



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY JUNE 1

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 2

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:15pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 3

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
7:00pm Cathedral Choir Rehearsal

THURSDAY 4

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Robert Thurman Presentation

FRIDAY 5

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 6

11:00am Transitional Deacon Ordinations

SUNDAY 7

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Sunday School
10:15am Newcomer's Group
10:15am 30/40's and Beyond
10:15am Veterans Swapping Stories
10:15am Intro to Old Testament
10:30am Potluck Dinner Church
11:15am Holy Eucharist
12:45pm Holy Eucharist

CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th:11:00am - 5:00pm;
Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for June 7, 2015 Trinity Sunday

1 Samuel 8:4-11,16-20; Psalm 138;
2 Corinthians 4:13-5:1; Mark 3:20-35

TODAY @ TRINITY—MAY 31, 2015

Activities at 10:15am

Newcomers' Group — Room C

The group will view and discuss a video.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

30/40's and Beyond — Conference Room

ALL ages welcome! Contact: Amy Dierlam at dnarock@pacbell.net

Science of the Mind — Room A

Vaughn Wolff facilitates this group. Come for a great conversation.

This Week

Ministry Team Meetings

Tuesday, June 2, 2015
Dinner—6:00pm, Meetings—7:00pm

Professor Robert Thurman

Thursday, June 4 at 6:00pm in the Cathedral. Tickets are \$20.

Tibet House California is sponsoring this opportunity to hear Professor Thurman speak on Tibet's Gift to the World. This event will raise funds for Tibetan Children's Village which educates and cares for Tibetan refugee children who have fled across the Tibetan border, often making the journey without their families. Cash or checks will be accepted at the event.

Game Night

Friday, June 5, 6:30pm in the Great Hall

Bring your favorite game or find a table starting a new game; we don't all have to play the same one. For more information contact Wendy Mustain at wmustain.trinitycathedral@gmail.com.

Sacramento Pride Pre-Parade Eucharist

Saturday, June 6, 10:30am in the parking lot at the corner of 3rd Street and Crocker Park

Please join us for Holy Communion to kick off this year's Sacramento Pride Parade. Joint service sponsored by Trinity Episcopal Cathedral and St. John's Lutheran Church the celebrant is the Rev. Megan Anderson.

Next Sunday

Veterans Swapping Stories

Sunday, June 7 at 10:15am in the Assembly Area

Attention all Veterans! We are moving VSS to the first Sunday of the month to better serve you, starting June 7 we will be meeting in the Assembly Area upstairs from 10:15 to 11:15, there we will be getting to know one another and swapping stories so bring your coffee and munchies!

Are You Smarter than a 5th Grader?

— Introduction to the Old Testament—

Our 5th Graders at Trinity spend the entire year studying the Bible. So... "Are you smarter than a 5th grader?" We start a new **Introduction to the Old Testament class on June 7, at 10:15 in Room A.** Please bring a Bible. Donald Grigg's *The Bible From Scratch: The Old Testament for Beginners* is recommended but not required. (Available in the Bookshop.) NO KNOWLEDGE OF THE BIBLE IS REQUIRED. We start with the basics (What is the Bible? What does "OT stand for?" "Where do you find it in the Bible?") and move on to spend a few weeks on the Pentateuch (1st 5 books); the Prophets (a lot of fun!) and the Writings. All of this from June 7 - August 16. (No you don't have to attend all the classes.) Jerry Paré will teach the course. Jerry has a Master of Arts in Scripture from The Claremont School of Theology, Claremont CA. "You seduced me, O Lord, and I let myself be seduced!" (Jer 20: 7)—Now that sounds interesting, doesn't it?

More Next Sunday

The Potluck Dinner Church Ministry
Invites you to a BBO in the Trinity Community Garden
Sunday, June 7, 10:30 am - 1:30 pm
Join us for good food and community
The garden will also be blessed at 12:45 pm
All food and beverages will be provided

Coming Up

Women's Retreat

June 12-14 at Mercy Center in Auburn

The cost is \$185 and you can pay for your registration in the Bookshop. The retreat's theme is "The Emmaus Journey". Invite a friend and come join the fun! **Please contact Pastor Pamela at pamela@trinitycathedral.org if you are in need of partial financial assistance.**

Family Promise Returns to Trinity

June 21-27

Our Family Promise families return to the Cathedral on Sunday, June 21, 2015, and will again be staying in the Great Hall for a week. We need folks to provide a dinner each evening; evening hosts who can serve, clean up, and make sure the families' needs are provided for; and overnight hosts who ensure their security and comfort while they spend the night in the Great Hall. If you like, you can drop off an entree for dinner before 5:30 p.m. and we will prepare it for you. (Please make sure you leave instructions if you go this route! Some of us are experienced cooks, but many are not and need some clues.) Please sign up on the Family Promise poster in the office hallway, or email Eleanor Taniguchi at ehtaniguchi@gmail.com, or phone 916-708-4295.

In addition, we are planning a special Father's Day barbecue for the families on the 21st. We need a barbecue grill, and if possible, a person who loves to grill. We will be serving hamburgers and hot dogs and possibly chicken as a lighter alternative. (Some of the family members are on medically restricted diets; the coordinators will have more information on the families' needs the week before we host.) If you'd like to donate time, food, or equipment to our party, please contact Eleanor.

Family Promise is a national organization which transitions homeless families into stable homes and employment. The Sacramento center has been the most successful in the network, with 30 families placed into housing and jobs last year. For more information, please ask the office for our Family Promise FAQ, or ask Eleanor to email an electronic copy of the booklet to you.

Ongoing

Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be getting to know one another and swapping stories.

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June Gillam - jgillam@wavecable.com.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

There will be **NO**
Thursday Night at the Cathedral
(TNAC)
program, dinner or compline
on Thursday June 4th.
The TNAC and dinner program
will be on break for the summer and
will resume on
Thursday, September 10th.

Look for
Voices of Faith
to begin on
Thursday, July 9

Jesus Stories - A Vacation Bible School

June 15th – 19th

8:00 a.m. – 12:30 p.m.

For children ages 4 through 4th grade
At St. Michael's Episcopal Church in Carmichael
Cost: \$25.00

Please contact Rev. Kathy Hopner at
930-8027 or khopner@trinitycathedral.org
for more information.

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to

"Trinity Cathedral" with 'Flowers' on the memo line) to:

**Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816**

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____