



# Trinity Episcopal Cathedral Announcements



*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 3

12Noon NA Meeting  
5:45pm Holy Eucharist

### TUESDAY 4 OFFICE CLOSED

10:00pm Independence Day Service

### WEDNESDAY 5

10:00am Moms, Tots and Pops  
12Noon NA Meeting  
12:10pm Holy Eucharist

### THURSDAY 6

12Noon NA Meeting  
12Noon Centering Prayer  
3:00pm Writing Group  
6:00pm Compline  
7:00pm Voices of Faith  
7:00pm Journey with Jesus

### FRIDAY 7

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 8

9:00am Men's Breakfast  
10:00am Women's Potluck Brunch

### SUNDAY 9

7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am Newcomer's Group  
11:15am Holy Eucharist  
12:45pm Holy Eucharist

## TODAY @ TRINITY – JULY 2, 2017

First Sunday Family Service  
**TODAY at 9:00am in the Assembly Area**

Activities at 10:15am

Newcomers' Group - Room F

**The group will discuss Resources for Next Steps.**

Contact is Randie Strike: randie.trinity@gmail.com;916-446-2513

## This Week

Independence Day Service

**Tuesday, July 4 at 10:00am**

Trinity Cathedral will have a church service on July 4th at 10:00 a.m. in thanksgiving for our freedom. The service will be followed by a PIE and ice cream reception! Please join us and bring a PIE to share.

NO Ministry Team Dinner or Meetings

On Tuesday, July 4, 2017

Voices of Faith

Begins on Thursday, July 6 at 7:00pm in the Assembly Area

**July 6** -- Presented by Deacon Donna Arellano who will share her stories and show photos of her recent trip to Israel and Palestine.

Trinity Hiking to Lower Echo Lake

**Saturday, July 8**

It's a moderate, 3 mi hike to the end of lower Echo Lake. We then take a fun water taxi (\$8 charge) back to the trailhead. The drive from Trinity is about 1-3/4 hours up Hwy 50. We meet in front of Trinity at 8:00 so we can be on the trail by 10:00. Bring whatever you'd like to eat and drink along the way and we'll look forward to a relief from the Valley heat.

RSVP to Jackie at jackiewmcrath@gmail.com by Wednesday, July 5.

Trinity Men's Group Breakfast

**Saturday, July 8, 9:00am at IHOP at 30th and N Streets**

Due to construction we'll meet at IHOP. All Trinity men are invited. Contact: Chris Sanft - chris@sanft.org

Women's Fellowship Potluck Brunch

**Saturday July 8 from 10:00 am to Noon -- Room F**

Rosemary Braxton will talk to us about three women in the Bible whose lives have meaning for us today in their Strength, Courage and Endurance. The women Rosemary has chosen to bring to us are Jochebed, Esther and Lydia. Please come and join us for an interesting talk and discussion.

## Next Sunday

Sunday Morning Summer Meditation Experience

**Starting Sunday, July 9 through the end of August  
10:30-11:00 am in Room J**

Whether you have never meditated before, or whether you meditate all the time, these gathering are for you! Rev. Megan will guide the group in a different practice each session. There will be time for discussion and questions after each practice. If you have questions please contact Rev. Megan: megan@trinitycathedral.org

The Office will be closed on  
Tuesday, July 4  
in observance of  
Independence Day

## CATHEDRAL BOOKSHOP

Store hours are:  
Tu-Th: 11:00am - 5:00pm;  
Sun: 8:30am - 1:00pm  
Contact us at 916-442-9194 or  
bookshop3@gmail.com

### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

**Lessons for July 9, 2017**  
*Proper 9*

Genesis 24:34-38, 42-49, 58-67  
Psalm 45: 11-18  
Romans 7:15-25a  
Matthew 11:16-19, 25-30

## Coming Up

### Housing needed for Cambridge University Choir

We are welcoming the Chapel Choir of Selwyn College, Cambridge to Trinity Cathedral for a concert on July 18th. We need to provide overnight housing for the thirty students during their stay in Sacramento, for two nights, July 17 and 18. For each student you host, you'll get a free ticket to their concert!

Sign-up in the Great Hall during coffee hour, or you can contact Canon Link at [sierracanon@gmail.com](mailto:sierracanon@gmail.com) or 916-446-2513 ext. 224. Thank you!

