



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY AUGUST 15

12Noon NA Meeting
5:30pm T-ACT
5:45pm Holy Eucharist
7:00pm Stephen Ministry - ALL

TUESDAY 16

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer

WEDNESDAY 17

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting
3:00pm Dementia Caregiver Support Group
7:30pm Taylor Haines Benefit Concert

THURSDAY 18

12Noon NA Meeting
12Noon Centering Prayer
3:00pm Writing Group
6:00pm Compline
7:00pm Voices of Faith

FRIDAY 19

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 20

SUNDAY 21

7:30am Holy Eucharist w/healing
9:00am Holy Eucharist w/healing
10:15am Newcomer's Group
10:30am Exploring Meditation
11:15am Holy Eucharist w/healing
12:45pm Holy Eucharist w/healing
3:00pm Small Group Bible Study

Trinity is saddened...

...to learn of the death of Charlie Gray, Lee Roberson and Anne Braxton. Charles Gray's memorial service will be Saturday, September 10th at 1pm. Lee Roberson's will be Sunday, September 11th at 3pm. Anne's service time is pending. All are welcome to attend.

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for August 21, 2016

The Fourteenth Sunday after Pentecost

Jeremiah 1:4-10
Psalm 71:1-6
Hebrews 12:18-29
Luke 13:10-17

TODAY @ TRINITY – AUGUST 14, 2016

Trinity Library is open TODAY in the Elevator Alcove

Family Promise Ministry Fair TODAY in the Great Hall

Activities at 10:15am

Exploring Meditation - Conference Room

Each Sunday during the month of August we will explore a different Meditation practice. All are welcome! Please email me with any questions: megan@trinitycathedral.org.

Newcomers' Group - Room C

The group will discuss Ministry Opportunities.

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

The Abrahamic Religions - Assembly Area

Gather for an exploration of Judaism, Christianity, and Islam with Professor Andre Jensen. Sessions will introduce core tenets and practices of these faiths, and participants will be encouraged to identify areas of comparison and contrast between them, with the aim of understanding and appreciating Christianity's sibling religions.

Crochet / Knitting Group – Great Hall

Please join us for a crochet/knitting gathering. There will be help for people who want to learn to crochet and/or knit.

Later Today

Small Group Bible Study - 3-5pm in Room C

We will focus on one of the Sunday readings, usually the Gospel. Our intention is to let God's Word speak to us through a study method called *Lectio Divina*." Contact Kelly Mieske at 916-719-8149 for more information.

This Week

Taylor Haines Benefit Vocal Concert

Wednesday, August 17th at 7:30p.m.

Join us for an exciting program of classical music. Taylor Haines, soprano, has been the Soprano Choral Scholar in the Trinity Cathedral Choir for the last two years. Proceeds of the concert are to benefit the Freedom from Fistula Foundation. Suggested Donation at the door is \$15. Tickets may also be purchased in the Cathedral Bookshop.

Thursday Night at the Cathedral:

AUGUST 18 - *The Last Mountain*

Presented by TREE

A film on environmental action and progress.

Trinity Family Super Hero Night at the River Cats!

Friday, August 19, 7:05 PM - vs - the Iowa Cubs

Come dressed as your favorite Super Hero character! Stay for the fireworks and celebrate! **Pick up Reserved Tickets: TODAY at the 10AM coffee hour**

For more information, contact Randy Cheek at: rcheek1947@att.net

Next Sunday

Chalk It Up!

Join us August 21st to visit our Sunday School classrooms, meet our teachers, and decorate the sidewalks around Trinity with chalk pictures – artists of all ages and skills are welcome to join us.

Healing Service

Sunday, August 21
7:30, 9:00, 11:15 and 12:45 Services

Coming Up

Blessing of the Backpacks

On Sunday, August 28th we'll celebrate the beginning of a new school year with the Blessing of the Backpacks at the 9:00 and 11:15 services, and our SummerFest

SUMMERFEST 2016

Sunday, August 28, 10AM - 2PM

Our parish wide summer festival is coming up quickly. Plan to join the fun! We also need people willing to share their talents (music; magic; clowns; juggling;...) at the Entertainment Center; more competitors in the Chili Cook-Off; people to bring salads; and general help with the event. Sign up in the Great Hall. Thank you!

Upcoming baptism dates:

August 28 at 11:15 am
September 11 at 9:00 am
October 30 at 11:15am

Ushers Needed

We have openings for ushers on:
the 3rd Sunday at the 11:15 AM Service.
the 5th Sunday at the 11:15 AM Service.
the 5th Sunday at the 9 AM Service.
Contact Randie Strike, randie.trinity@gmail.com or 916-203-7586, if you feel called to help. Thank you.

Hosts Needed

Hospitality urgently needs more hosts and co-hosts for the 7:30 coffee hours. Minimum time commitment is 30 - 40 minutes every two months. Can you help? Please email Georgianna at dugongs@sbcglobal.net for more info or to sign up.

Ongoing

Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in Room A. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Starts again on September 8

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 3:00pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

Compline: 6:00pm

Voices of Faith: 7:00pm

AUGUST 18, 25, and SEPTEMBER 1 - T.R.E.E. (Trinity Respecting Earth and Environment)

TREE invites you to a film series on environmental action and progress.

On August 18, we will show *The Last Mountain*.

On August 25, Disc 2 of *Planet in Peril* (1 hr.)

On September 1, *How to Let Go of the World and Love All the Things Climate Can't Change*

Please come and bring your friends and family. The films are informative and engaging—not all gloom and doom, we promise! Let's have some lively discussion after the showings.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:

The Rev. Dr. Pamela Anderson:
Pamela@trinitycathedral.org or 916/446-2513

CATHEDRAL BOOKSHOP

Come see some new items:
Gifts for ordination and
Same-sex wedding cards.

Store hours are:
Tu-Th:11:00am - 5:00pm; Sun: 8:30am -
1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Cathedral Flower Donation
A nice way to give thanks or to remember loved ones.
Sign up on the Cathedral Flowers Calendar,
then submit this form and contribution
(make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested _____ (allow 3 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____