



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY SEPTEMBER 9

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 10

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:30pm Finance Committee
7:00pm Acolyte Practice

WEDNESDAY 11

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
1:00pm Executive Committee
6:00pm Wednesday Community Dinner
7:00pm Handbell Choir
7:00pm Cathedral Choir Rehearsal

THURSDAY 12

12Noon NA Meeting
12Noon Lunch Bunch
1:00pm Centering Prayer
4:30pm Writing Group
6:00pm Candlelight Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 13

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 14

9:00am Trinity Men's Breakfast
1100am Daughters of the King
5:10pm Holy Eucharist

SUNDAY 15

7:30am Holy Eucharist
9:00am Holy Eucharist
9:00am Family Service
10:15am Newcomers' Group
10:15am Intro. to the Old Testament
10:15am 30/40's and Beyond
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:30pm EYF Potluck
12:45am Holy Eucharist

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking for people with disabilities is provided on Sundays. Enter on Trinity Cathedral Lane and park behind the Great Hall.

Lessons for September 15, 2013 17th Sunday after Pentecost

Jeremiah 4:11-12, 22-28
Psalm 14
1 Timothy 1:12-17
Luke 15:1-10

TODAY @ TRINITY—SEPTEMBER 8, 2013

Back to School with the Blessing of the Backpacks

All children, youth, teachers - all those off to preschool, daycare, school or college - are invited to bring forward their backpacks, lunch pails, briefcases, etc... for a special blessing during our 9:00 and 11:15 services. Please join us in praying for a wonderful, safe year for all the students in our community!

Activities at 10:15am

Newcomers' Group—Room C

A new group begins TODAY with Introductions. Everyone is welcome to be with us, especially, Newcomers and visitors

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

Children, Youth, and Family Ministry Fair

Please join us in the Great Hall for our annual Children, Youth and Family Ministry Fair. Find out about Sunday School, Episcopal Youth Fellowship, Acolytes, Children's Choir, the nursery and our many special events!

Old Testament Teaching—Room A

Dean Brian Baker will discuss the Bible Challenges' Old Testament readings.

This Week

Thursday Night at the Cathedral (TNAC) Classes and Thursday Night Dinners Begin...

...September 12: Dinner at 6:15pm; Classes at 7:00pm

A donation of \$7.00 per person will provide for some very good eats and fellowship before the evening classes begin at 7pm. If anyone would like to volunteer to be the chef for a Thursday evening, please send Vaughn Wolff an email at vewolff@yahoo.com.

See the other side of this sheet for the TNAC classes that are beginning.

Next Sunday

Recovery Weekend is Coming to Trinity

September 14 and 15 at All Services

At Trinity we celebrate sobriety. Come hear our preachers, all Trinity parishioners in recovery, share their perspectives on recovery and sobriety at all five services on September 14 and 15.

If you would like to help at an information table in the solarium between services, please contact Rev. Anne McKeever at amckeever@wavecable.com. We will have resources for The Recovery Ministry of the Episcopal Church and several 12-step programs.

30/40s and Beyond

The group will resume meeting on Sunday, September 15th in the Assembly Area from 10:15am-11:10am. We will reconnect and discuss what we would like to do this Fall for our Sunday morning gatherings. Join us!

Introduction to the Old Testament

Sunday, September 15 – October 27 at 10:15am

Besides the Bible, Donald Griggs' *The Bible from Scratch: The Old Testament for Beginners*, available in the bookstore, is the main resource. **Jerry Paré will lead the class.** Please let Jerry (jpare111452@gmail.com; 916-930-8032) know by September 9 if you plan to participate. This class is a good opportunity to get some of your basic questions about the Old Testament answered.

Coming Up

Trinity Women's Fall Retreat

Relax, Reflect and Rejuvenate

Saturday, October 5, 9am-3pm in the Assembly Area

Trinity women and their friends will gather to relax, reflect and rejuvenate.

