



# Trinity Episcopal Cathedral Announcements



*Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.*

## THE WEEK AHEAD

### MONDAY 28

12Noon NA Meeting  
5:45pm Holy Eucharist  
7:00pm Stephen Ministry-TC

### TUESDAY 29

12Noon NA Meeting  
12:10pm Holy Eucharist  
6:00pm Centering Prayer  
7:00pm Vestry Meeting

### WEDNESDAY 30

10:00am Moms, Tots and Pops  
12Noon NA Meeting  
12:10pm Holy Eucharist  
7:00pm Movie Night at Trinity  
7:00pm Cathedral Choir Rehearsal

### THURSDAY DECEMBER 1

12Noon NA Meeting  
12Noon Centering Prayer  
12Noon Lunch Bunch  
3:00pm Writing Group  
6:00pm Compline  
6:15pm TNAC Dinner  
7:00pm TNAC Classes  
7:15pm Celebration Choir Rehearsal

### FRIDAY 2

9:00am Holy Eucharist  
12Noon NA Meeting

### SATURDAY 3

### SUNDAY 4 FAMILY PROMISE WEEK

7:30am Holy Eucharist  
9:00am Holy Eucharist  
9:00am Family Service w/St. Nicholas  
10:15am Sunday School  
10:15am Newcomer's Group  
10:15am Sunday Morning Journey  
10:15am Veteran's Meeting  
11:15am Holy Eucharist  
12:45pm Holy Eucharist  
2:00pm Yoga in the Cathedral  
3:30pm Journey with Jesus

### 2017 Annual Appeal Update

We presently have received \$585,609.20 in pledges for 2017. Please return your pledge card as soon as possible. It is important that we receive all pledges in order to determine our 2017 budget.

### Pastoral Emergencies:

Call the office: 446-2513  
Evenings, weekends & holidays: 214-0382

**Parking on Sundays for those with disabilities** is provided behind the Great Hall.

**Prayer Box in the Narthex:** Daughters of the King will hold your request in prayer daily for at least one month.

### Lessons for December 4, 2016 *The Second Sunday of Advent*

Isaiah 11:1-10  
Romans 15:4-13  
Matthew 3:1-12  
Psalm 72:1-7, 18-19

## TODAY @ TRINITY – NOVEMBER 27, 2016

**By Golly, Be Jolly!**  
It's time once again for Trinity Cathedral's  
**CHRISTMAS MARKET**  
Shop local. Give gifts worth giving.  
Support: Artists ~ Craftspeople ~ Non-profits  
**TODAY, 8:30 a.m. to 1:00 p.m.**

### Activities at 10:15am

### Newcomers' Group - Room C

**The group will discuss Living with Change.**

Contact is Randie Strike: randie.trinity@gmail.com; 916-446-2513

### Sunday Morning Journey - Conference Room

All are welcome to join us! Beginning today and through the rest of Advent we will use a booklet from Living Compass called *Practicing Simplicity With All Your Heart, Soul, Strength and Mind*. Contact is Amy Dierlam at dnarock@pacbell.net

### Later Today

### Free Yoga In the Cathedral

**Today and every Sunday at 2pm through December!**

The classes will be accessible to a variety of levels, ages, and abilities. Free will cash donations accepted to support the wonderful Solefire Yoga Instructors partnering with us to make this offering possible. If you have questions, contact Rev. Megan: Megan@trinitycathedral.org

### JOURNEY WITH JESUS - Assembly Area

**TODAY from 3:30 to 5:30 PM.**

Bible Study, preparation for adult baptism and confirmation, fellowship and prayer. Now is the time to join! Contact Jerry Paré for more information (jpare@trinitycathedral.org; 916-930-8032)

### This Week

### Movie Discussion Night at the Cathedral

**Wednesday, November 30, 7pm, Conference Room**

Join us for a provocative discussion based on a 20 minute video that seeks to challenge and strengthen our faith. All are welcome.

