



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 5 LABOR DAY

TUESDAY 6

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:00pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 7

10:00am Mom's, Tot's and Pop's
12Noon NA Meeting
12:10pm Holy Eucharist
7:00pm Cathedral Choir Rehearsal

THURSDAY 8

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
3:00pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:15am Celebration Choir Rehearsal

FRIDAY 9

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 10

9:00am Trinity Men's Breakfast
1:00pm Charlie Gray Memorial Service

SUNDAY 11

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Newcomer's Group
11:15am Holy Eucharist
12:45pm Holy Eucharist
3:00pm Small Group Bible Study
3:00pm Lee Roberson Memorial Service

The Office will be Closed
Monday, September 5
in observance of
Labor Day

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for September 11, 2016 The Seventeenth Sunday after Pentecost

Jeremiah 4:11-12, 22-28
Psalm 14
1 Timothy 1:12-17
Luke 15:1-10

TODAY @ TRINITY — SEPTEMBER 4, 2016

Activities at 10:15am

Veterans Meeting — Room A

Attention all Veterans! Bring your coffee and munchies and join us.

Newcomers' Group - Room C

The Group will discuss Resources for Next Steps

If you have questions about the Newcomers' Group contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

Later Today

Small Group Bible Study - 3-5pm in Room C

We will focus on one of the Sunday readings, usually the Gospel. Our intention is to let God's Word speak to us through a study method called *Lectio Divina*." Contact Kelly Mieske at 916-719-8149 for more information.

This Week

Wednesday Weekday Service

Moves to New Time! 12:10pm

Beginning Wednesday, September 7th, the (9:00am) Wednesday weekday service of Holy Eucharist and Healing will move to 12:10pm. We are hoping that the noon hour will be a more convenient hour for people who work and have a chance to take advantage of the new worship time during their lunch hour. Megan Anderson is the celebrant for that service.

Lunch Bunch

Begins Thursday, September 8 at Noon

Lunch Bunch will embark on a weekly, chapter-by-chapter exploration of Thomas Moore's spiritual classic *Care of the Soul: A Guideline for Cultivating Depth and Sacredness in Everyday Life*. Come join us!

Fellowship Group Kick-Off

Friday, September 9 at Ted and Elba White's Home

The Adult Ministries program will launch a variety of fellowship groups this fall. There will be a kick off on Friday, September 9 at Ted and Elba White's home in Elk Grove, where you can learn about the different opportunities. This will be a dessert potluck, so if you are able, please bring something to share. If you are planning on attending, please RSVP to Ted and Elba at (916) 684-4015.

If you are interested in joining a group, you can sign up for one on the night of September 9 or on Sunday morning, September 11. If you have any questions, please contact Rev. Dr. Pamela Anderson at Pamela@trinitycathedral.org.

Trinity Men's Group Breakfast

Saturday, September 10 at 9:00am in the Great Hall

All Trinity men are invited for a delicious breakfast and a short business meeting. Contact: Chris Sanft - chris@sanft.org

Memorial Service for Charlie Gray

Saturday, September 10 at 1:00pm

A SummerFest THANK YOU!

The reviews on SummerFest '16 are rolling in! (Yelp is giving us 4 stars!) Thank you to everyone who helped make the day a success and to everyone who participated. The Hospitality Team would like your input regarding what was good and what can be improved (and how). Please send comments to Jerry Paré (jpare@trinitycathedral.org;916-930-8032).

Next Sunday

Sunday Morning Journey

(Formerly the 30/40's and Beyond)

September 11, 10:15am, Conference Room

The group will start up with the Discovery DVD Series - *Your Spiritual Journey* developed by the Episcopal Diocese of Texas. This series provides an array of topics dealing with the church and our spiritual journeys. Each Sunday we will watch one or two of the segments followed by discussion. Scripture readings and thought provoking questions are provided to continue pondering the topic throughout the week.

All are welcome! Come join us any Sunday morning. Contact Amy Dierlam at dnarock@pacbell.net if you have questions.

