



# Trinity Episcopal Cathedral Announcements

*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 10

12Noon NA Meeting  
5:45pm Holy Eucharist  
5:30pm Stephen Ministry Leaders

### TUESDAY 11 OFFICE CLOSED

### WEDNESDAY 12

9:00am Holy Eucharist  
10:00am Moms, Pops and Tots  
12Noon NA Meeting  
6:00pm Wednesday Community Dinner  
7:00pm Cathedral Choir Rehearsal

### THURSDAY 13

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
4:30pm Writing Group  
6:00pm Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes  
7:00pm Celebration Choir Rehearsal

### FRIDAY 14

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 15

### SUNDAY 16 HEALING SUNDAY

7:30am Holy Eucharist w/healing  
9:00am Holy Eucharist w/healing  
10:15am Sunday School  
10:15am Parenting Matters  
10:15am Floyd School Principal  
10:15am Newcomer's Group  
10:15am Introduction to the Church  
11:15am Holy Eucharist w/healing  
11:15am Youth Confirmation Class  
11:15am Choristers Rehearsal  
12:45pm Holy Eucharist w/healing

**Office Closed for  
Veterans Day  
on Tuesday, November 11**

### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

**Lessons for November 16, 2014**  
*Twenty-Third Sunday after Pentecost*

Judges 4:1-7  
Psalm 123  
1 Thessalonians 5:1-11  
Matthew 25:14-30

## TODAY @ TRINITY—NOVEMBER 9, 2014

### Veteran's Day Display

#### **TODAY in the Great Hall**

We are celebrating our Trinity veterans and honoring service members with a display in the Great Hall. Come and share our veterans stories of service!

### Activities at 10:15am

### Newcomers' Group – Room C

#### **A new group begins TODAY with Introductions.**

Everyone is welcome to be with us, especially Newcomers and visitors. If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513 or 916-203-7586

### Crochet / Knitting Group – Great Hall

Please join us for a crochet/knitting gathering. They will help people who want to learn to crochet and/or knit.

### Introduction to the Episcopal Church – Room A

This week's topic is Episcopal Ministry & Organization (Chapter 6 of *Welcome to the Episcopal Church*). This is an especially pertinent topic as we send delegates to the Diocesan Convention this Friday and prepare for the national General Convention to be held this next summer. Come and see how the seemingly unorganized Episcopal Church is organized. Contact Jerry Pare' (930-8032 or jpare111452@gmail.com) for more information.

### 30/40s and Beyond – Conference Room

We continue watching the movie *The Peaceful Warrior* which is loosely based on the book *The Way of the Peaceful Warrior* by Dan Millman. The book and movie have led to a movement in peaceful warrior thinking and living. Questions? Contact Amy Dierlam - dnarock@pacbell.net



### Want Wreaths?

#### **Today is the last day to order your wreaths.**

Support Trinity's EYF and get yourself a beautiful 100% real evergreen wreath at the same time!

Order yours in the Great Hall after each Sunday service for pick-up at church in early December.

### Multi-faith Thanksgiving Dinner

**Sunday November 16, 5:00 -7:00 pm**

#### **TODAY is the last day to sign-up!**

Capital Christian Center (9470 Micron Ave., Sacramento) will host this event as Jewish, Christian and Muslim community members join in celebration. Trinity is limited to 25 guests. Each guest/family is asked to contribute to the potluck by bringing enough food for 8 people. For questions or to RSVP contact Susan Hotchkiss (susan\_hotchkiss1@hotmail) or Linda Jensen (jensen\_linda@sbcglobal.net).

### New Directory

Please contact the office (916-446-2513) or Randie Strike (916-203-7586) to make sure we have your current street address, phone number and email address for the New Directory. We will be unable to correct information in the directory after November 16th.

### CATHEDRAL BOOKSHOP

**Buy or order your books now for Christmas.  
We will ship them to any address!**

Store hours are: Tu-Th:11:00am - 5:00pm;  
Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

## Next Sunday

### Healing at all Services

#### Parenting Matters

**Sunday, November 16 at 10:15am**

Please join the Rev. Kathy Hopner on the third Sunday of each month during the Sunday School hour to explore together the issues parents face today.

#### Floyd School Principal

**Sunday, November 16 at 10:15am**

New Principal, Mr. Eric Chapman will be with us next Sunday in the assembly area to talk about his plans for Floyd School. He would like help in the areas of field trips, building up the collection in the school library and volunteers to help children with their reading. I hope you will come hear about his plans for the school. He is excited to come speak to us and wants to meet the people of Trinity Cathedral.

