



# Trinity Episcopal Cathedral Announcements



*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

**MONDAY 25 OFFICE CLOSED**

### TUESDAY 26

12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer

### WEDNESDAY 27

9:00am Holy Eucharist  
10:00am Moms, Pops and Tots  
12Noon NA Meeting  
7:00pm Cathedral Choir Rehearsal

### THURSDAY 28

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
4:30pm Writing Group  
6:00pm Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes

### FRIDAY 29

9:00am Holy Eucharist  
12Noon NA Meeting  
7:00pm Canon Link's Anniversary Bash

### SATURDAY 30

1:00pm Michi Low Memorial Service

### SUNDAY 31 TRINITY SUNDAY

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am Sunday School  
10:15am Newcomer's Group  
10:15am 30/40's and Beyond  
11:15am Holy Eucharist  
12:45pm Holy Eucharist

The Office will be closed on  
Monday, May 25  
in observance of Memorial Day

## CATHEDRAL BOOKSHOP

Store hours are:  
Tu-Th: 11:00am - 5:00pm;  
Sun: 8:30am - 1:00pm  
Contact us at 916-442-9194 or  
bookshop3@gmail.com

### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

### Lessons for May 31, 2015 Trinity Sunday

Isaiah 6:1-8; Psalm 29;  
Romans 8:12-17; John 3:1-17  
Preacher is the Right Rev. Barry Beisner

## TODAY @ TRINITY—MAY 24, 2015

### Activities at 10:15am

### Newcomers' Group — Room C

**A new group begins today with Introductions.**

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

### 30/40's and Beyond — Conference Room

ALL ages welcome! Contact: Amy Dierlam at dnarock@pacbell.net

### Science of the Mind — Room A

Vaughn Wolff facilitates this group for the next two Sundays. Come for a great conversation

### Parenting Matters: for parents and grandparents of teens— Assembly Area

Please join the Rev. Kathy Hopner on the fourth Sunday of each month during the Sunday School hour to explore together the issues parents face today.

## This Week

### Come and Celebrate Canon Link's Anniversary! Friday, May 29 at 7:00pm

You are invited to share in a special celebration of Canon David Link's 30th anniversary as the director of music at Trinity. Please join the Cathedral Choir, the Celebration Choir and the Cathedral Choristers in congratulating David on this milestone for building and sustaining one of the finest church music programs in Northern California. Let's all wish him Godspeed before he leaves on a well-deserved sabbatical this summer. Refreshments will be provided, and the three choirs will give David a big musical send-off. Please honor David with your prayers and your presence.

### Radical Hands on Healing

**Saturday, May 30 in the Cathedral**

Transept Ministers: 9am -12pm;  
Community at large: 9:30-12pm  
Clergy - Rev. Lynell Walker; Lay Leader - Elba White

All who are interested in healing ministry are invited and heartily encouraged to come and participate in this workshop based on Biblical truths. This workshop will present information on the spine and the physical effects of injury and deterioration, allow time for practice and prayers by all participants, and led by our clergy have a time for worship. Call Elba White at 684-4015 for more information.

### Memorial Service for Michi Low Saturday, May 30, at 1:00pm

## Next Sunday

### Trinity Sunday

Bishop Beisner will be celebrating and preaching at the 7:30, 9:00 and 11:15 services.

## Coming Up

### Sacramento Pride

**Saturday, June 6**

Please join us! Trinity once again will be participating by holding a pre-parade Eucharist service, marching in the parade and hosting an informational booth. **The Eucharist service starts a 10:30 am at 3rd Street and Crocker Park. The parade starts at 11 am and our booth will run from 11 am until 5 pm.** Pride festivities will be on the Capitol Mall. The cost is \$10 per person. Children 5 and under get in free. For further information, please email Rod Thomas at rthomas0604@gmail.com or call 502-558-2497.