Finding Peace and Joy in Troubled Times

This class, facilitated by Dean Baker, will begin September 11 at 10:15 in Room A.

Memorial Service for Lee Roberson

Sunday, September 11 at 3:00pm

Thank You...

... my beloved brothers and sisters of Trinity Cathedral, for your outpouring of love and support during my ordination as a transitional deacon and over these many years. A special thanks to the many involved in planning and offering the beautiful worship and festive reception. As I have been mostly away from my Cathedral family during the formation process, I am sustained by your continued prayers and by your warm welcome when I am able to be with you. God richly blesses me through you. I will be serving as a transitional deacon at St Francis, Fair Oaks, through my priestly ordination in early March. Please be assured of my continued prayers, my love, my gratitude for you.

~~ The Rev. Sonya Reichel

Secret Pals

We are looking for 35 people to be a Secret Pal for the teachers and staff at Leataata Floyd School. Each teacher and staff person will fill out an information sheet about them self and the work they do at the school. The Secret Pal (parishioner) is encouraged to send little notes of encouragement, to remember his or her birthday, special holidays, help with supplies that might be needed and other support.

A sign-up sheet will be available in the Great Hall or you can call me to sign up at 916-715-6942 or email me at mmhust@hotmail.com. If you have any questions about the program I will be in the Great Hall the next several Sundays or please call or email me.

Thank You for your support of the teachers and staff at Leataata Floyd School. *~~Mary Hustler*

Coming Up

Family Promise Returns September 18-24

We are again blessed to host the homeless families of Family Promise Sacramento. As the families come in each day at 5 p.m., we need hosts to greet and serve them dinner, folks to prepare or buy dinner, and overnight hosts to make sure they are comfortable and safe and who can set out a simple breakfast for them in the morning. At the end of our host week, we need volunteers to help break down the cots and load them in the Family Promise trailer, launder the bedding, and haul the trailer to the next host church. You only need volunteer for one evening during the week. If you wish to drop off a dinner at the kitchen with instructions on how to prepare the food, that works too! Please sign up at the Family Promise poster hanging in the Great Hall, or contact Eleanor Taniguchi, Family Promise Coordinator: ehtaniguchi@gmail.com or text 916-708-4295

THURSDAY NIGHT AT THE CATHEDRAL

Compline: 6:00pm

Dinner: 6:15pm

Classes: 7:00pm

New TNAC Classes Begin September 8.

Andre Jensen facilitates: For the Jesus and Buddha: The Parallel Sayings This class will reflect on the affinities between Christianity and Buddhism as revealed in Marcus Borg's beautiful compilation of text and illustration. We'll discuss how close the parallels are, where differences between them seem most significant, and how our consideration of them enhances our understanding of our own faith. These conversations are sure to be thought provoking.

Morey Lloyd facilitates: The Song of Solomon Exposed Take a tour of the most controversial book in Hebrew Scriptures. A book in the Wisdom tradition without Wisdom teachings. A book in Holy Scripture without the mention of the Name of the Lord. A book of Erotic poetry without moral lessons. No prayers, no introduction and no explanation! "Oh, I wish to be kissed with the kisses of his mouth!", thus begins our journey. Together let us peruse the passion and the pleasure of unadulterated desire for the meaning of life, liberty and the pursuit. Six weekly sessions using only the Biblical texts: Hebrew, Greek, Latin and the English versions. Drop-ins always welcomed.

Susan Hotchkiss facilitates: Heirs to the Forgotten Kingdoms: Journeys Into the Disappearing Religions of the Middle East by Gerard Russell: In this book, former British and UN diplomat Gerard Russell introduces the world to seven little known religions of the Middle East, writes their histories, participates in ancient rituals as well as discusses modern threats to their continuing existence. Not only is reading this timely, it will be fascinating to learn about these peoples, their religions and their cultures. The book is available in the Cathedral Bookshop.

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:
The Rev. Dr. Pamela Anderson:
Pamela@trinitycathedral.org or 916/446-2513

Ongoing

Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in Room A. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 3:00pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027