## Coming Up

#### Choral Evensong

**Thursday, November 20th at 6:00 pm**

The Feast of St Edmund of East Anglia will be celebrated with Choral Evensong, sung by the Trinity Cathedral Choir. Included will be music by Gabriel Jackson and Healey Willan. Evensong is a lovely quiet way to finish a busy day with prayers, readings, and music. Please join us!

#### Transgender Day of Remembrance

**Saturday, November 22, 6:30pm in the Cathedral**

This event memorializes those killed due to anti-transgender hatred or prejudice. Refreshments will be in the Great Hall after the memorial

#### Growing in Faith -- Small Groups to Explore our Faith Journeys

There is an **informational potluck at 4:00 PM, November 23** to learn more about "Growing in Faith," a small group program that gives us the opportunity to explore our faith with others in the parish. Sign up at the Welcome Center. For more information or to RSVP, contact Jerry Pare' (930-8032 or [jpore111452@gmail.com](mailto:jpore111452@gmail.com)).

## Ongoing

#### Lunch Bunch – Thursdays, Noon

We are discussing the book *Strength for the Journey*. Contact is Pastor Pamela—[pamela@trinitycathedral.org](mailto:pamela@trinitycathedral.org)

#### Writing Group –Thursdays, 4:30pm.

Anyone who would like to write in an informal setting is welcome to drop in. Writing prompts are offered, we write for 20 minutes, then share what emerges or not, as the spirit moves. Contact: June Gillam - [jgillam@wavecable.com](mailto:jgillam@wavecable.com).

#### Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - [chris@sanft.org](mailto:chris@sanft.org)

#### Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every 2nd & 4th Sunday of the month **during the school year**, 12:30-2:30pm, in the Assembly Area for lunch, program and activities. For more information contact Rev. Kathy Hopner at 930-8027

#### Centering Prayer

**Tuesdays, 6-7pm in the East Transept**

**Thursdays, Noon—1:00 in the East Transept**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contacts are Nancy Earl [nancy.c.earl@gmail.com](mailto:nancy.c.earl@gmail.com) or Shelley Mydans [smydans@gmail.com](mailto:smydans@gmail.com).

## Thursday Night at the Cathedral

**6:00pm—Compline**

**6:15pm—Dinner (\$7)**

**7:00pm—Classes**

#### **Bible and Book of Common Prayer Challenge**

Facilitators: Rhonda Canby and the Rev. Randy Knutson  
The goal is to read one chapter in the New Testament, one Psalm, and one of the prayers in the Book of Common Prayer each day for one year to anchor each day in scripture, and to become familiar with the beauty of the prayers in the Prayer Book.

#### **Tool Pouch for Living**

Presenter: Vaughn Wolff

"Come explore Lessons in Christian Metaphysics for 12 evenings that will help us understand and adapt our habits of thinking so we can experience life with more joy, greater health and confidence in the ever present Christ. We will be using Dr. Frederick Bailes, *Basic Principles of the Science of Mind, Twelve Lesson Home Study Course*.

#### **Mystics Then and Now**

Presenter: Susan Van Dyke

This session will focus on offerings from psalms, poetry and prayer. Individuals highlighted may include Hildegard of Bingen, Rumi, Hafiz, W.B. Yeats. Pierre Teilhard de Chardin, David Whyte and Mary Oliver. This will be an experiential adventure for all. Three books will provide background, but no purchase of any is required. We may spend some time with the book, *Strength for the Journey* by Renee Miller. All are invited to come "taste and see." Questions? Please contact Susan at [svandyke59701@gmail.com](mailto:svandyke59701@gmail.com)

#### Beginning November 20

#### **A Christmas Carol**

Facilitator: Susan Hotchkiss

"A Christmas Carol" has been a holiday favorite for over 150 years. Written as a novella by English author Charles Dickens in 1843, it has been produced for stage and screen a multitude of times. During Advent here at Trinity, we will have the opportunity to view the movie, hear about the work's historical significance and discuss how the themes are still important in our spiritual lives today.



### Altar Flower Donation

*A nice way to give thanks or to remember loved ones.*

Send your request and contribution (make check payable to

"Trinity Cathedral" with 'Flowers' on the memo line) to:

Trinity Cathedral Flowers, 2620 Capitol Ave,  
Sacramento, 95816

Date requested \_\_\_\_\_ (allow 2 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_