



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 21

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 22

10:00am Tuesday Morning Group
12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
7:00pm Vestry Meeting

WEDNESDAY 23

10:00am Moms, Tots and Pops
12Noon NA Meeting
12:10pm Holy Eucharist
7:00pm Prayer Night at the Cathedral

THURSDAY 24

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
6:00pm Compline
7:00pm Voices of Faith
7:00pm Journey with Jesus

FRIDAY 25

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 26

1:00pm Nancy Harvey Memorial Service

SUNDAY 27

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Newcomers
10:30am Meditation Experience
11:15am Holy Eucharist
12:45pm Holy Eucharist

Needed for Floyd School

Healthy snacks for Snack Pack Program,
clothing for children
AND

Welcome Back to School Cheerleaders

We need people to come to Floyd School, (401 McClatchy Way, 95818) on **August 31 at 8:00am** to Welcome Back the students. It only takes an hour. We will have penants and pompoms. This is your chance to be a cheerleader and tell the students of Floyd School that we think school is important! So if you never have been a cheerleader this is your chance and we will have a great time.

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for August 27, 2017 *Twelfth Sunday after Pentecost*

Exodus 1:8-2:10
Psalm 124
Romans 12:1-8
Matthew 16:13-20

TODAY @ TRINITY – AUGUST 20, 2017

Healing at ALL Services TODAY
7:30, 9:00, 11:15 and 12:45 Services

Activities at 10:15am

Newcomers' Group - Room F

The group will discuss Worship and Stewardship.

Contact is Randie Strike: randie.trinity@gmail.com;916-446-2513

Summer Meditation Experience - Conference Room

TODAY through the end of August

Whether you have never meditated before, or whether you meditate all the time, these gathering are for you! Rev. Megan will guide the group in a different practice each session. There will be time for discussion and questions after each practice. If you have questions please contact Rev. Megan: megan@trinitycathedral.org

This Week

Tuesday Morning Group (TMG)

Meets every Tuesday at 10:00am in the Conference Room

We are now tackling Ecclesiastes through August 29th. If you have any questions contact Susan Hotchkiss at susan_hotchkiss1@hotmail.com

Prayer Night at the Cathedral

Wednesday, August 23, 7pm, Conference Room

Join us for an evening where participants have a chance to experience different approaches to prayer and ask questions.

Voices of Faith

Thursday, August 24 at 7:00pm in the Assembly Area

August 24, and 31 -- Presented by T.R.E.E. (Trinity Respecting Earth and Environment). Please come and bring your friends and family. Let's have some lively discussion after the showings.

◇ **August 24: Two 15 minute videos showing two of the winners of 2017's Goldman Environmental Prize. One candidate from each of the planet's six continental regions is chosen each year to receive the honors and prize money for grass roots activism on behalf of his/her community. They are recognized for their courage and commitment.**

Come and learn about the work of Mark! Lopez in Los Angeles, who worked for lead testing and cleanup of East Los Angeles homes contaminated by a battery smelter that had polluted the community for over three decades.

Also featured is the story of Rodrigo Tot from Guatemala, who fought for land titles for the Q'eqchi people and kept a nickel mine from expanding into the community.

◇ **August 31:** Water engineer Ethan Casaday will talk and show slides about his work in Guatemala on water projects. There will be time for a Q and A and maybe handouts on the project, with information about how people can support it. He's also helped build a school there in addition to helping develop a water system.

Trinity Hiking Group

Our next hike is on **Saturday, August 26th** and will be a local hike, returning by early afternoon. If you're planning on going please contact Amy Dierlam no later than Wednesday, August 23rd at 916-601-1699.

Nancy Harvey Memorial Service
Saturday, August 26 at 1:00pm

Art Show Call for Artists

Entry Deadline is Monday, August 21: Visit trinityartshow.org to enter.

Trinity Cathedral is hosting a juried art show for Christian art this coming October. This is open to everyone and we are searching for artists nationwide. The first prize is \$2500 and the art showing will take place at Beatnik Studio in downtown Sacramento. Let any artists you think would be interested know about this show. The website for entries is: www.trinityartshow.org. The theme is "Light out of Darkness". All of the information to submit art pieces is on the website. If you have any questions, please contact gallery director Nisa Hayden at Beatnik Studios (916) 400-4281.

Box Tops for Education Can Help

Please don't throw away your cereal boxes without tearing off the "Box Tops for Education" coupon and bringing it to Trinity Cathedral for Gladys Hustler. You'll be helping a child. Thank you!

Ushers Needed

If you would like to help with our Ushering Ministry we have places for Ushers on the Fourth Sunday at the 9 AM service and on the Fifth Sunday at the 9 AM service as well. If you can help the Trinity Ushering Ministry please contact Kevin Donohue at 916-440-7735 or email kfdsac@att.net or Randie Strike at 916-203-7586 or email randie.trinity@gmail.com. Thank you for your help.

CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th:11:00am - 5:00pm;

Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

Classes Coming Up?

The Cathedral Bookshop can help you have the books you need for the class you have planned. Simply stop by, give us a call or send us an email and let us know the title and author of the book and how many copies you would like. You may pick them up or we can ship them to you. Please allow a two week lead time to complete your order and delivery.

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Sign up on the Cathedral Flowers Calendar,

then submit this form and contribution

(make check payable to "Trinity Cathedral"

with 'Flowers' on the memo line) to:

Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested _____ (allow 3 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____

THURSDAY NIGHT AT THE CATHEDRAL

6:00 pm - Compline

Voices of Faith

7:00pm in the Assembly Area

August 24, and 31 -- Presented by T.R.E.E. (Trinity Respecting Earth and Environment). Please come and bring your friends and family. Let's have some lively discussion after the showings.

◇ **Aug 24: Two 15 minute videos showing two of the winners of 2017's Goldman Environmental Prize. One candidate from each of the planet's six continental regions is chosen each year to receive the honors and prize money for grass roots activism on behalf of his/her community. They are recognized for their courage and commitment.**

Come and learn about the work of Mark! Lopez in Los Angeles, who worked for lead testing and cleanup of East Los Angeles homes contaminated by a battery smelter that had polluted the community for over three decades.

Also featured is the story of Rodrigo Tot from Guatemala, who fought for land titles for the Q'eqchi people and kept a nickel mine from expanding into the community.

◇ **Aug 31:** Water engineer Ethan Casaday will talk and show slides about his work in Guatemala on water projects. There will be time for a Q and A and maybe handouts on the project, with information about how people can support it. He's also helped build a school there in addition to helping develop a water system.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:
The Rev. Dr. Pamela Anderson:
Pamela@trinitycathedral.org or 916/446-2513

Contact Information:

If you have moved or changed your phone number or email address please contact Randie Strike at 916-446-2513 or by e-mail at randie.trinity@gmail.com to update your contact information in the church database.

Ongoing

Traveling Bible Study and Spirituality Group

Trinity young adults (20s-30s) meet twice a month on Sunday afternoons for lunch, fellowship, and bible study around town. To join the email list, email Rev. Megan at megan@trinitycathedral.org

Trinity Men's Breakfast - **NOTE: Location change.**

2nd Saturday at 9am at IHOP, 30th & N Sts. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – On break until September 14

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – On break until September 14

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer

Tues., 6-7pm and Thurs., Noon—1:00pm (East Transept)

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every Sunday **during the school year** at 10:15am. Contact: Rev. Kathy Hopner at 930-8027