



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 27

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—TC

TUESDAY 28

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:00pm Pet Service of Remembrance
6:30pm Vestry Meeting

WEDNESDAY 29

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
6:00pm Wednesday Community Dinner
7:00pm Cathedral Choir Rehearsal

THURSDAY 30

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 31

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY NOVEMBER 1

SUNDAY 2 LIBRARY OPEN

7:30am Holy Eucharist
9:00am Holy Eucharist
9:00am Family Service
10:15am Sunday School
10:15am Newcomer's Group
10:15am Introduction to the Church
11:15am Holy Eucharist w/Baptism
11:15am Choristers Rehearsal
11:15am Youth Confirmation Class
12:45pm Holy Eucharist

CATHEDRAL BOOKSHOP

It's Pumpkin Time in the Bookshop!

Store hours are:
Tu-Th:11:00am - 5:00pm;
Sun: 8:30am - 1:00pm
Contact us at 916-442-9194 or
bookshop3@gmail.com

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for November 2, 2014

All Saints Sunday

Revelation 7:9-17
Psalm 34:1-10, 22
1 John 3:1-3
Matthew 5:1-12

TODAY @ TRINITY—OCTOBER 26, 2014

SPOOKTACULAR BREAKFAST

TODAY during **ALL** the coffee hours, featuring pumpkin pancakes, scrambled brains (eggs really), fingers (okay its sausage) and other ghostly treats. \$5 per person and \$12 a family.

Activities at 10:15am

Newcomers' Group — Cathedral

The group will Tour the Cathedral.

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

Introduction to the Episcopal Church — Room A

This week's topic is Episcopalian Doctrine and Theology (Chapter 4 in Welcome to the Episcopal Church). So you didn't think we have any Episcopalian Doctrine? Come and find out! Whether or not you have been in the class previously, feel free to join us in Room A after the 9:00 AM Service. Contact Jerry Pare' (930-8032 or jpare111452@gmail.com for more information.

30/40s and Beyond — Conference Room

We continue watching the movie *The Peaceful Warrior* which is loosely based on the book *The Way of the Peaceful Warrior* by Dan Millman. The book and movie have led to a movement in peaceful warrior thinking and living. Questions? Contact Amy Dierlam - dnarock@pacbell.net

Later Today

Pumpkin Night

Sunday, October 26 from 4:30—6:30pm

Did you know Trinity is absolutely the best place for pumpkin carving? We have the tools, and supper, too! This year we will also have the **best chili!** Come and join us as we celebrate Halloween with pumpkin carving and a wonderful dinner! We'll have pumpkins available; you're also welcome to bring your own, too, and we have lots of carving tools. Cost is \$5.00 per person or \$10.00 per family. We'll eat, and carve, and end with a short blessing as we light the pumpkins in church!

This Week

Service of Remembrance for our Pets

Tuesday, October 28 at 6:00pm in the Cathedral

All are invited to a short service of remembrance for our pets who have passed away. A modest reception will follow. You are invited to bring the ashes or picture of your own animal companion that has passed away to be prayed for during the service.

Daylight Savings ENDS

Set your clocks back one hour
before bed on November 1

Next Sunday

First Sunday Family Service is at 9:00am in the Great Hall. Come and celebrate All Saints Sunday followed by arts and crafts and brunch.

See "More Next Sunday" on the Back

More Next Sunday

All Saints Sunday Choral Eucharist

Sunday, November 2 at 11:15 am

The Cathedral Choir will sing the beautiful "Missa Brevis in F major" opus 117 by Josef Rheinberger (1831 - 1901), as we celebrate All Saints Sunday. Rheinberger was one of the most important of German composers in the mid-nineteenth century, and was considered the equal of Johannes Brahms and Felix Mendelssohn. His a cappella Missa Brevis "In Honorem Sanctissimae Trinitatis," sung in Latin, is one of several fine settings he composed during his career. And of course, we'll sing all of those great All Saints hymns! Please join us.

