



# Trinity Episcopal Cathedral Announcements



*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 14

12Noon NA Meeting  
5:45pm Holy Eucharist  
7:00pm Stephen Ministers - ALL

### TUESDAY 15

10:00am Tuesday Morning Group  
12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer

### WEDNESDAY 16

10:00am Moms, Tots and Pops  
12Noon NA Meeting  
12:10pm Holy Eucharist  
3:00pm Dementia Caregivers Support

### THURSDAY 17

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
6:00pm Compline  
7:00pm Voices of Faith  
7:00pm Journey with Jesus

### FRIDAY 18

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 19

### SUNDAY 20 HEALING SUNDAY

7:30am Holy Eucharist w/healing  
9:00am Holy Eucharist w/healing  
10:15am Newcomers  
10:30am Meditation Experience  
11:15am Holy Eucharist w/healing  
12:45pm Holy Eucharist w/healing

## Ushers Needed

If you would like to help with our Ushering Ministry we have places for Ushers on the Fourth Sunday at the 9 AM service and on the Fifth Sunday at the 9 AM service as well. If you can help the Trinity Ushering Ministry please contact Kevin Donohue at 916-440-7735 or email [kfdsac@att.net](mailto:kfdsac@att.net) or Randie Strike at 916-203-7586 or email [randie.trinity@gmail.com](mailto:randie.trinity@gmail.com). Thank you for your help.

## Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

## Lessons for August 20, 2017 Eleventh Sunday after Pentecost

Genesis 45:1-15  
Psalm 133  
Romans 11:1-2a, 29-32  
Matthew 15: (10-20), 21-28

## TODAY @ TRINITY – AUGUST 13, 2017

**The Library will be open  
in the Elevator Alcove**

**TODAY from 8:30 to 11:30am**

## Activities at 10:15am

### Newcomers' Group - Room F

**The group will discuss Living with Change.**

Contact is Randie Strike: [randie.trinity@gmail.com](mailto:randie.trinity@gmail.com); 916-446-2513

### Summer Meditation Experience - Conference Room

**TODAY through the end of August**

Whether you have never meditated before, or whether you meditate all the time, these gathering are for you! Rev. Megan will guide the group in a different practice each session. There will be time for discussion and questions after each practice. If you have questions please contact Rev. Megan: [megan@trinitycathedral.org](mailto:megan@trinitycathedral.org)

## This Week

### Tuesday Morning Group (TMG)

**Meets every Tuesday at 10:00am in the Conference Room**

We have finished our reading of Proverbs and are now tackling Ecclesiastes through August 29th. Tuesday September 5th will be a day off and on September 12th we will begin our study of Karen Armstrong's *Twelve Steps to a Compassionate Life*. The Cathedral Bookshop has the book and you are encouraged to read it to enhance our discussions.

If you have any questions contact Susan Hotchkiss at [susan\\_hotchkiss1@hotmail.com](mailto:susan_hotchkiss1@hotmail.com)

## Voices of Faith

**Thursday, August 17 at 7:00pm in the Assembly Area**

**August 17, 24, and 31** -- Presented by T.R.E.E. (Trinity Respecting Earth and Environment). Please come and bring your friends and family. Let's have some lively discussion after the showings.

◇ **August 17: Come listen to the stirring words of Al Gore in his TED talk, entitled "The Case for Optimism on Climate Change," which was given on the 10th Anniversary of his *An Inconvenient Truth*. Film is 25 minutes leaving time for discussion and post card writing after the talk.**

◇ **August 24:** Two 15 minute videos showing two of the winners of 2017's Goldman Environmental Prize. One candidate from each of the planet's six continental regions is chosen each year to receive the honors and prize money for grass roots activism on behalf of his/her community. They are recognized for their courage and commitment.

Come and learn about the work of Mark! Lopez in Los Angeles, who worked for lead testing and cleanup of East Los Angeles homes contaminated by a battery smelter that had polluted the community for over three decades.

Also featured is the story of Rodrigo Tot from Guatemala, who fought for land titles for the Q'eqchi people and kept a nickel mine from expanding into the community.

◇ **August 31:** Water engineer Ethan Casaday will talk and show slides about his work in Guatemala on water projects. There will be time for a Q and A and maybe handouts on the project, with information about how people can support it. He's also helped build a school there in addition to helping develop a water system.

## Healing at all services ...

**Next Sunday, August 20**

### Coming Up

#### Trinity Hiking Group

Our next hike is on **Saturday, August 26th** and will be a local hike, returning by early afternoon. If you're planning on going please contact Amy Dierlam no later than Wednesday, August 23rd at 916-601-1699.

