



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY AUGUST 1

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 2

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:00pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 3

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting

THURSDAY 4

12Noon NA Meeting
12Noon Centering Prayer
3:00pm Writing Group
6:00pm Compline
7:00pm Voices of Faith

FRIDAY 5

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 6

SUNDAY 7

7:30am Holy Eucharist
9:00am Holy Eucharist
9:00am Family Service
10:15am Veterans Meeting
10:15am Abrahamic Religions
10:15am Newcomer's Group
11:15am Holy Eucharist w/baptisms
12:45pm Holy Eucharist
3:00pm Small Group Bible Study

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Lessons for August 7, 2016

The Twelfth Sunday after Pentecost

Isaiah 1:1, 10-20
Psalm 50:1-8, 23-24
Hebrews 11:1-3, 8-16
Luke 12:32-40

TODAY @ TRINITY – JULY 31, 2016

Activities at 10:15am

Newcomers' Group - Room C

The group will watch and discuss a video.

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

The Abrahamic Religions - Assembly Area

Gather for an exploration of Judaism, Christianity, and Islam with Professor Andre Jensen. Sessions will introduce core tenets and practices of these faiths, and participants will be encouraged to identify areas of comparison and contrast between them, with the aim of understanding and appreciating Christianity's sibling religions.

Later Today

Small Group Bible Study - 3-5pm in Room C

We will focus on one of the Sunday readings, usually the Gospel. Our intention is to let God's Word speak to us through a study method called *Lectio Divina*." Contact Kelly Mieske at 916-719-8149 for more information.

Trinity Night at the Rivercats

Sunday, July 31, game starts at 5pm

Come watch the Cats take on the Salt Lake Bees, and hear Trinity's Youth Choir sing *The National Anthem* and *God Bless America!*

Seating is in the Senators' section behind the Rivercats dugout. Tickets are \$20. Gates open at 4:00pm; game starts at 5:05pm. Sign up at the welcome center or contact rcheek1947@att.net for best seats.

This Week

Vacation Bible School

August 1 - 5 at St. Michael's Church in Carmichael

Jesus Stories – A Vacation Bible School Adventure will be offered jointly by St. Michael's and Trinity Cathedral on August 1st – 5th from 8:00 a.m. – 12:00 p.m. (with late pick up until 12:30) for children ages 4 through 4th grade at St. Michael's Episcopal Church, 2140 Mission Ave., Carmichael. The cost is \$30.00. Junior and Senior high youth are welcome to join us a counselors – a great opportunity for service hours! **Come and join us at St. Michael's** or contact the Rev. Kathy Hopner (khopner@trinitycathedral.org or 916-446-2513) for more information.

Thursday Night at the Cathedral:

AUGUST 4 - Theology of Young Adult Fiction

Presented by Kelly Mieske

Imagine yourself when you were in 7th grade. What was your favorite reading spot? Did you curl up on your bed in your room, decorated somewhere between childhood and adulthood? When you look down at your hands, what treasure are you holding? Three of my favorite series were: Madeline L'Engle's *Wrinkle in Time* series; C.S. Lewis's *Narnia Chronicles*; Lois Lowry's *The Giver Quartet*. I have revisited these classics as an adult and they are still good reads. They also have pretty interesting theological themes that we can explore together.

Next Sunday

First Sunday Family Service

at 9:00am in the Great Hall

Ushers Needed

We have openings for ushers on:

the 3rd Sunday at the 11:15 AM Service.
the 5th Sunday at the 11:15 AM Service.
the 5th Sunday at the 9 AM Service.

Please contact Randie Strike, email randie.trinity@gmail.com or cell phone 916-203-7586, if you feel called to help with the Usher Ministry. Thank you.

Hosts Needed

Hospitality urgently needs more hosts and co-hosts for the 7:30 coffee hours. Minimum time commitment is 30 - 40 minutes every two months. Can you help?

Please email Georgianna at dugongs@sbcglobal.net for more info or to sign up. Thanks!

CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th:11:00am - 5:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

Contact Information: If you have moved or changed your phone number or email address please contact Randie Strike at 916-446-2513 or by e-mail at randie.trinity@gmail.com to update your contact information in the church database.

Ongoing

Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in Room A. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Starts again on September 8

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 3:00pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

Compline: 6:00pm

Voices of Faith: 7:00pm

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AUGUST 11 - Prince

Presented by Derek Murray

"When Doves Cry: A brief look at the music and spiritual journey of Prince."

AUGUST 18, 25, and SEPTEMBER 1 - T.R.E.E. (Trinity Respecting Earth and Environment)

TREE invites you to a film series on environmental action and progress.

On August 18, we will show *The Last Mountain*.

On August 25, Disc 2 of *Planet in Peril* (1 hr.)

On September 1, *How to Let Go of the World and Love All the Things Climate Can't Change*

Please come and bring your friends and family. The films are informative and engaging—not all gloom and doom, we promise! Let's have some lively discussion after the showings.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:

The Rev. Dr. Pamela Anderson:
Pamela@trinitycathedral.org or 916/446-2513

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to: Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested _____ (allow 3 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____