



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 4 LABOR DAY/OFFICE CLOSED

TUESDAY 5

10:00am Tuesday Morning Group
12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
7:00pm Ministry Team Meetings

WEDNESDAY 6

10:00am Moms, Tots and Pops
12Noon NA Meeting
12:10pm Holy Eucharist
7:00pm Cathedral Choir Rehearsal

THURSDAY 7

12Noon NA Meeting
12Noon Centering Prayer
6:00pm Compline
6:30pm Bereavement Group
7:00pm Journey with Jesus
7:15pm Celebration Choir Rehearsal

FRIDAY 8

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 9

9:00am Trinity Men's Breakfast - IHOP
10:00am Women's Potluck Brunch

SUNDAY 10

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Adult Spiritual Formation Kick-off
10:15am Newcomers
11:15am Holy Eucharist
12:45pm Holy Eucharist

The Office will be closed on Monday, September 4 in observance of Labor Day



Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for September 10, 2017
Fourteenth Sunday after Pentecost

Exodus 12:1-14
Psalm 149
Romans 13:8-14
Matthew 18:15-20

TODAY @ TRINITY — SEPTEMBER 3, 2017

Activities at 10:15am

Newcomers' Group - Cathedral

The group will Tour the Cathedral. ALL are welcome!

Contact is Randie Strike: randie.trinity@gmail.com;916-446-2513

This Week

Tuesday Morning Group (TMG)

Tuesday September 5th will be a day off

On September 12th we will begin our study of Karen Armstrong's *Twelve Steps to a Compassionate Life*. The Cathedral Bookshop has the book and you are encouraged to read it to enhance our discussions. If you have any questions contact Susan Hotchkiss at susan_hotchkiss1@hotmail.com

Bereavement Support

Are you grieving the death of a loved one?

A new Bereavement Support Group begins September 7.

The group will meet Thursday evenings from 6:30-8:00, and will be co-led by Rhonda Canby, Elizabeth Kenealey, and Anne Arthur.

If interested please contact Rev. Anne Arthur by email at arthur.anne@gmail.com, or by phone at 916-718-7925. Group size is limited.

Next Sunday

Art of Hosting Leadership Training

Sunday September 10, 12:30-2:30pm in the Assembly area.

In this training you will learn and practice deep listening and collaborative facilitation skills. You will also get the opportunity to dive deep into community formation. Ideal for all leaders, including those considering involvement in Small Dinner Groups. Light Refreshments will be provided. Please RSVP to Rev. Megan at Megan@trinitycathedral.org

Small Groups

If you are interested in being a part of small group meal and fellowship groups that meet monthly, please fill out the survey so that we can create groups according to your preferences and interests. SURVEY: goo.gl/3dxYyc If you are having trouble with the electronic form, feel free to stop by the front office and fill out a hard copy. We hope that these groups will create space to get to know one another, have fun, try spiritual practices together, and be open and inviting to friends and neighbors who might be curious about faith and church life. If you have any questions, please contact Rev. Megan at megan@trinitycathedral.org

Coming Up

Lunch Bunch book study on "Hillbilly Elegy"

Begins Thursday, September 14, at noon in the Conference Room.

Hillbilly Elegy: A Memoir of a Family and Culture in Crisis by J. D. Vance. Are you wondering what the main issues were that seemed to have plagued working-class whites and "Hillbillies" for decades in America? Are you looking for answers to questions about the psychological effects of adverse childhood experiences and the way it affects people in the long run? How the author was able to use his negative experiences and turn it into a goal that will change his life forever. What "Hillbilly culture" is and how it affects the lives of people and so much more.

Secret Pals

We are looking for Secret Pals for the teachers and staff at Leataata Floyd School. Each teacher and staff person fills out an information sheet about them self and the work they do at the school. The Secret Pal (parishioner) is encouraged to send little notes of encouragement, to remember his or her birthday, special holidays, and help with supplies that might be needed.

A sign-up sheet will be available at a table on Sunday or call Mary Hustler at 916-715-6942 or email at mmhust@hotmail.com with any questions.

Thank You for your support of the teachers and staff at Leataata Floyd School. ~Mary Hustler

Box Tops for Education

Please don't throw away your cereal boxes without tearing off the "Box Tops for Education" coupon and bringing it to Trinity Cathedral for Gladys Hustler. You'll be helping a child. Thank you!

Ushers Needed

If you would like to help with our Ushering Ministry we have places for Ushers on the Fourth Sunday at the 9 AM service and on the Fifth Sunday at the 9 AM service as well. If you can help the Trinity Ushering Ministry please contact Kevin Donohue at 916-440-7735 or email kfdsac@att.net or Randie Strike at 916-203-7586 or email randie.trinity@gmail.com. Thank you for your help.

CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th:11:00am - 5:00pm;

Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Sign up on the Cathedral Flowers Calendar, then submit this form and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:

Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested _____ (allow 3 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____

THURSDAY NIGHT AT THE CATHEDRAL

6:00 pm - Compline

New TNAC classes

Begin Thursday, September 14 at 7:00pm

How to Live as a Christian in This Crazy World

September 14 to October 19 - Assembly Area
Facilitated by TVR Brian Baker

With the breakdown of civility, chaos in our political systems and an increase of explicit racism, we are entering a frightening time of crisis. Dean Baker will lead a six-week conversation that will explore how our faith can both guide and sustain us as we strive for justice and peace and respect the dignity of every human being.

12 Steps to a Compassionate Life

September 14 to November 16 - Bookshop
Facilitated by Susan Hotchkiss

In 2010, Karen Armstrong, a renowned scholar of the world's religions, wrote *Twelve Steps to A Compassionate Life*. The Washington Post stated: "Armstrong lays out a pluralistic and, ultimately, secular way to spread compassion that's easy to believe in." From learning about compassion to loving your enemies, this book is extremely timely for living in the world today. Attendees are encouraged to purchase the book, available in the Cathedral Bookshop.

Journey with Jesus -- Your Journey of Faith

Ongoing, drop-ins are welcome! - Room J
Facilitated by Kelly Mieske and Jerry Paré

Join us in a reflective Bible Study of next week's Gospel passage. Contact Jerry Pare' at jpare@trinitycathedral.org or 916-930-8032.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:

The Rev. Dr. Pamela Anderson:

Pamela@trinitycathedral.org or 916/446-2513

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Ongoing

Trinity Men's Breakfast - **NOTE: Location change.**

2nd Saturday at 9am at IHOP, 30th & N Sts. Contact: Chris Sanft - chris@sanft.org

Women's Fellowship - 2nd Saturday 10-Noon Room F

Coffee and Continental

Contact: Susan Bush - sbush333@gmail.com

Lunch Bunch – On break until September 14

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – On break until September 14

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Journey with Jesus

Thursdays, 7-8:30pm, Conference Room

Join us in a reflective Bible Study of next week's Gospel passage. Contact Jerry Pare' at jpare@trinitycathedral.org or 916-930-8032.

Centering Prayer

Tues., 6-7pm and Thurs., Noon—1:00pm (East Transept)

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every Sunday **during the school year** at 10:15am. Contact: Rev. Kathy Hopner at 930-8027