### Next Sunday

### St. Nicholas Sunday, December 4<sup>th</sup> at the 9:00 am Family Service!

We remember St. Nicholas, the patron saint of children, every year on the first Sunday in December. St. Nicholas will join us on Sunday, December 4<sup>th</sup> at our First Sunday Family Service in the Great Hall - followed by pictures with the famous saint himself, arts and crafts to celebrate St. Nicholas, and brunch! We'll be St. Nicholas' helpers, too; decorating bags for all the kids at Floyd School, and choosing gift tags to help make someone's Christmas a little brighter! Come hear more about this kind and generous predecessor of Santa Claus. Please join us!

### Family Promise Hosting - December 4-11

Put this on your calendar and come sign up to help welcome the families that week!! The sign up poster will be in the Great Hall this Sunday. Also greatly needed are warm blankets!! Bring the blankets to the office with a note attached for Family Promise please. Thank you for your help.

## Coming Up

### A concert by the Vocal Art Ensemble

Friday, December 9 at 7:30 pm

"Missa Virtualis: A Fusion of Faith"

For hundreds of years, the most gifted composers in Medieval and Renaissance Europe strived to create choral music worthy of their devout faith. But today, little of this inspired, sublime art form is ever witnessed live. So The Vocal Art Ensemble will follow a path of musical stepping stones, weaving through time's most historically significant Masses to ultimately create three unique transcendent experiences. Includes collaboration with The Viol Consort.

### A Festival of Nine Lessons and Carols

Saturday, December 17 at 7:30 pm

Please join the Cathedral Choir and Choristers as we tell the story of Christmas, from humankind's fall from Grace, to the redemption through his son, Jesus. Included will be music by David Willcocks, John Rutter, Herbert Howells, and others. A freewill offering will benefit the River City Food Bank.

## CATHEDRAL BOOKSHOP

Store hours are:

Tu-Th: 11:00am - 5:00pm;

Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or  
bookshop3@gmail.com

### Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

## Ongoing

### Traveling Bible Study and Spirituality Group

Trinity young adults (20s-30s) meet twice a month on Sunday afternoons for lunch, fellowship, and bible study around town. To join the email list, email Rev. Megan at megan@trinitycathedral.org

### Veterans Swapping Stories

The first Sunday at 10:15am in Room F. We will be planning events and swapping stories.

### Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

### Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

### Writing Group – On Two Week Hiatus until Dec. 1

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

### Centering Prayer – East Transept

**Tues., 6-7pm; Thurs., Noon—1:00 (No CP on Thanksgiving Day)**

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

### Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every Sunday **during the school year** at 10:15am. Contact: Rev. Kathy Hopner at 930-8027

## THURSDAY NIGHT AT THE CATHEDRAL

6:00 pm - Compline

6:15 pm - Dinner (\$7)

7:00 pm - Class

**TNAC will meet December 1, 8, and 15.** We will have one large class and that will take place in the Assembly Area during each of these weeks.

- The theme for December 1 is: Rick Steves' European Christmas
- The theme for December 8 is: Christmas Writing Group
- The theme for December 15 is: Sting: A Winter's Night

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:  
The Rev. Dr. Pamela Anderson:  
Pamela@trinitycathedral.org or 916/446-2513



## We STILL Need Ushers!

The 9:00am and 11:15am services need ushers.

If you can help us please contact  
Kevin Donohue at 396-9731 or kfdsac@att.net or  
Randie Strike at 203-7586 or randie.trinity@gmail.com

## Help Wanted

Share good cheer in the new year by serving as **Coffee Hour Coordinator!** It just takes a bit of organization and 10-15 minutes per week (from home) and is a fun way to help out. For more info, please email Georgiana at dugongs@sbcglobal.net.

## Cathedral Flower Donation

*A nice way to give thanks or to remember loved ones.*

**Sign up on the Cathedral Flowers Calendar,**  
then submit this form and contribution  
(make check payable to "Trinity Cathedral"  
with 'Flowers' on the memo line) to:

Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Note: The adornment during Advent and Lent do not include flowers.

Date requested \_\_\_\_\_ (allow 3 weeks for processing).

In Thanksgiving for: \_\_\_\_\_

In Memory of: \_\_\_\_\_

From: \_\_\_\_\_ Phone# \_\_\_\_\_