



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 8

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 9

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:30pm Finance Committee
7:00pm Acolyte Practice

WEDNESDAY 10

9:00am Holy Eucharist
12Noon NA Meeting
6:00pm Wednesday Community Dinner
7:00pm Cathedral Choir Rehearsal
7:00pm Handbell Choir Rehearsal

THURSDAY 11

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Compline
6:00pm TNAC Dinner
6:15pm BCP & Bible Challenge
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 12

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 13

9:00am Trinity Men's Breakfast
11:00am Daughters of the King

SUNDAY 14

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Sunday School
10:15am Newcomer's Group
10:15am Introduction to the Church
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:30pm EYF
12:45pm Holy Eucharist

CATHEDRAL BOOKSHOP

Our collection of ancient Celtic items are available for Christmas special orders.

Store hours are:

Tu-Th:11:00am - 5:00pm;
Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Pastoral Emergencies:

Call the office: 446-2513

Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for September 14, 2014

Fourteenth Sunday after Pentecost

Exodus 14:19-31
Psalm 114
Romans 14:1-12
Matthew 18:21-35

TODAY @ TRINITY—SEPTEMBER 7, 2014

The Library is open in the Elevator Alcove

Activities at 10:15am

Children, Youth, & Family Ministry Fair — Great Hall

Learn much more about these programs at Trinity: Children's Chapel, Sunday School, Episcopal Youth Fellowship, Acolytes, Confirmation, Parenting Matters, and Moms, Pops and Tots.

Introduction to the Church — Room A

The text, *Welcome to the Episcopal Church*, is available in the Cathedral Bookshop. Although much of the course will focus on the Episcopal church, it will start with a history of the whole church. The schedule is available at the Welcome Center. Contact Jerry Paré (930-8032 or jpare@trinitycathedral.org) if you have questions.

This Week

Fellowship On the Walk

Monday, September 8, 6:30pm in the Courtyard

Join us for a family and furry friendly walk with Jesus.

Next Sunday

Newcomers' Group

A new group begins next Sunday, September 14 in Room C.

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

Sunday School begins September 14!

We are so excited to begin a new program year! Sunday School is offered to all children and youth ages 4 through 12th grade from 10:15 to 11:15 during the school year.

First EYF meeting of the new program year

It's a new program year! Time to dream and plan...We have some exciting plans for this year, and would love to hear your dreams and ideas! Please join us on **Sept. 14 at 12:30** for a pot luck lunch and meeting for all youth and their parents in grades 6th - 12th in the Assembly Area. Please bring a salad to share.

30/40s and Beyond resumes on September 14th

We will reconnect and catch up with one another as well as starting a new series—*The Peaceful Warrior*. We will be watching the movie *The Peaceful Warrior* which is loosely based on the book *The Way of the Peaceful Warrior* by Dan Millman. *The Peaceful Warrior* chronicles his life as a college gymnast who had everything he could ever want, until an injury changed his life forever. During his recovery, fate presents Dan with a wife and a stranger named Socrates, who unlocks a world of wisdom and spiritual understanding. The book and movie have led to a movement in peaceful warrior thinking and living. For more information see www.thepeacefulwarrior.com. Questions? contact Amy Dierlam - dnarock@pacbell.net

Organ Restoration

Trinity has begun an exciting campaign to restore and enhance its exquisite Reuter organ. **On Sunday, September 14, at 10:15am in the Cathedral**, Canon David Link will present a live demonstration of the need for the project and describe the vision for the future of the instrument. You are invited and encouraged to attend.

Crochet / Knitting Group

Sunday, September 14 in the Great Hall at 10:00am

Please join this crochet/knitting gathering. They will help people who want to learn to crochet and/or knit. Contact either: Tina Irby, (714) 267-5214 or Dorothy Malcolm, (916) 441-5305.

New Picture Directory

Sign up to get your picture taken at the table in the Great Hall after each service or on-line using the Quick Link on the right side of Trinity's home page (trinitycathedral.org). You will receive one FREE 8x10 picture and a copy of the new directory if you have your picture taken. Pictures are scheduled to be taken in September and early October. If you have questions contact Randie Strike at 916-203-7586 or email: randie.trinity@gmail.com.

