



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY MAY 13

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 14

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:30pm Finance Committee
7:00pm Acolyte Practice

WEDNESDAY 15

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
6:00pm Wednesday Community Dinner
6:30pm TREE
7:00pm Cathedral Choir Rehearsal
7:00pm Handbell Choir Rehearsal

THURSDAY 16

12Noon NA Meeting
12Noon Lunch Bunch
1:00pm Centering Prayer
4:30pm Writing Group
6:00pm Candlelight Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 17

9:00am Holy Eucharist
12Noon NA Meeting
6:00pm Labyrinth Walk

SATURDAY 18

2:00pm Jean Quint Memorial Service
5:10pm Holy Eucharist

SUNDAY 19 PENTECOST

7:30am Holy Eucharist
9:00am Holy Eucharist
9:00am Family Service
10:15am 30/40's and Beyond
10:15am Newcomer Group
11:15am Bible Challenge Discussion Group
11:15am Holy Eucharist w/Baptism
11:15am Choristers Rehearsal
12:45am Holy Eucharist

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking for people with disabilities is provided on Sundays. Enter on Trinity Cathedral Lane and park behind the Great Hall.

Lessons for May 19, 2013

The Day of Pentecost

Acts 2:1-21
Psalm 104:25-35, 37
Romans 8:14-17
John 14:8-17

TODAY @ TRINITY—MAY 12, 2013

Newcomers recognized at the 11:15 am service.

Stephen Ministers Commissioned at the 9:00 and 11:15 services.

Activities at 10:15am

Newcomers' Group

A new group will begin next Sunday, May 19, in Room C.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

30/40s and Beyond Bible Challenge—Assembly Area

Today we will begin watching the History Channel's *The Bible* DVD series. Questions? Amy Dierlam: 601-1699 or dnarock@pacbell.net

This Week

Walk the Labyrinth

Third Friday, May 17, 6-8pm in the Great Hall

Please join us! For more information, contact Rhonda Canby (rcanby@msn.com).

Memorial Service for Jean Quint

Saturday, May 18 at 2:00pm

Arthritis Walk

Saturday, May 18 at the Capitol

Newcomer Charis Hill is recruiting teammates and funds for her team, Ankylosing Spondylitis (A.S.). Charis was recently diagnosed with A.S., a rare form of Rheumatoid Arthritis. A.S. affects the whole body but is famous for a characteristic fusing of the spine in a fixed, immobile position. Charis is seeking people to help raise money and/or walk with her. To register for her team and/or donate, visit: <http://sacarthritismwalk.kintera.org/charis> or send her an email at this.is.charis@gmail.com.

Annual Parish Picnic

Sunday, May 19, 1:00-6:00pm

It's earlier this year! We'll again be at Oki Park, 2715 Wissemann Dr., south of Hwy 50 between Watt and Howe. Hamburgers, hot dogs, ice cream and drinks will be provided. Please bring a side dish or munchies to share. Don't miss this fun time.

Next Sunday

Pentecost is approaching quickly!

On May 19th we will celebrate the gift of the Holy Spirit given to the Apostles (and us!). This year we will continue the tradition of reading a verse from the Acts of the Apostles in different languages. If you are able to read in a language other than English and would like to share this, please sign up at the Welcome Center or contact Elizabeth Kenealey at superverger@yahoo.com. Let me know which language you would like to share and which service you will attend: 7:30, 9:00 or 11:15.

Wear Red!

Pentecost is next Sunday. Family Service in the Great Hall will celebrate Pentecost and at 10:15 Sunday School will celebrate in the Great Hall with Pentecost Pinatas and birthday cake. All are welcome to celebrate with us.

Thursday Night at the Cathedral

Candlelight Compline—6:00pm + Dinner—6:15pm + Classes—7:00pm

Spring Classes 2013

Classes Meet on Thursday Evenings from 7 to 8:30 p.m.

