



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 21

12Noon NA Meeting
5:45pm Holy Eucharist
6:30pm T-ACT
7:00pm Stephen Ministry-ALL

TUESDAY 22

12Noon NA Meeting
12:10pm Holy Eucharist
1:00pm Stephen Ministry PSG
6:00pm Centering Prayer

WEDNESDAY 23

9:00am Holy Eucharist
12Noon NA Meeting
6:00pm Wednesday Community Dinner

THURSDAY 24

12Noon NA Meeting
12Noon Lunch Bunch
12Noon Centering Prayer
2:30pm Writing Group
6:00pm Compline
6:15pm BCP & Bible Challenge
7:00pm TNAC Voices of Faith

FRIDAY 25

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 26

SUNDAY 27

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Summer Sunday School
10:15am Newcomer's Group
10:15am Intro. to the New Testament
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:45pm Holy Eucharist

CATHEDRAL BOOKSHOP

**Pick up a book of prayer
from our selection.**

Store hours are:
Tu-Th:11:00am - 5:00pm;
Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for July 27, 2014 Seventh Sunday after Pentecost

Genesis 29:15-28
Psalm 105:1-11, 45b
Romans 8:26-39
Matthew 13:31-33, 44-52

TODAY @ TRINITY—JULY 20, 2014

Activities at 10:15am

Newcomers' Group — Room C

A new group begins today with Introductions.

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

Introduction to the New Testament — Room A

The class covers the basics of what is in the New Testament and is a good foundation for further New Testament study. Two books are used in the class: *The Bible* and *The Bible from Scratch; The New Testament for Beginners* by Donald Griggs. This week: The Gospel according to Mark — what's the big secret?

Contact Jerry (jpare111452@gmail.com) for further information.

Post-Mission Trip Brunch — Great Hall

Our youth group recently got back from a mission trip to Lapwai, ID. Together with 70 other youth and adults, we worshipped, painted, worked at a food bank, spent time with senior citizens in a skilled nursing facility, put on a kids camp, and learned about our identity through Christ in the world today. Many of you were able to take part in our adventure through our blog (www.trinityEYF.weebly.com). We would love the chance to share with you in person this Sunday, July 20th. This adventure would not have been possible without your prayers and financial support, and we want to share our experiences and recognize all of those who contributed! We will provide brunch, stories from our trip, and lots of smiles. Everyone is invited. All you have to do is bring yourself!

Later Today

Impromptu Summer Concert

Sunday, July 20, 2014 at 2:00 p.m.
St. Paul's Episcopal Church – 15th and J Streets

Featuring:

- **Una Voce**
Porpora – *Magnificat*
Harris – *Three Shakespeare Songs*

Olando Tognozzi, Conductor
Mark Robinson, Accompanist
- **Heritage Park Clarinet Ensemble**
Variations on a Theme from *A Bridge on the River Kwai*

Free will offering at the door to benefit St. Paul's Episcopal Church. For more information contact 916-402-4105

This Week

Voices of Faith—Thursday, July 24

At 7:00pm in the Assembly Area

Join us as the Rev. Pamela Anderson presents **Freedom Summer**. For more details on this and on future presentations see the reverse side of this Announcement Sheet.

Children and Family Ministries

We need Legos, Legos, Legos!

Do you have Legos that need a new home? We are just the place for them! In September, we will begin a Sunday School program for our second and third grade class: Building Faith, Brick by Brick. This program uses Legos to explore our faith stories. We'd love donations of used or new Legos - we're also in need of Lego people

You are invited to sing with
our summer choirs!

Have you wanted to "try out" one of our Cathedral Choirs?? Or are you unable to commit to weeknight rehearsals?? Then the Summer Choirs are for you.

- The Summer Celebration Choir practices in the Assembly Area at 8:20 am and sings for the 9:00 am Eucharist.
- The Summer Cathedral Choir practices in the Cathedral Choir Stalls at 10:40 am and sings for the 11:15 Eucharist

No audition or sign-up required. Just come and join your voice with ours when you can!

Walking the Labyrinth
Ministry Opportunity

One of the Spiritual Practices that Trinity makes available each month to our parishioners and to the wider community is the opportunity to walk the Labyrinth. Walking the Labyrinth is a way of centering, a way of slowing the pace, a way of entrusting one's journey to God. The Labyrinth Ministry is currently looking for a couple of volunteers who could help set up and take down the canvas in the Great Hall on the third Friday of the month. If you would be willing to take a turn please contact Rhonda Canby and let her know your availability at rcanby@msn.com.

Ongoing

Lunch Bunch—Thursdays at Noon

Rev. Pamela Anderson is facilitating the group that meets in the Assembly Area.

Writing Group—Thursdays at 2:30pm.

Anyone who would like to write in an informal setting is welcome to drop in. Writing prompts are offered, we write for 20 minutes, then share what emerges or not, as the spirit moves. Contact: June Gillam - jgilam@wavecable.com. We meet in the Conference Room.

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month during the school year, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hoerner at 930-8027

Centering Prayer

**Tuesdays, 6-7pm in the East Transept
Thursdays, Noon—1:00 in the East Transept**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com or Shelley Mydans smydans@gmail.com for further information.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

**Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816**

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____

Thursday Night at the Cathedral

6:00pm—Compline

Beginning after Compline

in the Conference Room is the...

Bible and Book of Common Prayer Challenge

The goal is to read one chapter in the New Testament, one Psalm, and one of the prayers in the Book of Common Prayer each day for one year to anchor each day in scripture, and to become familiar with the beauty of the prayers in the Prayer Book. Facilitator: **Rhonda Canby**.

7:00pm—Voices of Faith

In the Assembly Area

July 24 – Freedom Summer

Presented by The Rev. Dr. Pamela Anderson

Freedom Summer was a campaign launched in June 1964 to attempt to register as many African-American voters as possible in Mississippi. Let us celebrate their courage when all the odds were against them.

July 31 – Bruce Springsteen's Theology

Presented by Jerry Paré

Springsteen's music is full of biblical references and depictions of our struggle with evil and our search for the Good.

August 7 – Egeria

Presented by The Rev. Randy Knutson

Egeria was a 4th century pilgrim to the Holy Land. She wrote about her travels and this record has become an important witness to early Christian liturgy, architecture and Holy Land studies.

August 14 - Sister Elizabeth Johnson

Presented by The Rev. Steve Skiffington

Sr. Johnson's 2007 book, "Quest for the Living God: Mapping Frontiers in the Theology of God" has enraged many traditionalists.

August 21 - Metlakatla Presbyterian Church Youth Native Dancers from Annette Island Indian Reserve, Alaska

Several youth from Metlakatla, Alaska, will be performing traditional Native American dances and will close their performance with Native American dances which have a Christian message, expressing their Christian faith through their culture. This will be a unique experience you will not forget.

For more details see the Voices of Faith posters on bulletin boards around the Cathedral.

Giving Blood?

Blood Source has a Trinity Cathedral account. Please donate to our account.

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Hosting an International Student

Call or email Carolyn Conrad for an exceptional experience hosting an International Student. Carolyn would love to share her experience with you, so please contact her for more information at 916-359-3016 or carolyn-conrad1@yahoo.com.