Coming Up

Election Day Outreach

On Tuesday, November 4 Trinity Cathedral is a designated polling place so many people who might not ordinarily visit us will be coming by to vote. Let's show our visitors the Trinity brand of hospitality by having a team of greeters providing cookies, coffee and lemonade at the polls. There will be a table in the Great Hall for you can leave your donation on Sunday, November 2 or you may bring your donations on Election Day. We also need hosts to greet the voters as they arrive and offer them refreshments. If you can help on Election Day or provide some goodies, sign up in the Great Hall or contact Kathleen Montgomery at ladyiris49@gmail.com.

Day of the Dead Potluck Dinner Church

Friday, November 7, 7:30pm in the Cathedral

Bring a dish to share in honor of lost loved ones. Come together in the Cathedral for worship, food, and fellowship together.

Veteran's Day Display

Sunday, November 9 in the Great Hall

Let's celebrate our Trinity veterans and honor service members with a display in the Great Hall. We will set up tables (early Sunday morning) to display your pictures, memorabilia, uniforms, etc. Better yet, wear your uniform! Drop off your items, labeled with your name and phone number, at the cathedral office no later than Thursday, November 6th. Also write up a short statement about your service and describe your contribution to the display. Let us share our stories of service with all of Trinity's congregation!

Questions or help? E-mail candaceCmiller@comcast.net.

Multi-faith Thanksgiving Dinner

Sunday November 16, 5:00 -7:00 pm

Capital Christian Center (9470 Micron Ave., Sacramento) will host this event as Jewish, Christian and Muslim community members join in celebration. Trinity is limited to 25 guests. Each guest/family is asked to contribute to the potluck by bringing enough food for 8 people. For questions or to RSVP contact Susan Hotchkiss (susan_hotchkiss1@hotmail) or Linda Jensen (jensen_linda@sbcglobal.net) by November 8th.

Thursday Night at the Cathedral

6:00pm—Compline

6:15pm—Dinner (\$7)

7:00pm—Classes

Bible and Book of Common Prayer Challenge

Facilitators: Rhonda Canby and the Rev. Randy Knutson
The goal is to read one chapter in the New Testament, one Psalm, and one of the prayers in the Book of Common Prayer each day for one year to anchor each day in scripture, and to become familiar with the beauty of the prayers in the Prayer Book.

Tool Pouch for Living

Presenter: Vaughn Wolff

"Come explore Lessons in Christian Metaphysics for 12 evenings that will help us understand and adapt our habits of thinking so we can experience life with more joy, greater health and confidence in the ever present Christ. We will be using Dr. Frederick Bailes, *Basic Principles of the Science of Mind, Twelve Lesson Home Study Course*.

God In America — A PBS documentary

Presenter: Susan Hotchkiss

We will watch this great history of the relationship between religion and the United States. Then on the alternate weeks we will discuss events and people involved in shaping who we are today as spiritual Americans.

Mystics Then and Now

Presenter: Susan Van Dyke

This session will focus on offerings from psalms, poetry and prayer. Individuals highlighted may include Hildegard of Bingen, Rumi, Hafiz, W.B. Yeats. Pierre Teilhard de Chardin, David Whyte and Mary Oliver. This will be an experiential adventure for all. Three books will provide background, but no purchase of any is required. We may spend some time with the book, *Strength for the Journey* by Renee Miller. All are invited to come "taste and see." Questions? Please contact Susan at svandyke59701@gmail.com



Want Wreaths?

Christmas is coming! Support Trinity's EYF and get yourself a beautiful 100% real evergreen wreath at the same time!

Order yours in the Great Hall after each Sunday service between now and November 9 for pick-up at church in early December.

T-ACT Phone Banking on Tuesday Nights

Please join other members of our congregation in phone banking in Room C at Trinity, starting at 5:30 pm every Tuesday evening between now and the November 4 election. For more information, call Shireen Miles at 203-5595.

Ongoing

Lunch Bunch — Thursdays, Noon

We are discussing the book *Strength for the Journey*. Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group —Thursdays, 4:30pm.

Anyone who would like to write in an informal setting is welcome to drop in. Writing prompts are offered, we write for 20 minutes, then share what emerges or not, as the spirit moves.

Contact: June Gillam - jgillam@wavecable.com.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year**, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hopper at 930-8027

Centering Prayer

Tuesdays, 6-7pm in the East Transept

Thursdays, Noon—1:00 in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contacts are Nancy Earl nancy.c.earl@gmail.com or Shelley Mydans smydans@gmail.com.