



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY JULY 15

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—ALL

TUESDAY 16

12Noon NA Meeting
12:10pm Holy Eucharist
1:30pm Stephen Ministry PSG
6:00pm Centering Prayer
6:30pm Vestry Meeting

WEDNESDAY 17

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
1:00pm Rony Squires Memorial Service
6:00pm Wednesday Community Dinner

THURSDAY 18

12Noon NA Meeting
12Noon Lunch Bunch
1:00pm Centering Prayer
2:30pm Creative Writing
6:00pm Candlelight Compline
6:15pm Bible Challenge Group
7:00pm Voices of Faith—Queen Califia

FRIDAY 19

9:00am Holy Eucharist
12Noon NA Meeting
6:00pm Walk the Labyrinth

SATURDAY 20

5:10pm Holy Eucharist

SUNDAY 21

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Newcomer Group
10:15am Summer Sunday School
10:30am Introduction to Worship & Prayer
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:45am Holy Eucharist

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking for people with disabilities is provided on Sundays. Enter on Trinity Cathedral Lane and park behind the Great Hall.

Lessons for July 21, 2013

9th Sunday after Pentecost

Amos 8:1-12
Psalm 52
Colossians 1:15-28
Luke 10:38-42.

TODAY @ TRINITY—JULY 14, 2013

Healing at all Services

Activities at 10:15am

Newcomers' Group—Room C

A new group begins TODAY with Introductions. Everyone is welcome to be with us, especially, Newcomers and visitors

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

30/40s and Beyond

The group will take a break for the Summer and resume in the fall.

Jerry Paré Presents

Introduction to Worship and Prayer

Beginning TODAY at 10:30am in Room A

Learn the dynamics of the Mass (Holy Eucharist) -- the significance of various parts of the rite; when to stand, kneel, genuflect, bow and sit; the duties of the acolytes, vergers, and eucharistic ministers; the vestments, chalice, paten, bread and wine -- so that you may enrich your experience of participating in Holy Communion. Learn about the Daily Offices of Morning and Evening Prayer and Compline in our Book of Common Prayer so that you may create your own daily prayer practice.

This Week

Family Promise of Sacramento

Invites you to an Open House for their new Day Center

Thursday, July 18 from 4pm to 7pm

1321 North C Street, cross streets 16th/C St.

Walk the Labyrinth

Friday, July 19, 6:00-8:00pm in the Great Hall

For more information please contact Rhonda Canby at rcanby@msn.com

Coming Up

How Do We End Homelessness in Our Region?

T-ACT, TRINITY'S local organizing committee and our partners at St. Mark's Methodist Church are inviting you to attend a free spaghetti dinner and informational meeting. Our goal is to bring Trinity Cathedral members up to speed on our work to end homelessness. WHETHER OR NOT YOU'VE BEEN INVOLVED TO DATE, all Trinity members and friends are encouraged to attend!

DATE: Monday, July 22nd

TIME: 6:30 pm

LOCATION: Trinity Cathedral, in the Great Hall.

RSVP: Shireen Miles at 203-5595 or shireenmiles@comcast.net or Deacon Steve Skiffington at deaconskiff@gmail.com

- Learn about the major initiatives led by government agencies, service providers and homeless advocates to address the issue in our region
- Find about the gaps in service identified by T-ACT members through our research
- Get information on the next steps that the faith community can take to help end homelessness in our region.

More Coming Up

Make and Pray the Anglican Rosary

Trinity Women's Retreat August 10

Trinity women and their friends are invited to join us at the lovely Mercy Center in Auburn for our summer retreat Saturday, August 10th, from 9 to 3:30. Participants will learn to make an Anglican Rosary that includes a small wooden cross hand-crafted by our own beloved Harry Katzakian. Then we'll learn several ways to pray with the rosary, seeking peace and a closer relationship with God. The cost of \$40 includes a delicious lunch and all materials to make your own rosary. Sign-ups in the Cathedral Bookshop. Contact Rev. Anne McKeever for more information. Facilitators will be Rev. Anne and Tori Beck.

Family Promise Week at Trinity

August 11-18 2013

Opportunities to volunteer for Family Promise at Trinity are coming soon. The sign up sheet will be going up this Sunday so drop by the bulletin board outside the bookstore and see how you might serve this very worthwhile ministry at Trinity!! There will be more information soon as to how many families we will house that week. Blessings, Lyle Gramling—lylegramling@gmail.com

CATHEDRAL BOOKSHOP

Come and see our new supply of crystal bowls and serving pieces for weddings and summer events. We'd be happy to order any other items you might want.

Regular store hours are: Tu-Th:11:00am - 5:00pm

Fri. 11:00am - 2:00pm; Sun, 8:30am - 1:00pm

Contact us at 916-442-9194

Trinity Name Tags

If you need or would like a name tag, they can be ordered at the Welcome Center for \$2.00 each. Name tags help us all to get to know each other. It is helpful for Newcomers and visitors if we all wear our name tag.

Ongoing

Lunch Bunch

Thursdays, noon to 1:30pm in the Assembly Area

Please bring your Bible for our discussion of the Bible Challenge readings. Contact is Rev. Anne—amckeeper@wavecable.com

Thursday Writing Group...

The Writing Group **will meet through August 29th on Thursday afternoons from 2:30 to 4 p.m.** in the Conference Room. Newcomers are always welcome. We write to a prompt and then share what we choose to share with the other participants.

Contact is Rev. Anne—amckeeper@wavecable.com

Centering Prayer

Tuesdays, 6-7pm in the East Transept

Thursdays, 1:00-2:00pm in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

Thursday Night at the Cathedral

Thursday, July 18, 2013

Candlelight Compline—6:00pm

Bible Challenge Discussion Group—6:15pm

Voices of Faith—7:00pm

Thursday Night at the Cathedral **Voices of Faith**

7:00pm in the Assembly Area

July 18: Morey Lloyd presents **Queen Califia:** A saint in Her Own Rite — Mother of both Northern & Southern California.

July 25: Susan VanDyke presents **Andrew Young** Civil Rights Leader, Pastor, Ambassador, Mayor, Son, Father, God-Father, American Citizen

August 1: Teresa Sewell presents **Dietrich Bonhoeffer** Author of *The Cost of Discipleship* and *Life Together*, Bonhoeffer lived in Nazi Germany and involved himself in espionage as part of the plot to assassinate Hitler.

August 8: Dean Baker presents the **Old Testament:** Learn about the books of the Old Testament we're reading for the Bible Challenge.

August 15: Jerry Paré presents **Martin Buber** A Jewish philosopher best known for his philosophy of dialogue centered on the distinction between the "I-Thou" relationship and the "I-It" relationship.

August 22: Randy Knutson presents **Marty Haugen** Marty Haugen is a liturgical composer, workshop presenter, performing and recording artist and author

August 29: Canon David Link presents **Thomas Tallis** and **William Byrd** — Thomas Tallis and William Byrd were the two most prominent of Elizabethan composers.

Giving Blood?

Blood Source has a Trinity Cathedral account. Please donate to our account.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____