



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY AUGUST 22

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 23

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
7:00pm Vestry Meeting

WEDNESDAY 24

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting
7:00pm Cathedral Choir Rehearsal
7:00pm Prayer Night at the Cathedral

THURSDAY 25

12Noon NA Meeting
12Noon Centering Prayer
3:00pm Writing Group
6:00pm Compline
7:00pm Voices of Faith

FRIDAY 26

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 27

11:00am Transitional Deaconate Ordinations

SUNDAY 28 SUMMERFEST!

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Newcomer's Group
10:30am Exploring Meditation
11:15am Holy Eucharist w/Baptism
12:45pm Holy Eucharist
3:00pm Small Group Bible Study

**Baptism August 28 at the
11:15 Service**

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for August 28, 2016
The Fifteenth Sunday after Pentecost

Jeremiah 2:4-13
Psalm 81:1, 10-16
Hebrews 13:1-8, 15-16
Luke 14:1, 7-14

TODAY @ TRINITY – AUGUST 21, 2016

Healing Service

TODAY
7:30, 9:00, 11:15 and 12:45 Services

Activities at 10:15am

Exploring Meditation - Conference Room

Each Sunday during the month of August we will explore a different Meditation practice. All are welcome! Please email me with any questions: megan@trinitycathedral.org.

Newcomers' Group - Room C

The group will discuss Worship and Stewardship.

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

Chalk It Up!

Join us August 21st to visit our Sunday School classrooms, meet our teachers, and decorate the sidewalks around Trinity with chalk pictures – artists of all ages and skills are welcome to join us.

Later Today

Small Group Bible Study - 3-5pm in Room C

We will focus on one of the Sunday readings, usually the Gospel. Our intention is to let God's Word speak to us through a study method called *Lectio Divina*." Contact Kelly Mieske at 916-719-8149 for more information.

This Week

Prayer Night at the Cathedral

Wednesday, August 24 at 7pm, Conference Room

Join us for an evening where participants have a chance to experience different approaches to prayer and ask questions.

Thursday Night at the Cathedral: **AUGUST 25 - Planet in Peril (Disc 2)**

Presented by TREE

A film on environmental action and progress.

Ordination Invitation

Saturday, August 27 at 11:00am

Trinity Cathedral invites you to the ordination of Sonya Reichel to the Transitional Deaconate on Saturday, August 27th at 11:00 am. Please join us for this festive occasion.

Next Sunday

Blessing of the Backpacks

On Sunday, August 28th we'll celebrate the beginning of a new school year with the Blessing of the Backpacks at the 9:00 and 11:15 services.

SUMMERFEST 2016

Sunday, August 28, 10AM - 2PM

Our parish wide summer festival is coming up quickly. Plan to join the fun! Please bring a salad to share and we need people willing to share their talents at the Entertainment Center; more competitors in the Chili Cook-Off; and general help with the event. Sign up in the Great Hall. Thank you!

Ushers Needed

We have openings for ushers on:
the 3rd Sunday at the 11:15 AM Service.
the 5th Sunday at the 11:15 AM Service.
the 5th Sunday at the 9 AM Service.
Contact Randie Strike, randie.trinity@gmail.com or
916-203-7586, if you feel called to help. Thank you.

Hosts Needed

Hospitality urgently needs more hosts and co-hosts for the 7:30 coffee hours. Minimum time commitment is 30 - 40 minutes every two months. Can you help? Please email Georgianna at dugongs@sbcglobal.net for more info or to sign up.



Coming Up

Upcoming baptism dates:

September 11 at 9:00 am
October 30 at 11:15am

Memorial Services

Charlie Gray: Saturday, September 10th at 1pm.
Lee Roberson: Sunday, September 11th at 3pm.
Anne Braxton: Sunday, September 25th at 3pm

New Sunday Morning Class

Finding Peace and Joy in Troubled Times facilitated by Dean Baker will begin in September.

New TNAC Classes Begin September 8.

- ⇒ Andre Jensen facilitates: Marcus Borg, Jesus and Buddha: The Parallel Sayings.
- ⇒ Morey Lloyd facilitates: The Song of Solomon Exposed
- ⇒ Susan Hotchkiss facilitates: Heirs to the Forgotten Kingdoms: Journeys Into the Disappearing Religions of the Middle East

Ongoing

Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in Room A. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Starts again on September 8

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 3:00pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

Compline: 6:00pm

Voices of Faith: 7:00pm

AUGUST 25, and SEPTEMBER 1 - T.R.E.E. (Trinity Respecting Earth and Environment)

TREE invites you to a film series on environmental action and progress.

On August 25, Disc 2 of *Planet in Peril* (1 hr.)

On September 1, *How to Let Go of the World and Love All the Things Climate Can't Change*

Please come and bring your friends and family. The films are informative and engaging—not all gloom and doom, we promise! Let's have some lively discussion after the showings.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral,
please contact:

The Rev. Dr. Pamela Anderson:
Pamela@trinitycathedral.org or 916/446-2513

CATHEDRAL BOOKSHOP

Come see some new items:
Gifts for ordination and
Same-sex wedding cards.

Store hours are:
Tu-Th:11:00am - 5:00pm; Sun: 8:30am -
1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

**Sign up on the Cathedral Flowers Calendar,
then submit this form and contribution
(make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816**

Note: The adornment during Advent and Lent do not include flowers.

Date requested _____ **(allow 3 weeks for processing).**

In Thanksgiving for: _____

In Memory of: _____

From: _____ **Phone#** _____