All books are available in the Trinity Bookshop

The Episcopal Church Welcomes You: The Rev. Anne McKeever in the Conference Room

Everyone interested in the Episcopal Church is invited to learn about our history, faith, traditions and quirks. Recommended books: **Your Faith, Your Life: An Invitation to the Episcopal Church** by Jenifer Gambler and Bill Lewellis, and **The Episcopal Handbook**.

Emmet Fox and New Thought: Vaughn Wolff in the Trinity Bookshop

Continuing with the writings of Emmet Fox, we will explore scripture as a guide to heal the soul using prayer as treatment along with our ability to choose and create new thoughts.

Understanding How We Worship: Canon Lynell Walker in Classroom I

Continuing our discussions of **Liturgical Life Principles: How Episcopal Worship Can Lead to Healthy and Authentic Living** by Dr. Ian S. Markham, we will explore connections between Episcopal liturgy and our lives.

The Bible Challenge TNAC Discussion Group: Rhonda Canby and Randy Knutson in the Assembly Area

Bring your Bible and discuss the readings for the week. Newcomers are always welcome.

Dean Baker Presents the Old Testament: Assembly Area, first Thursday of each month: June 4, July 11. Come

learn about the books of the Old Testament we're reading for the Bible Challenge as we ponder: Who is God? All are welcome. **Most Thursday evening classes attend this presentation** once a month.

Camp Noel Porter

In addition to the regular camps, this year a special Choir Camp for youth third to ninth grades is being offered. Whatever program you choose your child will have a wonderful time. Scholarships are available, see Nancy Tennyson. For more information see the bulletin boards or www.campnoelporter.org

Help Family Promise

Donate your used ink cartridges and old cell phones to Family Promise. Just drop them off at the office. Like many non-profit groups, Family Promise is struggling to keep going. Your donations help them to meet some of their monthly costs. Every little bit helps. Contact is Sally Smith—sally1369@comcast.net

ACT Community Meeting

Wednesday, May 22, 6:30-8:30 pm

St. Mark's UMC, 2391 St. Marks Way, Sacramento

End homelessness! To accomplish the next steps, we urgently need your support. Come to this public meeting with city and county officials and help show our concern for those less fortunate. With other congregations, we will be asking those who represent us to join us in taking specific steps to bring change in our community. Contact one of us if you will be coming, to get more information, or to find or offer a ride: Sally Smith 930-9564, sally1369@comcast.net; Shireen Miles 203-5595, shireenmiles@comcast.net; The Rev. Canon Tina Campbell 806-8040, tinarcampbell@comcast.net; William Jeager 288-5276, william.jeager1973@gmail.com

CATHEDRAL BOOKSHOP

The Cathedral Bookstore has received a copy of the **Anchor Bible Dictionary**. This six volume set is in like new condition.

Would you like to know about a Biblical person, place, or custom? Do you have a question about Biblical history? Biblical source material? Are you interested in the cultural background of a biblical passage? Perhaps your interest is biblical archeology? All of this and much more is answered in this remarkable set.

Vintage postage stamps

from 1960's thru 1990's arriving weekly.
Prices rounded up to nearest 50 cents to reflect collectible value.

Regular store hours are: Tu-Th:11:00am - 5:00pm
Fri. 11:00am - 2:00pm; Sun, 8:30am - 1:00pm
Contact us at 916-442-9194

Ongoing

Lunch Bunch

Thursdays, noon to 1:30pm in the Assembly Area

Please bring your Bible for our discussion of the Bible Challenge readings. Contact is Rev. Anne—amckeever@wavecable.com

Writing Group

Thursdays, 4:30 to 6 p.m. in the Conference Room

Everyone is welcome to join us. We will write to a prompt and share what we choose of our writing with the group. Contact is Rev. Anne at amckeever@wavecable.com.

Centering Prayer

Tuesdays, 6-7pm in the East Transept
Thursdays, 1:00-2:00pm in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____