



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY AUGUST 29

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 30

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer

WEDNESDAY 31

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting
6:00pm T-ACT
7:00pm Cathedral Choir Rehearsal

THURSDAY SEPTEMBER 1

12Noon NA Meeting
12Noon Centering Prayer
3:00pm Writing Group
6:00pm Compline
7:00pm Voices of Faith
7:15am Celebration Choir Rehearsal

FRIDAY 2

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 3

SUNDAY 4

7:30am Holy Eucharist
9:00am Holy Eucharist
9:00am Family Service
10:15am Veteran's Meeting
10:15am Newcomer's Group
10:30am Exploring Meditation
11:15am Holy Eucharist
12:45pm Holy Eucharist
3:00pm Small Group Bible Study

The Office will be Closed
Monday, September 5
in observance of
Labor Day

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for September 4, 2016 *The Sixteenth Sunday after Pentecost*

Jeremiah 18:1-11
Psalm 139:1-5, 12-17
Philemon 1-21
Luke 14:25-33

TODAY @ TRINITY – AUGUST 28, 2016

Blessing of the Backpacks

TODAY at the 9:00 and 11:15am services we'll celebrate the beginning of a new school year with the Blessing of the Backpacks.

SUMMERFEST 2016

TODAY 10AM - 2PM

Our parish wide summer festival is here.
Join the fun!

Activities at 10:15am

Exploring Meditation - Conference Room

Each Sunday during the month of August we will explore a different Meditation practice. All are welcome! Please email me with any questions: megan@trinitycathedral.org.

Newcomers' Group

Will NOT meet today. Come and join SummerFest!

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

Later Today

Small Group Bible Study - 3-5pm in Room C

We will focus on one of the Sunday readings, usually the Gospel. Our intention is to let God's Word speak to us through a study method called *Lectio Divina*." Contact Kelly Mieske at 916-719-8149 for more information.

This Week

2016 Election Impact for Communities of Color

Wednesday, August 31, 7pm, Rooms A and B

Guest speakers: community leaders working on immigration, mass incarceration & education share the importance and impact of this election for families of color in Sacramento. They will share what other communities of faith are doing to ensure that the dignity of all Sacramentans is recognized.

On November 8, 2016, our nation will head to the polls to determine a number of consequential ballot initiatives and elections. Official Episcopal policy recognizes voting and political participation as acts of Christian stewardship. We are called as individuals and congregations and dioceses to engage in conversation on public policy issues, to develop voter registration and issue education campaigns, and to protect voting rights. A faithful commitment to political participation aligns with our Baptismal Covenant's promise to "...strive for justice and peace among all people, and respect the dignity of every human being"

For more information contact: Shireen Miles at 916-203-5595

Leatatta Floyd School

September 1st is the first day of school for students at Floyd School. We are asking everyone who could possibly come to be there at 8:00am to welcome the students back to school. We want the children to know that there are a lot of people who care about them and want them to succeed. The more people that come the better. We will be finished by 9:00 and coffee and doughnuts will be served.

Thursday Night at the Cathedral:

September 1 - How to Let Go of the World and Love All the Things Climate Can't Change

Presented by TREE

A film on environmental action and progress.

Next Sunday

First Sunday Family Service

Sunday, September 4 at 9:00am in the Great Hall

Please join us for our service followed by brunch as well as arts and crafts!

Veterans Meeting

Sunday, September 4 at 10:15am in Room A

Attention all Veterans! Bring your coffee and munchies and join us.

Coming Up

Sunday Morning Journey

(Formerly the 30/40's and Beyond)

**Beginning September 11 at 10:15am
in the Conference Room**

The group will start up with the Discovery DVD Series - *Your Spiritual Journey* developed by the Episcopal Diocese of Texas. This DVD series provides an array of topics dealing with the church and our spiritual journeys. Topics include What we Believe and the Creeds, Prayer, Ministry and our Gifts, and Mission work in our daily lives. Each Sunday we will watch one or two of the segments followed by discussion. Scripture readings and thought provoking questions are provided to continue pondering the topic throughout the week.

All are welcome! Come join us any Sunday morning. Contact Amy Dierlam at dnarock@pacbell.net if you have questions.

New Sunday Morning Class

Finding Peace and Joy in Troubled Times facilitated by Dean Baker will begin in September.

Fellowship Groups

Are you looking for a way to connect with the Trinity Cathedral community? Would you like to deepen friendships and create new ones? The Adult Spiritual Formation team has the opportunity for you! **On Sunday, September 11 you can sign up for a Fellowship Group that will meet through the month of December.** These will be varying small groups that will gather once a week, twice a month or once a month. Some will gather for a potluck, a coffee klatch or even beer and trivia nights. The times and days will vary and this information will be posted once everything is solidified. This is a way that we can strengthen our fellowship and we hope that you will join us! If you are interested in being in a Fellowship Group or hosting one, please contact Rev. Dr. Pamela Anderson, Director of Adult Ministries, pamela@trinitycathedral.org.

Family Promise Returns September 18-24

We are again blessed to host the homeless families of Family Promise Sacramento. As the families come in each day at 5 p.m., we need hosts to greet and serve them dinner, folks to prepare or buy dinner, and overnight hosts to make sure they are comfortable and safe and who can set out a simple breakfast for them in the morning. At the end of our host week, we need volunteers to help break down the cots and load them in the Family Promise trailer, launder the bedding, and haul the trailer to the next host church. You only need volunteer for one evening during the week. If you wish to drop off a dinner at the kitchen with instructions on how to prepare the food, that works too! Please sign up at the Family Promise poster hanging in the Great Hall, or contact Eleanor Taniguchi, Family Promise Coordinator: ehtaniguchi@gmail.com or text 916-708-4295

CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th: 11:00am - 5:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

Compline: 6:00pm

Dinner: 6:15pm

Classes: 7:00pm

New TNAC Classes Begin September 8.

Andre Jensen facilitates: For the Jesus and Buddha: The Parallel Sayings This class will reflect on the affinities between Christianity and Buddhism as revealed in Marcus Borg's beautiful compilation of text and illustration. We'll discuss how close the parallels are, where differences between them seem most significant, and how our consideration of them enhances our understanding of our own faith. These conversations are sure to be thought provoking.

Morey Lloyd facilitates: The Song of Solomon Exposed Take a tour of the most controversial book in Hebrew Scriptures. A book in the Wisdom tradition without Wisdom teachings. A book in Holy Scripture without the mention of the Name of the Lord. A book of Erotic poetry without moral lessons. No prayers, no introduction and no explanation! "Oh, I wish to be kissed with the kisses of his mouth!", thus begins our journey. Together let us peruse the passion and the pleasure of unadulterated desire for the meaning of life, liberty and the pursuit. Six weekly sessions using only the Biblical texts: Hebrew, Greek, Latin and the English versions. Drop-ins always welcomed.

Susan Hotchkiss facilitates: Heirs to the Forgotten Kingdoms: Journeys Into the Disappearing Religions of the Middle East by Gerard Russell: In this book, former British and UN diplomat Gerard Russell introduces the world to seven little known religions of the Middle East, writes their histories, participates in ancient rituals as well as discusses modern threats to their continuing existence. Not only is reading this timely, it will be fascinating to learn about these peoples, their religions and their cultures. The book is available in the Cathedral Bookshop.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:
The Rev. Dr. Pamela Anderson:
Pamela@trinitycathedral.org or 916/446-2513

Ongoing

Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in Room A. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Starts again on September 8

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 3:00pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.