Rev. Anne's beloved Yoga instructor, Karen Klussendorf of Woodland, will lead us in gentle yoga, mediations, writing and music.

Cost to be determined. The retreat will include a delicious lunch with vegetarian and meat options.

If you'd like to join the planning committee for this divine event, contact Rev. Anne at amckeeper@wavecable.com.

Floyd School

Have a free Friday afternoon once a month? We can use a few reliable volunteers to put together backpacks of food for 15-20 families at Floyd School. If you can't help, we can always use donations of children's clothes and food for the backpacks--tuna, peanut butter, top ramen, fruit cups, power bars. Drop off your donations in the barrel under the stairs. Contact Deacon Steve or Deacon Virginia at 446-2513.

Floyd School Clothes Closet Volunteer

A volunteer is needed on the last Friday of the month between 3:00 and 4:00pm to help the team when parents come in to shop.

If you can help contact Ann Hall at 457-4844 or Josephine Hein at 451-4426.

The Trinity Cathedral Choirs Want You!

Trinity Cathedral's active music program involves over seventy volunteers and part-time paid staff. With an emphasis on high quality and diversity, Trinity's music ministry speaks in many musical languages to worshipers who come to the Cathedral.

With four choirs and a handbell ensemble, everything from plainchant to world and gospel music makes up the dynamic worship music at Trinity Cathedral. Truly there is "something for everybody" here!

Would you like to be a part of this dynamic ministry at Trinity Cathedral?? Contact David Link, Canon for Music for details: link@trinitycathedral.org or 916-446-2513, ext. 224.

Thursday Night at the Cathedral

Thursday, September 12, 2013

Candlelight Compline—6:00pm

Dinner—6:15pm (\$7 donation)

Classes—7:00pm

Classes Begin **September 12, 7 to 8:30 p.m.**

- Randy Knutson and Rhonda Canby present the **Bible Challenge**, through January 2, 2014. It's never too late to start reading the Bible—a little bit every day, with Sundays off – and then to discuss the readings with a group of cheery, open-minded folks. (Conference Room.)
- Vaughn Wolff presents **The Sermon on the Mount** by Emmet Fox, in the Cathedral Bookshop.
- Rev. Anne McKeever presents **THE BIBLE: An Eight Hour DVD Series** produced by the History Channel. We will read together short passages of Holy Scripture and then view and discuss how the History Channel makes scripture come to life. (Assembly Area). **The class will not meet September 19.**

Dean Brian Baker presents the OLD TESTAMENT on October 3 and December 5. Dean Baker teaches about the Old Testament books of the Bible we're reading for the Bible Challenge. Most TNAC classes attend Dean Baker's classes.

CATHEDRAL BOOKSHOP

Have you visited Canon Carey's Corner?

Visit our expanded "Free Books" section and take home some good reading!

Three authors will be signing their books on September 22: Beatrice Bailey, Dennis Spock and Victoria Lousalat

Regular store hours are: Tu-Th:11:00am - 5:00pm;
Fri: 11:00am - 2:00pm; Sun: 8:30am - 1:00pm
Contact us at 916-442-9194

Ongoing

Lunch Bunch

Thursdays, noon to 1:30pm in the Assembly Area

Bring your Bible for our discussion of the Bible Challenge readings. Newcomers are welcome. Contact is Rev. Anne—amckeeper@wavecable.com

Thursday Writing Group...

The Writing Group meets on Thursdays from 4:30 to 6:00 p.m. in the Conference Room. Newcomers are always welcome. We write to a prompt and then share what we choose to share with the other participants. Contact is Rev. Anne—amckeeper@wavecable.com

NOTE: The group will NOT meet on September 19.

Centering Prayer

Tuesdays, 6-7pm in the East Transept

Thursdays, 1:00-2:00pm in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact Nancy Earl nancy.c.earl@gmail.com, Sally Smith sally1369@comcast.net or Shelley Mydans smydans@gmail.com for further information. All are welcome.

Altar Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____