



Trinity Episcopal Cathedral Announcements

Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 3

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—ALL

TUESDAY 4

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:00pm Ministry Team Dinner
7:00pm Ministry Team Meetings

WEDNESDAY 5

9:00am Holy Eucharist
10:00am Moms, Pops and Tots
12Noon NA Meeting
6:00pm Executive Committee Meeting
6:00pm Wednesday Community Dinner
7:00pm Cathedral Choir Rehearsal

THURSDAY 6

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
4:30pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:00pm Celebration Choir Rehearsal

FRIDAY 7

9:00am Holy Eucharist
12Noon NA Meeting
6:30pm Board Game Night
7:30pm Day of the Dead Potluck Church

SATURDAY 8

9:00am Trinity Men's Breakfast
11:00am Daughters of the King

SUNDAY 9

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Sunday School
10:15am Crochet / Knitting Group
10:15am Newcomer's Group
10:15am Introduction to the Church
11:15am Holy Eucharist
11:15am Choristers Rehearsal
12:30pm EYF
12:45pm Holy Eucharist

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for November 9, 2014

Twenty-Second Sunday after Pentecost

Joshua 24:1-3a, 14-25
Psalm 78:1-7
1 Thessalonians 4:13-18
Matthew 25:1-13

TODAY @ TRINITY—NOVEMBER 2, 2014

The Library is open in the Elevator Alcove

First Sunday Family Service is at 9:00am in the Great Hall. Come and celebrate All Saints Sunday followed by arts and crafts and brunch.

Book of Remembrance

There will be a Book of Remembrance in the Narthex today where you can list the names of those you wish to remember during the service on **Monday, November 3 at 5:45pm**. Please clearly print the names of those you wish remembered in prayer and join us on this holy day.

Activities at 10:15am

Newcomers' Group

The current group will be recognized today at the 11:15 service.

A new group begins next Sunday, November 9, in Room C.

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

Introduction to the Episcopal Church — Room A

This week's topic is Episcopalian Spirituality (Chapter 5 of *Welcome to the Episcopal Church*). Come and see the influence of the Orthodox, the Celtic, the Benedictine and more as resources for our spiritual growth. Join us in Room A after the 9:00 Service, whether you have come to the class previously or not. Contact Jerry Pare' (930-8032 or jpare111452@gmail.com) for more information.

30/40s and Beyond — Conference Room

We continue watching the movie *The Peaceful Warrior* which is loosely based on the book *The Way of the Peaceful Warrior* by Dan Millman. The book and movie have led to a movement in peaceful warrior thinking and living. Questions? Contact Amy Dierlam - dnarock@pacbell.net

This Week

Election Day Outreach

On Tuesday, November 4 Trinity Cathedral is a designated polling place so many people who might not ordinarily visit us will be coming by to vote. Let's show our visitors the Trinity brand of hospitality by having a team of greeters providing cookies, coffee and lemonade at the polls. There will be a table in the Great Hall for you can leave your donation on Sunday, November 2 or you may bring your donations on Election Day. We also need hosts to greet the voters as they arrive and offer them refreshments. If you can help on Election Day or provide some goodies, sign up in the Great Hall or contact Kathleen Montgomery at ladyiris49@gmail.com.

Board Game Night at the Cathedral

Friday, November 7, 6:30-8:30pm

Bring yourself, a friend, a game, and/or snacks and we will provide the hall and hilarity! Join in the fun!

Day of the Dead Potluck Dinner Church Service

Friday, November 7, 7:30pm in the Cathedral

Bring a dish to share in honor of lost loved ones. Come together in the Cathedral for worship, food, and fellowship together. Contact is the Rev. Megan Anderson (446-2513 or megan@trinitycathedral.org)

Next Sunday

Veteran's Day Display

Sunday, November 9 in the Great Hall

Let's celebrate our Trinity veterans and honor service members with a display in the Great Hall. We will set up tables (early Sunday morning) to display your pictures, memorabilia, uniforms, etc. Better yet, wear your uniform! Drop off your items, labeled with your name and phone number, at the cathedral office no later than Thursday, November 6th. Also write up a short statement about your service and describe your contribution to the display. Let us share our stories of service with all of Trinity's congregation!