The Trinity Cathedral Choirs want you!!

Trinity Cathedral's active music program involves over seventy volunteers and part-time paid staff. With an emphasis on high quality and diversity, Trinity's music ministry speaks in many musical languages to worshippers who come to the Cathedral. With four choirs and a handbell ensemble, everything from plainchant to Bach to world and gospel music makes up the dynamic worship music at Trinity Cathedral. Truly there is "something for everybody" here!

Music is a vital part of our life at Trinity, and helps us to fulfill our vision "to make disciples who love and serve Christ and His world." Would you like to be a part of this dynamic ministry at Trinity Cathedral?? We would love to have you join us! Check out the music pages at <http://trinitycathedral.org/worship/music>

Contact David Link, Canon for Music for details: sierracanon@gmail.com or 916-446-2513, ext 224.

Coming Up

Family Promise is Coming Sept. 28th!

Trinity will host FP families the week of **Sept. 28**. There are many ways you can help. When our guests arrive, we need volunteers to welcome and spend time with the families, cook, serve and clean up after supper and stay the night. You decide the type and extent of your commitment. Look for the sign-up sheet in the Great Hall. For more information contact Eleanor Taniguchi at ehtaniguchi@gmail.com or Deacon Steve Skiffington at deaconskiff@gmail.com.

Ongoing

Lunch Bunch—Resumes **Sept. 11** with a discussion starting on the book *Strength for the Journey*. Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group —Thursdays, 4:30pm.

Anyone who would like to write in an informal setting is welcome to drop in. Writing prompts are offered, we write for 20 minutes, then share what emerges or not, as the spirit moves. Contact: June Gillam - jgillam@wavecable.com. We meet in the Conference Room.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall.
Contact: Chris Sanft - chris@sanft.org

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year**, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hopner at 930-8027

Centering Prayer

Tuesdays, 6-7pm in the East Transept
Thursdays, Noon—1:00 in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contacts are Nancy Earl nancy.c.earl@gmail.com or Shelley Mydans smydans@gmail.com.

Thursday Night at the Cathedral

6:00pm—Compline

6:15pm—Dinner (\$7)

7:00pm—Classes

Bible and Book of Common Prayer Challenge

Facilitators: Rhonda Canby and the Rev. Randy Knutson
The goal is to read one chapter in the New Testament, one Psalm, and one of the prayers in the Book of Common Prayer each day for one year to anchor each day in scripture, and to become familiar with the beauty of the prayers in the Prayer Book.

Tool Pouch for Living

Presenter: Vaughn Wolff

"Come explore Lessons in Christian Metaphysics for 12 evenings that will help us understand and adapt our habits of thinking so we can experience life with more joy, greater health and confidence in the ever present Christ. We will be using Dr. Frederick Bailes, *Basic Principles of the Science of Mind, Twelve Lesson Home Study Course*.

God In America — A PBS documentary

Presenter: Susan Hotchkiss

We will watch this great history of the relationship between religion and the United States. Then on the alternate weeks we will discuss events and people involved in shaping who we are today as spiritual Americans.

Embracing an Alternative Orthodoxy: Richard Rohr on the Legacy of St. Francis

Presenter: Canon Lynell Walker

Richard Rohr's exploration of what we hold to be the anchors of the Christian faith through the lens of the life and teachings of St. Francis. Rohr is always teaching us to live beyond possibility yet does so by drawing on our rich tradition. All materials will be provided.

Ruth-less Religion

Presenter: Morey Lloyd

This short three act play in the Book of Ruth reveals a reformation within the Scriptures to upset even the staunchest believer by demonstrating the true nature of the Eternal One. Here we find the redeeming inclusiveness of the promise of life lived to its fullness. Drama overshadows the Dogma of what it means to love the neighbor. Life becomes a witness to the Acts of God.

Contribution Statements Change

In order to reduce mailing costs, the standard mailing of contribution statements will be reduced from quarterly to semi-annually. The next statements will go out in early December (as a final reminder to donors of the status of their pledge payments). Please contact Michi Low at low.michi@gmail.com with any questions.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
**Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816**

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____