



# Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

## THE WEEK AHEAD

### MONDAY 12

12Noon NA Meeting  
5:45pm Holy Eucharist

### TUESDAY 13

10:00am Coming of Age in Mississippi  
12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer  
6:30pm Finance Committee  
7:00pm Acolyte Practice

### WEDNESDAY 14

9:00am Holy Eucharist  
10:00am Moms, Pops and Tots  
12Noon NA Meeting  
7:00pm Movie Night at the Cathedral  
7:00pm Cathedral Choir Rehearsal

### THURSDAY 15

12Noon NA Meeting  
12Noon Lunch Bunch  
12Noon Centering Prayer  
4:30pm Writing Group  
6:00pm Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes  
7:15pm Celebration Choir Rehearsal

### FRIDAY 16

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 17

**SUNDAY 18**  
7:30am Holy Eucharist  
9:00am Holy Eucharist  
10:15am Newcomers Group  
10:15am 30/40's and Beyond  
10:15am Sunday School  
10:15am The Soul of Money  
11:15am Holy Eucharist  
12:45pm Holy Eucharist  
4:00pm Service of Remembrance

## TODAY @ TRINITY – OCTOBER 11, 2015

### Activities at 10:15am

#### Newcomers' Group – Room C

##### **The group will discuss Ministry Opportunities**

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

#### Transforming Questions: 30/40's and Beyond – Conference Room

We will continue discussing *Transforming Questions*, which invites faithful questioning for those new to the Christian faith and longtime members. We will explore, through God's Word, our own faith journey and continue to ask the questions that stir within us. This study is produced by Forward Movement and each participant will have their own guidebook to reference and reflect in. Questions? contact Amy Dierlam - dnarock@pacbell.net.

#### The Soul of Money – Room A

Based on Lynne Twist's book, *The Soul of Money*. Bud Swank will be leading most sessions, with Vaughn Wolff and Susan Van Dyke tag teaming for certain sessions.

Want to know more about this class? Consider the book's subtitle: *Reclaiming the Wealth of Our Inner Resources*. The book is available in our bookstore, and is recommended for those who want to gain the most from this enlightening topic. However, reading the book isn't necessary to participate in the class.

#### Crochet / Knitting Group – Great Hall

Please join us for a crochet/knitting gathering. There will be help for people who want to learn to crochet and/or knit.

### Later Today

#### EYF Meeting for Youth and Parents

**Sunday, October 11, 12:30pm – 2:30pm  
in the Assembly Area.**

Please bring a salad to share!

### CATHEDRAL BOOKSHOP

Store hours are:  
Tu-Th:11:00am - 5:00pm;  
Sun: 8:30am - 1:00pm  
Contact us at 916-442-9194 or  
bookshop3@gmail.com

#### **Pastoral Emergencies:**

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Lessons for October 18, 2015**  
*The Twenty-First Sunday after Pentecost*

Job 38:1-7, (34-41)  
Psalm 104:1-9, 25, 37b  
Hebrews 5:1-10  
Mark 10:35-45

#### Young Adults

**Sunday, October 11 at 5:00pm in the Conference Room**

All young adults are invited to a meet & greet potluck this evening. Food and beverage is welcome but not required.

### This Week

#### Movie Discussion Night at the Cathedral

**Wednesday, October 14 at 7pm, Conference Room**

Join us for a provocative discussion based on a 20 minute video that seeks to challenge and strengthen our faith. All are welcome.

#### CALLING ALL MEN!!!!

**Men's Retreat: Friday, October 16 and Saturday, October 17 at the Community of the Great Commission near Foresthill.** We are encouraging you to come, share, and enjoy under the direction of Dean Baker! The cost is \$95.00 to cover lodging, Friday dinner at 6:00pm, breakfast and lunch. Please bring your own liquid refreshments. Activities include hiking and swimming in the pool. You can register in the Bookshop. If you have any questions please call Dana Chamness at 930-8038. Looking forward to seeing you there!

## Next Sunday

### Bake Sale

to benefit the Potluck Dinner Church Ministry  
**Sunday, October 18 during the coffee hours.**

Come and indulge in delicious cookies, candies, cupcakes and whatever else we might be bringing to the table. This event will help us fund the wonderful activities we are planning including the **Day of the Dead service and potluck taking place on Sunday November 1.**

**Parenting Matters:** For parents & grandparents of children from birth through 5<sup>th</sup>/6<sup>th</sup> grade

**Sunday, October 18, 10:15am in the Assembly Area**  
Please join Rev. Kathy Hopner next Sunday (and the third Sunday of each month) as we discuss a variety of issues concerning the joys and challenges of raising kids!