Questions or help? E-mail candaceCmiller@comcast.net.

Crochet / Knitting Group

Sunday, November 9 at 10:15am

Please join us for a crochet/knitting gathering. They will help people who want to learn to crochet and/or knit.

Floyd School

New Principal, Mr. Eric Chapman will be with us on **Sunday, November 9 at 10:15 am** in the assembly area to talk about his plans for Floyd School. He would like help in the areas of field trips, building up the collection in the school library and volunteers to help children with their reading. I hope you will come hear about his plans for the school. He is excited to come speak to us and wants to meet the people of Trinity Cathedral.

Coming Up

Multi-faith Thanksgiving Dinner

Sunday November 16, 5:00 -7:00 pm

Capital Christian Center (9470 Micron Ave., Sacramento) will host this event as Jewish, Christian and Muslim community members join in celebration. Trinity is limited to 25 guests. Each guest/family is asked to contribute to the potluck by bringing enough food for 8 people. For questions or to RSVP contact Susan Hotchkiss (susan_hotchkiss1@hotmail.com) or Linda Jensen (jensen_linda@sbcglobal.net) by November 8th.



Want Wreaths?

Christmas is coming! Support Trinity's EYF and get yourself a beautiful 100% real ever-green wreath at the same time!

Order yours in the Great Hall after each Sunday service between now and November 9 for pick-up at church in early December.

New Directory

Please contact the office (916-446-2513) or Randie Strike (916-203-7586) to make sure we have your current street address, phone number and email address for the New Directory. We will be unable to correct information in the directory after November 16th.

Thursday Night at the Cathedral

6:00pm—Compline

6:15pm—Dinner (\$7)

7:00pm—Classes

Bible and Book of Common Prayer Challenge

Facilitators: Rhonda Canby and the Rev. Randy Knutson
The goal is to read one chapter in the New Testament, one Psalm, and one of the prayers in the Book of Common Prayer each day for one year to anchor each day in scripture, and to become familiar with the beauty of the prayers in the Prayer Book.

Tool Pouch for Living

Presenter: Vaughn Wolff

"Come explore Lessons in Christian Metaphysics for 12 evenings that will help us understand and adapt our habits of thinking so we can experience life with more joy, greater health and confidence in the ever present Christ. We will be using Dr. Frederick Bailes, *Basic Principles of the Science of Mind, Twelve Lesson Home Study Course*.

Mystics Then and Now

Presenter: Susan Van Dyke

This session will focus on offerings from psalms, poetry and prayer. Individuals highlighted may include Hildegard of Bingen, Rumi, Hafiz, W.B. Yeats. Pierre Teilhard de Chardin, David Whyte and Mary Oliver. This will be an experiential adventure for all. Three books will provide background, but no purchase of any is required. We may spend some time with the book, *Strength for the Journey* by Renee Miller. All are invited to come "taste and see." Questions? Please contact Susan at svandyke59701@gmail.com

Beginning November 20

A Christmas Carol

Facilitator: Susan Hotchkiss

"A Christmas Carol" has been a holiday favorite for over 150 years. Written as a novella by English author Charles Dickens in 1843, it has been produced for stage and screen a multitude of times. During Advent here at Trinity, we will have the opportunity to view the movie, hear about the work's historical significance and discuss how the themes are still important in our spiritual lives today.

CATHEDRAL BOOKSHOP

Buy or order your books now for Christmas. We will ship them to any address!

Store hours are:

Tu-Th: 11:00am - 5:00pm;

Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

Ongoing

Lunch Bunch – Thursdays, Noon

We are discussing the book *Strength for the Journey*. Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group –Thursdays, 4:30pm.

Anyone who would like to write in an informal setting is welcome to drop in. Writing prompts are offered, we write for 20 minutes, then share what emerges or not, as the spirit moves.

Contact: June Gillam - jgillam@wavecable.com.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year**, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hopper at 930-8027

Centering Prayer

Tuesdays, 6-7pm in the East Transept

Thursdays, Noon—1:00 in the East Transept

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contacts are Nancy Earl nancy.c.earl@gmail.com or Shelley Mydans smydans@gmail.com.