



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 6

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 7

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer

WEDNESDAY 8

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
6:00pm Community Dinner

THURSDAY 9

12Noon NA Meeting
12Noon Lunch Bunch
12Noon Centering Prayer
2:30pm Writing Group
6:00pm Compline
7:00pm Voices of Faith

FRIDAY 10

12Noon NA Meeting

SATURDAY 11

9:00am Trinity Men's Breakfast
11:00am Daughters of the King

SUNDAY 12

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Tour of the Cathedral
10:15am Introduction to the Old Testament
11:15am Holy Eucharist
12:45pm Holy Eucharist

TODAY @ TRINITY—JULY 5, 2015

The Library is open in the Elevator Alcove

Give yourself a present by checking out a book from the Cathedral Library this morning between 8:30 and 11:30. There are also books for little children.

Lost & Found Items

Please check the table in the Great Hall for your lost or 'left-behind' items. All unclaimed items will be donated.

Activities at 10:15am

Newcomers' Group

The group will not meet today.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

Intro to the Old Testament

The group will not meet today.

Next week we will review the short but mighty history of the Kingdom of Israel. All are welcome. Bring your Bible!

Veterans Swapping Stories

Sunday, July 5 at 10:15am in the Assembly Area

Attention all Veterans! We meet the first Sunday of the month. We will be getting to know one another, swapping stories and planning upcoming events, so bring your coffee and munchies and join us!

This Week

Ministry Teams

There will be no Ministry Team Dinner on Tuesday July 7th. Only the Hospitality Team will be meeting at 7 PM in Room J.

See you on Tuesday August 4th at 6 PM for Dinner and 7 PM for meetings.

Lunch Bunch - the Rev. Canon Tina Campbell

Thursday, July 9 at noon in the Conference Room

It is not success so much that matters anymore, as becoming more deeply human--that is kinder, truer, more to be relied on and less automatic in response.

~ Damaris Parker-Rhodes, Quaker writer and activist

Join Deacon Campbell as she facilitates a conversation on **Aging** for six sessions of the Thursday Lunch Bunch. Drawing on articles from the journal, *Weavings*, we will explore spirituality as we age, what it means to let go, claiming the role of Elder in our community, living life fully as we befriend our own mortality, and sharing the wisdom that comes with maturity.

See "More This Week" on the back page

Next Sunday

Newcomers' Group — Cathedral

The group will Tour the Cathedral

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

The Rev. Diana Turner...

...will, on **Sunday, July 12, 12:30-2:00pm in the Bookshop**, present a line of natural products that will improve your life inside and out.

TREE presents its...

USE YOUR OWN MUG AT COFFEE HOUR Campaign!

Help us to use less paper and generate less waste by bringing your own coffee mug to use on Sundays.

Show your coffee mug at the TREE table and receive a raffle ticket. You will be eligible to win environmentally-friendly items.

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for July 12, 2015

The Seventh Sunday after Pentecost

2 Samuel 6:1-5, 12b-19
Psalm 24
Ephesians 1:3-14
Mark 6:14-29

More This Week

Voices of Faith

begins on

**Thursday, July 9 at 7:00pm
in the Assembly Area**

July 9 -- Facilitated by Susan Hotchkiss.

Utilizing the new medium of radio, Aimee Semple McPherson was able to reach thousands with her sermons given at the Angelus Temple in Los Angeles. She had tens of thousands of testimonies from those who had been healed during her sermons and was a major influence in revitalizing American Evangelical Christianity in the 20th century. But there was another side to this woman which included a reported kidnapping and extramarital affairs. Come and hear about this very interesting woman.

July 16 -- Dennis Hock is a poet who explores matters of the heart and soul in his creative work.

July 23 -- *The Art of Life* presented by Kiho Cho, D.V.M., Ph.D. Cho brings a unique blend of science and art as he shares a gallery of images discovered as part of his scientific studies.

July 30 -- Ray Leonardini is the Director of Prison Contemplative Fellowship, an association of current and former prison inmates, chaplains, and volunteers committed to sharing the practice of centering prayer with the prison population.

August 6 -- Robert L. Litchfield, Jr., is both an author and an advocate for the homeless in Auburn, CA, having written *Until they have faces: 110 interviews with the homeless people of Auburn, California*, which he is selling as a fundraiser for homeless services in his town.

August 13 -- Facilitated by Loren Weatherly. Sir Michael Tippett was an adventurous composer – some of his symphonies are haunting and some are beautiful and some are obscure and derivative.

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Ongoing

Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be getting to know one another and swapping stories.

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 2:30pm

Writing prompts are offered, we write, then share our writing or not.

Contact: June Gillam - jgillam@wavecable.com

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

Compline at 6:00pm

**The classes and dinner program
will be on break for the summer and
will resume on
Thursday, September 10th.**

You are invited to sing with our summer choirs!

The Summer Celebration Choir practices in the Assembly Area at 8:20am and sings for the 9:00am Eucharist.

The Summer Cathedral Choir practices in the Cathedral Choir Stalls at 10:40am and sings for the 11:15 Eucharist.

No audition or sign-up required. Just come and join your voice with ours when you can!

Help Wanted!

Do you enjoy Trinity's coffee hours? Ever thought about helping at them but didn't know what to do? Consider serving as a coffee hour co-host this summer and fall to "learn the ropes"! Several slots are available and it's a fun and easy way for you (or your family) to get involved (only takes about 45 minutes every other month).

For more info, please e-mail or call the current Coffee Hour Coordinator, Georgianna Pfof, at du-gongs@sbcglobal.net or (916) 266-1802. Thanks!

CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th: 11:00am - 5:00pm;
Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:

**Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816**

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____