



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 10

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 11

10:00am Tuesday Morning Group
12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
7:00pm Acolyte Practice

WEDNESDAY 12

10:00am Moms, Tots and Pops
12Noon NA Meeting
12:10pm Holy Eucharist

THURSDAY 13

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
3:00pm Writing Group
6:00pm Compline
7:00pm Voices of Faith
7:00pm Journey with Jesus

FRIDAY 14

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 15

SUNDAY 16

7:30am Holy Eucharist
9:00am Holy Eucharist
10:30am Meditation Experience
11:15am Holy Eucharist
12:45pm Holy Eucharist

CATHEDRAL BOOKSHOP

Store hours are:
Tu-Th: 11:00am - 5:00pm;
Sun: 8:30am - 1:00pm
Contact us at 916-442-9194 or
bookshop3@gmail.com

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for July 16, 2017

Proper 10

Genesis 25:19-34
Psalm 119:105-112
Romans 8:1-11
Matthew 13:1-9,18-23

TODAY @ TRINITY – JULY 9, 2017

**The Library will be open
in the Elevator Alcove**

TODAY from 8:30 to 11:30am

Activities at 10:15am

Newcomers' Group - Cathedral

The group will Tour the Cathedral. ALL are welcome to join us!

Contact is Randie Strike: randie.trinity@gmail.com; 916-446-2513

Summer Meditation Experience - Room J

TODAY through the end of August

Whether you have never meditated before, or whether you meditate all the time, these gathering are for you! Rev. Megan will guide the group in a different practice each session. There will be time for discussion and questions after each practice. If you have questions please contact Rev. Megan: megan@trinitycathedral.org

This Week

New Clairvaux Monastery and Winery Tour

DEADLINE IS TOMORROW, JULY 10, FOR PAYMENT.

Saturday, July 29, is the date of a special tour arranged for Trinity Cathedral members and friends to a Benedictine order monastery located just south of Chico, CA. Cost is \$65 per person. **Send checks made out to: DAVLO Tours** and mail to 6298 So. Land Park Drive, Sacramento 95831.

For more information, contact Kevin Sanders at:
kevinlsanders50@gmail.com

Lunch Bunch Resumes

Thursday, July 13, Noon in Room F

The Bishop suggests reading *Toxic Charity: how churches and charities hurt those they help* by Robert Lupton. There has been a lot of positive feedback on the book and Eileen Harvey-Qualset will facilitate this discussion for a five-week series from July 13th through August 10th.

Bring a lunch, bring a friend, and join in! Copies are available in the Cathedral Bookshop.

Voices of Faith

Thursday, July 13 at 7:00pm in the Assembly Area

July 13 -- Herbert Howells, an important composer of church music, is presented by Canon David Link, who attributes wanting to be a choral conductor to Howells' music!

JOURNEY WITH JESUS

Thursdays at 7:00pm in the Conference Room

Journey with Jesus continues through the summer on Thursday evenings 7:00 PM in the Conference Room. Journey with Jesus is a small group Bible Study that focuses on the Sunday Gospel passage. ALL ARE WELCOME!

Coming Up

Cambridge University Choir

Tuesday, July 18 at 7:30pm at Trinity Cathedral

The Chapel Choir of the Selwyn College, Cambridge, England, will appear in concert at Trinity Cathedral on Tuesday, July 18th at 7:30 pm. We are very excited to host this fine choir in their first west coast tour. The choir is conducted by Sarah MacDonald, who is the first woman to hold the post of Director of Music at an Oxbridge chapel!

Many of you will remember the last Cambridge chapel choir to sing here (Trinity College), which was perhaps the finest choral singing we've experienced in our Cathedral (which is saying something!). We anticipate this concert to be equally thrilling, so mark the date on your calendar, and plan to join us. Included will be music by Thomas Tallis, Michael Praetorius, Anton Bruckner, Gustav Holst, and many others.

The suggested donation is \$15 general, and \$10 for students & seniors (62+)

Housing needed for Cambridge University Choir

We are welcoming the Chapel Choir of Selwyn College, Cambridge to Trinity Cathedral for a concert on July 18th. We need to provide overnight housing for the thirty students during their stay in Sacramento, for two nights, July 17 and 18. For each student you host, you'll get a free ticket to their concert!

Sign-up in the Great Hall during coffee hour, or you can contact Canon Link at sierracanon@gmail.com or 916-446-2513 ext. 224. Thank you!

SUPPORT TRINITY WHILE YOU SHOP!

Amazon has a program through which you can donate to Trinity while shopping on line. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases (almost anything you might purchase from them) to Trinity when you name us as your "charitable organization of choice." Go to smile.amazon.com for more details and register "Trinity Cathedral Church" as your organization of choice to support. Thank you!

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:

Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested _____ (allow 3 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____

THURSDAY NIGHT AT THE CATHEDRAL

6:00 pm - Compline

Voices of Faith

7:00pm in the Assembly Area

July 13 -- Herbert Howells, an important composer of church music, is presented by Canon David Link, who attributes wanting to be a choral conductor to Howells' music!

July 20 -- Presented by Susan Hotchkiss 'Called by the Spirit' - *Women of the Protestant Reformation*: The 500th anniversary of the Protestant Reformation is being celebrated this year. Come and hear about how the event affected women.

July 27 -- Presented by Wanda Arnold: "Long Silence", a true story about a part of the author's life that changed everything.

August 3 -- Presented by Julie Montgomery-Ott, Mona Tawatao and Sarah Torres: These three speakers will address Immigration concerns in our communities and in our country.

August 10 -- Presented by Derek Murray and Bruce Roy, *Poems, Prayers and Promises: The Music of Our Lives*: Come join us for a fun evening of music appreciation of all kinds, including yours.

August 17, 24, and 31 -- Presented by T.R.E.E. (Trinity Respecting Earth and Environment): TREE will offer informative and engaging films on the dates listed above. Please come and bring your friends and family. Let's have some lively discussion after the showings. Look for titles in the e-news and Sunday announcement page.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:
The Rev. Dr. Pamela Anderson:
Pamela@trinitycathedral.org or 916/446-2513

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Ongoing

Traveling Bible Study and Spirituality Group

Trinity young adults (20s-30s) meet twice a month on Sunday afternoons for lunch, fellowship, and bible study around town. To join the email list, email Rev. Megan at megan@trinitycathedral.org

Trinity Men's Group Breakfast

 **NOTE: Location Chg.**

2nd Saturday at 9am at IHOP, 30th & N Sts. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 3pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer

Tues., 6-7pm and Thurs., Noon—1:00pm (East Transept)

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every Sunday **during the school year** at 10:15am. Contact: Rev. Kathy Hopner at 930-8027