### Veterans Swapping Stories

**Sunday, June 7 at 10:15am in the Assembly Area**

Attention all Veterans! We are moving VSS to the first Sunday of the month to better serve you, starting June 7 we will be meeting in the Assembly Area upstairs from 10:15 to 11:15, there we will be getting to know one another and swapping stories so bring your coffee and munchies!

### Are You Smarter than a 5<sup>th</sup> Grader?

#### —Introduction to the Old Testament—

Our 5<sup>th</sup> Graders at Trinity spend the entire year studying the Bible. So... "Are you smarter than a 5<sup>th</sup> grader?" We start a new **Introduction to the Old Testament class on June 7, at 10:15 in Room A.** Please bring a Bible. Donald Grigg's The Bible From Scratch: The Old Testament for Beginners is recommended but not required. (Available in the Bookshop.) NO KNOWLEDGE OF THE BIBLE IS REQUIRED. We start with the basics (What is the Bible? What does "OT stand for?" "Where do you find it in the Bible?") and move on to spend a few weeks on the Pentateuch (1<sup>st</sup> 5 books); the Prophets (a lot of fun!) and the Writings. All of this from June 7 – August 16. (No you don't have to attend all the classes.) Jerry Paré will teach the course. Jerry has a Master of Arts in Scripture from The Claremont School of Theology, Claremont CA. "You seduced me, O Lord, and I let myself be seduced!" (Jer 20: 7)—Now that sounds interesting, doesn't it?

### Women's Retreat

**June 12-14 at Mercy Center in Auburn**

The cost is \$185 and you can pay for your registration in the Bookshop. The retreat's theme is "The Emmaus Journey". Invite a friend and come join the fun! **Please contact Pastor Pamela at pamel@trinitycathedral.org if you are in need of partial financial assistance.**

## Ongoing

### Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be getting to know one another and swapping stories.

### Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

### Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June Gillam - jgillam@wavecable.com.

### Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

### Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027

### Centering Prayer – East Transept

**Tues., 6-7pm; Thurs., Noon—1:00**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

## THURSDAY NIGHT AT THE CATHEDRAL

**6:00pm—Compline**

**6:15pm—Dinner (\$7)**

**7:00pm—Classes**

#### **Small Group:**

**Radical Inclusion** small group discussion - After hearing Yvette Flunder speak on this subject, come and participate in a small group discussion about Creating, Sustaining, Celebrating and Preaching to Community. Facilitator is Pamela Anderson.

#### **Classes:**

- Facilitator - Vaughn Wolff: **Finding Faith Hope and Love.** This will be an exercise in listening and sharing our stories with an emphasis on spiritual awareness and the evidence of God working in us, in our environments and in the world. Learning how to be at Peace in spite of Adversity is the demonstration of spirit. Coming to a place of confidence that everything matters to God where we find Good in everything we see, hear, touch, feel, know and think, is the homecoming we all seek; and then we are equipped with the Light of Christ to walk back down into the dark places to bring the Light of Faith Hope and Love to those who are weary with the heaviness of a troubled life.
- Facilitator - Susan Hotchkiss: **Holy Women, Holy Men Celebrating the Saints.** This wonderful resource contains lives of men and women who have served God and humanity from ancient history to more current times. We will discuss the make up of the book and delve into the historic context that put these people in the places and times God needed them to be.

## Jesus Stories - A Vacation Bible School

**June 15th - 19th**

8:00 a.m. - 12:30 p.m.

For children ages 4 through 4th grade

At St. Michael's Episcopal Church in Carmichael

Cost: \$25.00

**Registration will begin May 14th!**

Please contact Rev. Kathy Hopner at 930-8027 or khopner@trinitycathedral.org for more information.

### **Cathedral Flower Donation**

**A nice way to give thanks or to remember loved ones.**

**Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:**

**Trinity Cathedral Flowers, 2620 Capitol Ave,  
Sacramento, 95816**

Date requested \_\_\_\_\_ (allow 2 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_