### 17th Annual Service of Remembrance

**Sunday, October 18, 4:00 pm at Trinity Cathedral**

This service is in memory of our brothers and sisters who have suffered violent deaths by murder or suicide as a result of their sexual orientation, gender identity or gender expression.

Please mark your calendars and plan to attend to stand in solidarity with the LGBT community and its allies.

*"Remember their lives with love. Bear witness to the atrocity of their deaths. Affirm together that violence and hatred must end."*

## Coming Up

### Day of the Dead

Potluck Dinner Church

**Sunday, November 1 at 5:00pm in the Cathedral**

Food and fellowship will be shared during this Day of the Dead themed dinner church service. All are welcome, but not required, to bring a dish to share and photos of lost loved ones to fill the Day of the Dead altar.

### Canon Carey's 90th Birthday Blast!

**Saturday, November 7, 1:00pm to 4:00pm**

Service of Daily Prayer will be held at 1:00pm, followed by a reception in the Great Hall.

### **Cathedral Flower Donation**

**A nice way to give thanks or to remember loved ones.**

**Send your request and contribution (make check payable to "Trinity Cathedral" with 'Flowers' on the memo line) to:  
Trinity Cathedral Flowers, 2620 Capitol Ave,  
Sacramento, 95816**

Date requested \_\_\_\_\_ (allow 2 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_

## THURSDAY NIGHT AT THE CATHEDRAL

**6:00 - Compline; 6:15 - Dinner; 7:00 - Classes**

### TNAC CLASSES

#### **Holy Wholly One, Behold Me, Wholly One**

**Facilitated by Morey Lloyd**

Most of the science of philosophy has taught us that God is omnipotent- all powerful, omniscient- all knowing and omnipresent. Much of the theology of tradition tells us that God is Holy - in the vision of Isaiah: Holy Holy Holy. The Holy One is usually defined with a separate and exclusive nature. We will look at a revelation of the Divine as not exclusive but rather as the All Inclusive One. We will learn how to love, and be loved by, a Whole God with a Whole heart and how to love a Whole neighbor as the Whole self is loved.

#### **Coming of Age in Mississippi**

**Facilitated by Susan Hotchkiss**

On August 6, 1965, President Lyndon Johnson signed the voting rights, making poll taxes and literacy tests as prerequisites to vote unconstitutional. Anne Moody's *Coming of Age in Mississippi* chronicles her journey as a young girl and as a woman in the thick of the Civil Rights movement in the South.

#### **Mental Health 101**

**Facilitated by Shireen Miles, Per Ostlund and Ann Arneill-Py**

This series will delve into the complex issues related to mental health. We will share information about the local system of support, the places where glaring gaps exist, and our county's plans to augment services.

#### **OCTOBER 15 - Sacramento County Mental Health Services Continuum of Care. Kelli Weaver,**

who is a Licensed Clinical Social Worker, and Mental Health Program Manager with Sacramento County Behavioral Health Services, will lead our sixth and final portion of this TNAC series. Since 2010, Ms. Weaver has been a manager for the Division of Behavioral Health Services, responsible for the overall management and coordination of adult mental health outpatient programs. She also participates in many collaborative efforts, working with law enforcement, the probation department, hospital emergency departments, the Sacramento main jail, homeless programs, the Public Defender's office and the courts, alcohol and drug service providers to develop innovative new approaches to addressing mental illness in Sacramento County. Topics of Ms. Weaver's presentation will include the values that guide the provision of mental health services in our county; how to access mental health services; and, the mental health services currently available for children/youth, transition-age youth, and adults. The presentation will also cover the challenges facing the continuum of care and the framework for rebalancing the Sacramento County Mental Health Services Continuum of Care.

#### **"Poets or Mystics? Where is the line?"**

**Facilitated by Susan Van Dyke**

In this class, we'll explore some familiar names such as Mary Oliver and Steven Mitchell as well as some perhaps less well known such as Hafiz and St Catherine of Siena. Group participation will be highly encouraged. Please join us as we explore.

Thursday Night at the Cathedral

#### **Beginning October 22**

**Decorative Paper Cutting**

Facilitated by Karen Olmstead

If you're in the mood to do a little crafting, come see what amazing things you can create with nothing more than scissors, paper and glue. Paper cutting is a traditional folk craft practiced around the world. In this 5-week class, we will explore paper cutting techniques from Germany (scherenschnitte) and Poland (wycinanki). The class is free and all supplies will be provided in class. If you are interested in the class please contact Karen at (916) 285-5599 or by email at misty.pumpkin4522@gmail.com. There will also be a sign up sheet in the Great Hall.