



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 17

- 12Noon NA Meeting
- 5:30pm T-ACT
- 5:45pm Holy Eucharist
- 7:00pm Stephen Ministry—ALL

TUESDAY 18

- 12Noon NA Meeting
- 12:10pm Holy Eucharist
- 6:00pm Centering Prayer
- 6:30pm Vestry Meeting**

WEDNESDAY 19

- 9:00am Holy Eucharist
- 10:00am Moms, Pops and Tots
- 12Noon NA Meeting
- 3:00pm Dementia Caregiver Support Group
- 6:00pm Community Dinner
- 7:00pm Prayer Night at the Cathedral**

THURSDAY 20

- 12Noon NA Meeting
- 12Noon Lunch Bunch
- 12Noon Centering Prayer
- 2:30pm Writing Group
- 6:00pm Compline

FRIDAY 21

- 9:00am Holy Eucharist
- 12Noon NA Meeting

SATURDAY 22

SUNDAY 23

- 7:30am Holy Eucharist
- 9:00am Holy Eucharist
- 10:15am Newcomers Group
- 11:15am Holy Eucharist
- 12:45pm Holy Eucharist

TODAY @ TRINITY—AUGUST 16, 2015

Contact Information: If you have moved or changed your phone number or email address please contact the church office at 916-446-2513 to update your contact information in the church database. If you have questions please contact Randie Strike in the office or on her cell phone: 916-203-7586.

Activities at 10:15am

Newcomers' Group — Room C

The group will discuss Ministry Opportunities.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

This Week

Prayer Night at the Cathedral

Wednesday, August 19 at 7pm, Conference Room

Join us for an evening where participants have a chance to experience different approaches to prayer and ask questions.

Coming Up



SAVE THE DATE: TRINITY SUMMER FEST!

Sunday, August 30; 10 AM – 3 PM
at Trinity Cathedral

This party will include: a Dunk Tank; BBQ; Pie & Ice Cream; Solar Cooking; Sidewalk Chalk Art; Garden Activities; Music and much more! Sign up today in the Great Hall!

Blessing of the Backpacks

Sunday, August 30 at the 9 and 11:15 services.

As we celebrate the beginning of a new school year, all students from preschool on up are invited to bring their backpack, lunch bag, etc. for a special blessing at the 9:00 and 11:15 services in the Cathedral.

Trinity Cathedral Speaker Series

Dewitt Jones, a national Geographic photographer, will be speaking at the Cathedral on Friday, October 2nd at 7pm. He will share an inspirational talk entitled "Celebrate What's Right with the World." Tickets for that event are \$12 and can be purchased in the Cathedral Bookshop. The following day on **Saturday, October 3rd, Dewitt will lead a camera phone photography workshop at 10am.** The cost for this event is \$20 and can be purchased in the Cathedral Bookshop. Bring a friend and come join the fun!

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for August 23, 2015

The Thirteenth Sunday after Pentecost

1 Kings 8:22-30, 41-43; Psalm 84;
Ephesians 6:10-20; John 6:56-69

A Gift for Listening

We all have challenging times in life. Sometimes we need a friend to walk through those times with us. A **Stephen Minister** is trained to do just that: to come along side another in their journey, to encourage when encouragement is needed, to be a compassionate companion, to listen.

If you can give one hour once a week to meet with someone who's going through a difficult time, then you may be the perfect candidate to be a Stephen Minister.

Training begins October 5th. If you would like to learn more about this dynamic ministry, please see Cherie Chamness in the Bookshop between services on Sundays, call 916-442-9194 or email Susan Wilson at snbwilson@gmail.com.

THURSDAY NIGHT AT THE CATHEDRAL

Compline at 6:00pm

Dinner and classes resume on September 10

CATHEDRAL BOOKSHOP

New necklaces from Servv

Store hours are:

Tu-Th: 11:00am - 5:00pm;

Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Ongoing

Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 2:30pm

Writing prompts are offered, we write, then share our writing or not.

Contact: June Gillam - jgillam@wavecable.com

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

My name is Isabel Marwick. I am 14 years old and a Girl Scout Cadette working on my Silver Award this year. My Silver Award project is helping homeless children by providing activities to keep their minds off of being homeless. I do this by organizing games and craft projects for the children during their time with Family Promise at Trinity Cathedral Church.

I need your assistance to further my project along and provide greater assistance to the homeless children. I am looking for donations of craft supplies, school supplies, personal toiletries, blankets, pillows, and stuffed animals. All donations will be given to the homeless children who participate in the Family Promise program.

I will be available to accept donations in the Great Hall on Sunday mornings from the end of the 9:00 worship service to the beginning of the 11:00 worship service for the next couple of months.

Please come by and let me share my project with you. I will be handing out samples of my craft activities and will be happy to teach you how to make one.

Also, the Family Promise program needs people to help host the families during their stay at Trinity Episcopal Cathedral Church during the week of September 13th. Please come out and help.

Thank you. ~ ~ Isabel

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to

"Trinity Cathedral" with 'Flowers' on the memo line) to:

**Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816**

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____