### New Clairvaux Monastery and Winery Tour Saturday, July 29, 2017

Special tour arranged for Trinity Cathedral members and friends to a Benedictine order monastery located just south of Chico, CA. Cost is \$65 per person. **Send checks made out to: DAVLO Tours** and mail to 6298 So. Land Park Dr., Sacramento 95831.

**Deadline is July 10 for payment.**

For more information, contact Kevin Sanders at: [kevinlsanders50@gmail.com](mailto:kevinlsanders50@gmail.com)

### Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

### Summer Choirs at Trinity

During the summer months the Celebration Choir and Cathedral Choir continue to sing for Sunday services, but there are no weeknight rehearsals. A short rehearsal on Sunday morning prepares us for the service following.

**The Summer Celebration Choir** practices at 8:25 am in the Assembly Area, and sings for the 9:00 Eucharist.

**The Summer Cathedral Choir** practices at 10:40 am in the Cathedral, and sings for the 11:15 service.

No audition is required for either group, and you can participate on Sundays as you are available. Come and join us... you are assured of a "warm" welcome and great music.

### **Cathedral Flower Donation**

*A nice way to give thanks or to remember loved ones.*

**Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:**

**Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816**

Note: The adornment during Advent and Lent do not include flowers.

**Date requested** \_\_\_\_\_ (allow 3 weeks for processing).

**In Thanksgiving for:** \_\_\_\_\_

**In Memory of:** \_\_\_\_\_

**From:** \_\_\_\_\_ **Phone#** \_\_\_\_\_

## THURSDAY NIGHT AT THE CATHEDRAL

**6:00 pm - Compline**

### **Voices of Faith Beginning July 6 at 7:00pm**

July 6 -- Presented by Deacon Donna Arellano who will share her stories and show photos of her recent trip to Israel and Palestine.

July 13 -- Herbert Howells, an important composer of church music, is presented by Canon David Link, who attributes wanting to be a choral conductor to Howells' music!

July 20 -- Presented by Susan Hotchkiss *'Called by the Spirit' - Women of the Protestant Reformation*: The 500th anniversary of the Protestant Reformation is being celebrated this year. Come and hear about how the event affected women.

July 27 -- Presented by Wanda Arnold: *"Long Silence"*, a true story about a part of the author's life that changed everything.

August 3 -- Presented by Julie Montgomery-Ott, Mona Tawatao and Sarah Torres: These three speakers will address Immigration concerns in our communities and in our country.

August 10 -- Presented by Derek Murray and Bruce Roy, *Poems, Prayers and Promises: The Music of Our Lives*: Come join us for a fun evening of music appreciation of all kinds, including yours.

August 17, 24, and 31 -- Presented by T.R.E.E. (Trinity Respecting Earth and Environment): TREE will offer informative and engaging films on the dates listed above. Please come and bring your friends and family. Let's have some lively discussion after the showings. Look for titles in the e-news and Sunday announcement page.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:  
The Rev. Dr. Pamela Anderson:  
[Pamela@trinitycathedral.org](mailto:Pamela@trinitycathedral.org) or 916/446-2513

## Ongoing

### Traveling Bible Study and Spirituality Group

Trinity young adults (20s-30s) meet twice a month on Sunday afternoons for lunch, fellowship, and bible study around town. To join the email list, email Rev. Megan at [megan@trinitycathedral.org](mailto:megan@trinitycathedral.org)

### Trinity Men's Group Breakfast

**NOTE: Location Chg.**

2nd Saturday at 9am at IHOP, 30th & N Sts. Contact: Chris Sanft - [chris@sanft.org](mailto:chris@sanft.org)

### Lunch Bunch – Thursdays, Noon

**« On break.**

Contact is Pastor Pamela—[pamela@trinitycathedral.org](mailto:pamela@trinitycathedral.org)

### Writing Group – Thursdays, 3pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at [jgillam@wavecable.com](mailto:jgillam@wavecable.com)

### Centering Prayer

**Tues., 6-7pm and Thurs., Noon—1:00pm (East Transept)**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at [nancy.c.earl@gmail.com](mailto:nancy.c.earl@gmail.com)

### Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every Sunday **during the school year** at 10:15am. Contact: Rev. Kathy Hopner at 930-8027