



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 26

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—TC

TUESDAY 27

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Pet Service of Remembrance

WEDNESDAY 28

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
7:00pm Cathedral Choir Rehearsal
7:00pm Prayer Night at the Cathedral

THURSDAY 29

12Noon NA Meeting
12Noon Lunch Bunch
12Noon Centering Prayer
4:30pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:15pm Celebration Choir Rehearsal

FRIDAY 30

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 31

SUNDAY NOVEMBER 1 LIBRARY OPEN

7:30am Holy Eucharist
9:00am Family Service
9:00am Holy Eucharist
10:15am Veteran's Meeting
10:15am Newcomers Group
10:15am 30/40's and Beyond
10:15am Sunday School
11:15am Holy Eucharist
12:45pm Holy Eucharist
3:00pm Growing in Faith
5:00pm Day of the Dead Potluck Church

The Library will be open in the Elevator Alcove

On Sunday, November 1
between 8:30am and 11:30am

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for November 1, 2015 *All Saints Day*

Wisdom of Solomon 3:1-9
Psalm 24
Revelation 21:1-6a
John 11:32-44

TODAY @ TRINITY — OCTOBER 25, 2015

Activities at 10:15am

SPOOKTACULAR BREAKFAST

During coffee hour after 9am service

Featuring pumpkin pancakes, scrambled brains (eggs really), fingers (okay, it's sausage) and other ghostly treats. \$5 per person and \$12 a family.

A Walk on the Wild Side — Assembly Area

Parenting Matters for parents of Teens & Young Adults

Please join us TODAY and the fourth Sunday of each month as we discuss a variety of issues concerning the joys and challenges of raising teens and young adults!

Newcomers' Group — Room C

The group will discuss Resources for Next Steps.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

Transforming Questions: 30/40's and Beyond — Conference Room

We will continue discussing *Transforming Questions*, which invites faithful questioning for those new to the Christian faith and longtime members. Questions? contact Amy Dierlam - dnarock@pacbell.net.

Later Today

Pumpkin Night

Sunday, October 25 at 4:30pm

Come and join us as we celebrate Halloween with pumpkin carving and a wonderful dinner! We'll have pumpkins available; you're also welcome to bring your own, too, and we have lots of carving tools. Cost is \$5.00 per person or \$12.00 per family. We'll eat, and carve, and end with a short blessing as we light the pumpkins in church!

This Week

Remembering Our Beloved Pets

Tuesday, October 27 at 6pm

There will be a Liturgy of Remembrance to give thanks for the life of our beloved pets who have passed away. It is a wonderful way to give thanks for their generous lives and for the lessons we learned while in our care. Feel free to bring pictures, ashes, or other mementos.

Prayer Night at the Cathedral

Wednesday, October 28 at 7pm, Conference Room

Join us for an evening where participants have a chance to experience different approaches to prayer and ask questions.

DAYLIGHT SAVINGS ENDS

Set your clocks **BACK**
one hour before bed
on October 30

Front Desk Volunteer Needed

As of November 20 there is a vacancy on Friday mornings on the Office Front Desk.

Training will be required and can be scheduled for Wednesday mornings.

Contact Randie Strike at the church office - 916-446-2513

Next Sunday

First Sunday Family Service

November 1 at 9:00am in the Great Hall

CATHEDRAL BOOKSHOP

Andy Domek's book "Our Garden" is available in the bookshop.

Andy is signing them on

November 1, 10:30-11:15am.

The book is \$10 of which \$2 will be donated to the Trinity Garden.

Store hours are:

Tu-Th: 11:00am - 5:00pm;

Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

Growing in Faith

Begins Sunday, November 1 at 3:00 PM

"Growing in Faith," Trinity's program to prepare adults for Baptism, Confirmation, and Reception into the Episcopal Church, will meet in the Assembly Area. This program is also a way for those who want to renew their faith. Come to our first meeting of the year FROM 3 - 5 pm and find out more. (Then go to Potluck Dinner Church!)

Day of the Dead

Potluck Dinner Church

Sunday, November 1 at 5:00pm in the Cathedral

Food and fellowship will be shared during this Day of the Dead themed dinner church service.

All are welcome, but not required, to bring a dish to share and photos of lost loved ones to fill the Day of the Dead altar.

Coming Up

All Soul's Service

Remembering the Faithful Departed

Monday, November 2 at 5:45pm

During this service we remember those "whose lives have changed, but not ended." There is a book in the Narthex for you to clearly print the names of those who have died that you would like remembered at this service. All are invited to join us for this special service of remembrance.

Canon Carey's 90th Birthday Blast!

Saturday, November 7, 1:00pm to 4:00pm

Service of Daily Prayer will be held at 1:00pm, followed by a reception in the Great Hall.

Please RSVP to the Trinity office at 916 446-2513 so we know how many people to plan for. Donations are gratefully accepted to fund the event and checks may be made out to Trinity Cathedral, with "Canon Carey's BD Party" on the memo line. If you would like to help with the event, please email me at candaceCmiller@comcast.net

Calling all veterans and families of veterans

Please bring your uniforms and military memorabilia to church on **Sunday, November 8th**. We will have a Veteran's Day Display in the Great Hall like last year. Bring your items to the Great Hall before the 0900 service so all Trinity parishioners can view our military service history

THURSDAY NIGHT AT THE CATHEDRAL

6:00 - Compline; 6:15 - Dinner; 7:00 - Classes

TNAC CLASSES

Holy Wholly One, Behold Me, Wholly One

Facilitated by Morey Lloyd

Most of the science of philosophy has taught us that God is omnipotent- all powerful, omniscient- all knowing and omnipresent. Much of the theology of tradition tells us that God is Holy - in the vision of Isaiah: Holy Holy Holy. The Holy One is usually defined with a separate and exclusive nature. We will look at a revelation of the Divine as not exclusive but rather as the All Inclusive One. We will learn how to love, and be loved by, a Whole God with a Whole heart and how to love a Whole neighbor as the Whole self is loved.

Mental Health from a Spiritual Perspective

Facilitated by Vaughn Wolff

We will look at the "root of bitterness"; and where it finds its way into the good soil and how this gets nourished. Not stopping there, how we (the community) must learn how to help "tend the garden" so that our own voice can grow stronger than the "voice of despair". We will refer to various texts and experiences. Tracing effect backward to primary cause, will help turn our mind to Good away from Evil when we realize we have the power to take charge of circumstance. This will be follow up discussion from the Mental Health 101 class.

Decorative Paper Cutting

Facilitated by Karen Olmstead

If you're in the mood to do a little crafting, come see what amazing things you can create with nothing more than scissors, paper and glue. Paper cutting is a traditional folk craft practiced around the world. In this class, we will explore paper cutting techniques from Germany (scherenschnitte) and Poland (wycinanki). The class is free and all supplies will be provided in class. If you are interested in the class please contact Karen at misty.pumpkin4522@gmail.com.

More Coming Up

Trinity's Annual Christmas Fair

Sunday, November 29, 8.30 am to 1.30 pm

Bring your friends, enjoy a cup of coffee and a snack, as you pick up your Christmas gifts ahead of the rush, avoiding the noise and pressure of those malls. Support local artists and craftspeople and charities. We will be in the Great Hall—see you there.



Ongoing

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year** at 12:30pm. Contact: Rev. Kathy Hopner at 930-8027

Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon-1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com