnoelporter.org)

## Ongoing

### Lunch Bunch

Thursdays, noon to 1:30pm in the Assembly Area

Please bring your Bible for our discussion of the Bible Challenge readings. Contact is Rev. Anne—[amckeever@wavecable.com](mailto:amckeever@wavecable.com)

### Writing Group

Thursdays, 4:30 to 6 p.m. in the Conference Room

Everyone is welcome to join us. We will write to a prompt and share what we choose of our writing with the group. Contact is Rev. Anne at [amckeever@wavecable.com](mailto:amckeever@wavecable.com).

### Centering Prayer

Tuesdays, 6-7pm in the East Transept  
Thursdays, 1:00-2:00pm in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl [nancy.c.earl@gmail.com](mailto:nancy.c.earl@gmail.com), Sally Smith [sally1369@comcast.net](mailto:sally1369@comcast.net) or Shelley Mydans [smydans@gmail.com](mailto:smydans@gmail.com) for further information. All are welcome.

## Altar Flower Donation

*A nice way to give thanks or to remember loved ones.*

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:  
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested \_\_\_\_\_ (allow 2 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_