#### Art Show Call for Artists

Trinity Cathedral is hosting a juried art show for Christian art this coming October. This is open to everyone and we are searching for artists nationwide. The first prize is \$2500 and the art showing will take place at Beatnik Studio in downtown Sacramento. Let any artists you think would be interested know about this show. The website for entries is: [www.trinityartshow.org](http://www.trinityartshow.org). The theme is "Light out of Darkness". All of the information to submit art pieces is on the website. If you have any questions, please contact gallery director Nisa Hayden at Beatnik Studios (916) 400-4281.

#### Box Tops for Education Can Help

Please don't throw away your cereal boxes without tearing off the "Box Tops for Education" coupon and bringing it to Trinity Cathedral for Gladys Hustler. You'll be helping a child. Thank you!

### CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th: 11:00am - 5:00pm;

Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or [bookshop3@gmail.com](mailto:bookshop3@gmail.com)

#### Classes Coming Up?

The Cathedral Bookshop can help you have the books you need for the class you have planned. Simply stop by, give us a call or send us an email and let us know the title and author of the book and how many copies you would like. You may pick them up or we can ship them to you. Please allow a two week lead time to complete your order and delivery.

### Cathedral Flower Donation

*A nice way to give thanks or to remember loved ones.*

Sign up on the Cathedral Flowers Calendar,

then submit this form and contribution

(make check payable to "Trinity Cathedral"

with 'Flowers' on the memo line) to:

**Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816**

Note: The adornment during Advent and Lent do not include flowers.

**Date requested \_\_\_\_\_ (allow 3 weeks for processing).**

**In Thanksgiving for: \_\_\_\_\_**

**In Memory of: \_\_\_\_\_**

**From: \_\_\_\_\_ Phone# \_\_\_\_\_**

## THURSDAY NIGHT AT THE CATHEDRAL

**6:00 pm - Compline**

### Voices of Faith

7:00pm in the Assembly Area

**August 17, 24, and 31** -- Presented by T.R.E.E. (Trinity Respecting Earth and Environment). Please come and bring your friends and family. Let's have some lively discussion after the showings.

◇ **Aug 17: Come listen to the stirring words of Al Gore in his TED talk, entitled "The Case for Optimism on Climate Change," which was given on the 10th Anniversary of his *An Inconvenient Truth*. Film is 25 minutes leaving time for discussion and post card writing after the talk.**

◇ **Aug 24:** Two 15 minute videos showing two of the winners of 2017's Goldman Environmental Prize. One candidate from each of the planet's six continental regions is chosen each year to receive the honors and prize money for grass roots activism on behalf of his/her community. They are recognized for their courage and commitment.

Come and learn about the work of Mark! Lopez in Los Angeles, who worked for lead testing and clean-up of East Los Angeles homes contaminated by a battery smelter that had polluted the community for over three decades.

Also featured is the story of Rodrigo Tot from Guatemala, who fought for land titles for the Q'eqchi people and kept a nickel mine from expanding into the community.

◇ **Aug 31:** Water engineer Ethan Casaday will talk and show slides about his work in Guatemala on water projects. There will be time for a Q and A and maybe handouts on the project, with information about how people can support it. He's also helped build a school there in addition to helping develop a water system.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:  
The Rev. Dr. Pamela Anderson:  
[Pamela@trinitycathedral.org](mailto:Pamela@trinitycathedral.org) or 916/446-2513

### Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

### Ongoing

#### Traveling Bible Study and Spirituality Group

Trinity young adults (20s-30s) meet twice a month on Sunday afternoons for lunch, fellowship, and bible study around town. To join the email list, email Rev. Megan at [megan@trinitycathedral.org](mailto:megan@trinitycathedral.org)

#### Trinity Men's Breakfast - **NOTE: Location change.**

2nd Saturday at 9am at IHOP, 30th & N Sts. Contact: Chris Sanft - [chris@sanft.org](mailto:chris@sanft.org)

#### Lunch Bunch – On break until September 14

Contact is Pastor Pamela—[pamela@trinitycathedral.org](mailto:pamela@trinitycathedral.org)

#### Writing Group – On break until September 14

Writing prompts are offered, we write, then share our writing or not. Contact: June at [jgillam@wavecable.com](mailto:jgillam@wavecable.com)

#### Centering Prayer

**Tues., 6-7pm and Thurs., Noon—1:00pm (East Transept)**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at [nancy.c.earl@gmail.com](mailto:nancy.c.earl@gmail.com)

#### Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every Sunday **during the school year** at 10:15am. Contact: Rev. Kathy Hopner at 930-8027